

Minutes of the Mental Health Advisory Committee of the
East Lansing Board of Education
Zoom Virtual Meeting
November 19, 2020.

Opening of Meeting

Natalie Moser called the meeting to order at 6:30 p.m.

Roll Call

Present: Elizabeth Allen, Jenn Briere, Heather Findley, Sheryl Scott, Libby Keenan, Amy Martin, Kennedy Mongare Onyancha, Matt Morales, Jen Novello, Brian Smith, Jennifer Peatross, Natalie Moser

Absent: Elizabeth Allen, Amanda Bright-McClanahan

Approval of Agenda

A motion to approve the agenda was made by Heather and seconded by Jenn

Approval of Minutes

A motion to approve the October minutes was made by Libby and seconded Jenn

Public Comment – None

Updates

- Presentation to Board of Education on 11/9/20 by Natalie and Matt highlighting goals and objectives, acknowledgements and accomplishments, and highlighted multi-tiered systems of support currently in place at all school levels
- Supports for parents – CMH to provide a series of 3 presentations on social emotional-wellness, school, and COVID to parents of middle and high school students; programming for elementary age families will be provided in the new year. MHAC will also be posting resources on our ELPS website page.
- Supports for teachers/staff – U of M Wellness resources; resources also found on the MHAC page of the ELPS website
- TRAILS is developing tier one programming for 3rd -12th grades; more information to come

Agenda Topics

- Engaging elementary school principals
 - Suggestion to have an elementary school principal attend MHAC on a rotating basis
 - Purpose would be to obtain more input into how we can better support them

- MacDonald Middle School currently participating in Project Healthy Schools which is a whole building program for students and staff; Janice Stewart is contact. Plans to survey staff wellness needs.
- Subcommittee work
 - Elementary, Middle School, High School, and Community Outreach/Education subcommittees met and each identified at least two mental/social-emotional health related articles for Dori to include in district communication

New Business/Future Meeting Topics

None identified

Announcements

Next Full Committee Meeting: ***December 17, 2020, 6:00 – 7:30 pm via Zoom***

Adjournment

The meeting adjourned at 7:30pm