



Athletics

Athletic Department

Jim Garfield Executive Director of Athletics

Lou Mora Assistant Director of Athletics

Open Facility Manager

Open Intramurals

Blinda Raley Administrative Assistant for Athletics

Annette Franco Sports Medicine



Athletic Department - Abilene High Feeder

Mike Fullen Campus Coordinator

Jenna Bane Aguirre Girls Coordinator

Melissa Cedillo Athletics Secretary

Michael Fisher Boys Coordinator Craig MS

Jordan Childress Girls Coordinator Craig MS

Rudy Saltus Boys Coordinator Mann MS

Julie Harris Girls Coordinator Mann MS



Athletic Department - Cooper High Feeder

Aaron Roan	Campus Coordinator
Open	Girls Coordinator
Kristen Benton	Athletics Secretary
Nick Gonzales	Boys Coordinator Clack MS
Jamey Willis	Girls Coordinator Clack MS
Josh Adams	Boys Coordinator Madison MS
Dala Sanders	Girls Coordinator Madison MS



District Alignments 2024 -2025 5A

Region 1 - Div. 1 Football

District 2-5A

Abilene

Amarillo

Amarillo Caprock

Amarillo Tascosa

Lubbock

Lubbock Coronado

Lubbock Monterey

Region 1 - Div. 2 Football

District 2-5A

Abilene Cooper

Abilene Wylie

Amarillo Palo Duro

Lubbock Cooper

Plainview

Wichita Falls Legacy

Wichita Falls Memorial

District Alignments 2024 -2025 5A

Region 1 - All - Sport

District 4 - 5A

Abilene

Abilene Cooper

Abilene Wylie

Wichita Falls Legacy

Wichita Falls Memorial

Region 1 - Swim and Dive

District 4 - 5A

Abilene

Abilene Cooper

Abilene Wylie

Lubbock

Lubbock Cooper

Lubbock Coronado

Lubbock Monterey

Team and Individual Sports - High School

Football

Volleyball

Boys and Girls Basketball

Boys and Girls Soccer

Baseball

Softball

Team Tennis

Boys and Girls Cross Country

Boys and Girls Golf

Boys and Girls Swim & Dive

Boys and Girls Spring Tennis

Boys and Girls Track & Field

Boys and Girls Gymnastics

Boys and Girls Powerlifting

ESports

Team and Individual Sports - Middle School

Football

Volleyball

Boys and Girls Basketball

Boys and Girls Soccer

Boys and Girls Cross Country

Boys and Girls Golf

Boys and Girls Swim & Dive

Boys and Girls Tennis

Boys and Girls Track & Field

Boys and Girls Gymnastics

Boys and Girls Powerlifting

Pre-Athletics - Middle School

Criteria:

Open to all students interested in athletics in the 7th grade.

Course will fulfill PE requirements for 6th grade

Requirements:

Students will require a physical prior to the 6th grade year. There will be an out of pocket cost for the physical.

Students will be required to participate in the Intramural Sports Program.

Students will dress out daily.

Students will participate daily.

Students must have athletic shoes.



Pre-Athletics - Middle School

2024-2025 School Year

August 14 - 23	Guidelines and procedures for pre-athletics.
August 26 - November 1	Football / Volleyball / Weight Training
November 4 -January 24	Basketball / Weight Training
January 27 - March 7	Track & Field / Weight Training
March 10 - April 25	Soccer / Weight Training
April 28 - May 16	Football / Volleyball / Weight Training
May 19- May 22	Seventh grade expectations



AlSD 8th Grade Middle School City Champions

Girls

- Cross Country - **Mann**
- Volleyball - **Mann**
- Basketball - **Madison/Mann**
- Track - **Mann**
- Soccer - **Craig**
- Powerlifting - **Mann**

Boys

- Cross Country - **Mann**
- Football - **Madison**
- Basketball - **Madison**
- Track - **Madison**
- Soccer - **Mann**
- Powerlifting - **Madison**

UIL Playoffs

Football - **Abilene / Cooper**

Volleyball - **Abilene**

Boys basketball - **Abilene**

Boys Soccer - **Abilene / Cooper**

Girls Soccer - **Abilene**

Baseball - **Abilene**

Softball - **Abilene**

Team Tennis - **Abilene / Cooper**

Boys Gymnastics - **Abilene / Cooper**

Girls Gymnastics - **Abilene / Cooper**

Boys Cross Country - **Abilene / Cooper**

Girls Cross Country - **Abilene / Cooper**

Boys Swimming - **Abilene / Cooper**

Girls Swimming - **Abilene / Cooper**

Spring Tennis - **Abilene / Cooper**

Boys Track & Field - **Abilene / Cooper**

Girls Track & Field - **Abilene / Cooper**

Boys Powerlifting - **Abilene / Cooper**

Girls Powerlifting - **Abilene / Cooper**

Abilene ISD Team Sports

District Champion

5A Div 1. Football - **Abilene High**

Bi-District Champions First Round

Football - **Abilene / Cooper**

Boys Soccer - **Abilene**

Baseball - **Abilene**

Softball - **Abilene**

Team Tennis - **Abilene**

Abilene ISD Team Sports

Area Champion Second Round

Football - **Abilene**

Baseball - **Abilene**

Softball - **Abilene**

Regional Quarterfinals Third Round

Football - **Abilene**

Softball - **Abilene**

Abilene ISD

Individual Sports

District Champion

Cross Country - **Abilene**
Boys

Abilene ISD Regional Qualifiers Individual

Regionals Qualifiers

Girls CC - **Abilene (7) / Cooper (1)**

Boys CC **Abilene (7)**

Boys Track - **Cooper (6) / Abilene (13)**

Girls Track - **Cooper (7) / Abilene (6)**

Boys Swim - **Abilene (4) / Cooper (4)**

Girls Swim - **Abilene (4) / Cooper (4)**

Regionals Qualifiers

Spring Tennis Girls Double - **Abilene**

Spring Tennis Boys Singles - **Abilene**

Boys Gymnastics Team - **Abilene / Cooper**

Girls Gymnastics Team - **Abilene / Cooper**

Boys Powerlifting - **Cooper (8)**

Girls Powerlifting - **Abilene (25) / Cooper (8)**

Abilene ISD Individual Sports State Qualifiers

State Qualifiers

Cross Country - **Abilene Boys & Girls**

Andruw Villa - Silver Medalist.

