



Catalina Foothills Unified School District #16
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BOARD AGENDA ITEM

ITEM NO: 6.1

BOARD MEETING DATE: Tuesday, January 13, 2026

NEW BUSINESS: Consideration of Revisions to High School Courses and Programs for 2026-2027 (first reading)

SUBMITTED BY: Sheryl Castro, Executive Director of Curriculum and Assessment

PRESENTED BY: Sheryl Castro, Executive Director of Curriculum and Assessment

Presented to the governing board are proposed high school course/program revisions for the 2026-2027 school year.

Proposed revisions include the following:

- Academic Recognition Awards: A student must earn the required GPA in both semesters (4.0 or above for Silver, 3.75-3.99 for Blue) in order to be eligible for the award. Previously, both semesters were averaged to determine eligibility.
- Peer Classroom Mentor: Students with a GPA of 2.0 or higher may enroll as Peer Classroom Mentors. Previously, a GPA of 2.5 or higher was required for this role.
- Career and Technical Education - *Early Childhood Education* 1, 2, 3: After Pima Community College's recent accreditation process, Pima Community College courses for which students may earn dual credit were updated:
 - ECE 1: ECE 117
 - ECE 2: EDU 200, ECE 125
 - ECE 3: EDU 206, ECE 108
- Course description updates:
 - *Spanish 1* and *Spanish 2* - Course descriptions were updated to

emphasize the role of cultural competence as an essential component of our language program. While the academic standards and language proficiency targets remain the same, the revised descriptions reflect a stronger focus on cultural understanding and real-world communication as students develop their Spanish skills.

Spanish 1 updated course description: This introductory language course is for students who have no previous experience with Spanish or who have not yet acquired the proficiencies addressed in CFHS Spanish 1. All areas of communication (speaking, listening, reading, writing) will be addressed. Students will deepen their intercultural competence by exploring cultural products, practices, and perspectives as they build the communicative skills and language proficiency needed to interact effectively with native speakers.

Spanish 2 updated course description - This course is for students who have acquired Novice High proficiency. Students will further develop the communication skills and cultural competence acquired in Spanish 1. Students will use Spanish in all areas of communication (speaking, listening, reading, and writing). Students will continue to expand their intercultural competence by exploring cultural products, practices, and perspectives as they build the communicative skills and language proficiency needed to interact effectively with native speakers.

- ***Small Ensembles*** - One sentence was added to clarify that students without prior experience may enroll:

Small Ensembles updated course description: Students who would like to begin learning an instrument or learn an additional instrument can be involved in our beginning small ensembles.

- ***Fit Fusion*** - This course was previously titled “Cardio Fitness.” Although the academic standards remain the same, the course title and description have been updated to reflect an emphasis on cardiorespiratory and overall fitness. The updated title and description highlight varied training experiences to reflect a more comprehensive and contemporary approach to fitness.

Fit Fusion updated course description: This course is designed to provide students with a wide range of cardiorespiratory fitness activities that enhance physical skills, movement, conditioning, and overall wellness. Activities may include HIIT (high-intensity interval training), plyometrics, TRX, circuit/interval training with the use of dumbbells, kettlebells, and resistance loops, Pilates, jogging/walking, dance/rhythm, and basic calisthenics. Through participation in these activities, students will develop cardiorespiratory fitness, muscular strength, muscular endurance, power, and flexibility. Fitness assessments will be conducted a minimum of two times per semester. This course meets the .5 credit requirement

for Individual Fitness.

- *Lifetime Sports and Fitness*: This course may be taken once per year or more with teacher approval. Previously, this course could be repeated within the same school year.

RECOMMENDED MOTION: I move the governing board approve the revisions to the high school courses and programs for implementation in the 2026-2027 school year, as presented.