Marin Murray and Zoe Van.

Track and Field - **Abilene / Cooper**

Jazlyn Hatcher - Cooper Silver Medalist Long Jump.

4X100 relay - Abilene High - Bryson Perez, Jaden Jackson, Brayden Henry, Ryland Bradford.

Gymnastics - **Abilene / Cooper Boys**

Tristan Reyna State Champion Pommel Horse, 3rd All Around

Korban Jackson 6th Pommel Horse

Aaron Grow 7th Vault



Athletics - Participation Numbers

High School - 1454 (1405)

Middle School - 1905 (1227) - Included 6th grade pre-athletics 23/24



88.36% 23-24 Pre Athletics

88.45% 22-23

Combined pass rate through the 5th six weeks

Pass Rate

AISD Student Athletics Honors

Superlatives - 9

All - District

1st Team - 63

2nd Team - 42

Honorable Mention - 36

All-State - 6

Academic All- District - 83

Academic All-State - 81

College Bound Athletes - 43



AISD Coach Athletics Honors Abilene High School

Mike Fullen - 2-5A Div.1 Football Coach of the Year.

Brad Harman - THSBA - 2nd Vice President.

Jenna Bane Aguirre - THSCA ROCK Mentor.

Jodi Paige Williams - THSCA ROCK Mentor.

Tiffany VanHoose - United Soccer Coaches 30 under 30.

Justin Reese - THSCA - Basketball Elite Team Committee.

TABC - Basketball Coach of year Committee.

Brandon Cooke - Head Coach Team Texas - National Championships Summer 2024.

Rosemary Martin - THSCA Girls Track Super Elite Team Committee.



AlSD Coach Athletics Honors Cooper High School

Aaron Roan - THSCA Board of Directors

Dave Campbell's Football Unsung Coaching Heros Award Winner

Michael Bacon - THSCA - Super-Elite Team Committee Chair

City of Abilene - Young Professionals Top 20 under 40

Brandon Hudson - THSCA ROCK Mentor.

TGCA - Basketball Committee - All-State Selection Committee

Stacey Herring - TGCA - Softball All-Star Selection Committee.


Nora Campbell - TGCA - Volleyball All-Star Selection Committee

Brandon Cooke - Head Coach Team Texas - National Championships Summer 2024.



Professional Development

June 2-5	THSADA Convention
June 7	TGCA Satellite Clinic- Volleyball / Basketball / Softball / Football Guest lectures. Cooper High School
June 24-27	TGCA Coaches School
July 21- 23	THSCA Coaches School
July 26	AISD Coaches Summit
Fall and Spring 24/25'	SALT
Fall and Spring 24/25'	THSCA Seat at the Table
Spring 2025	Head Coaches Academy




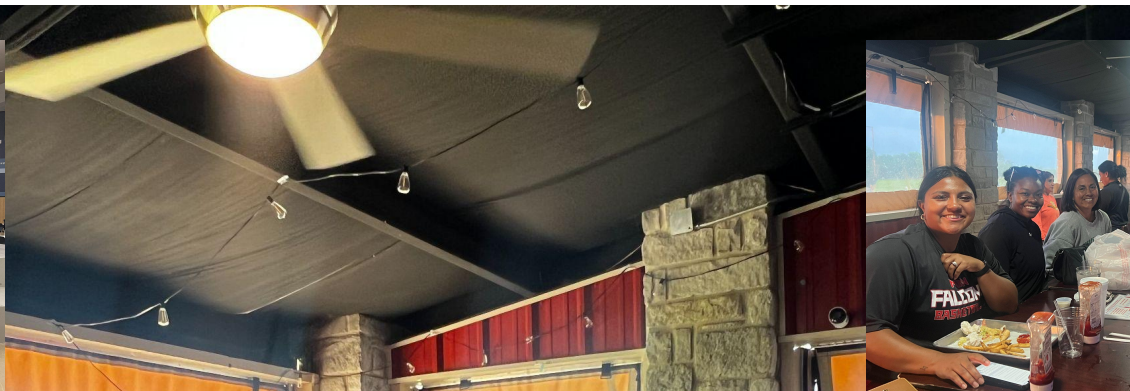
Seat at the Table

Purpose

To allow women coaches to network, share ideas, and support each other through structured discussions relating to the coaching profession.

The program itself is simple: a facilitator will lead discussions centering around issues in women's sports, sport-specific topics, and program and culture development. Coaches will talk about how they handle certain issues in their program, share situations they have learned from, and ask for assistance with problems that they are having within their own programs.





Head Coaches Academy

Grow our assistants to become head coaches.

3 Sessions

1. So, You want to be a head coach
2. Resumes and Interviews
3. You got the job-Now What







R.O.C.K.

Conlan Aguirre - Abilene

Rett Dittfurth - Cooper

Jayton Voss - Abilene

Jodi Paige Williams - Abilene

Kaegan Jimenez - Cooper

Chance Pierce - Cooper

Heath Koop - Madison

Trent Pearson - Abilene







OTOF

One Town One Family