



2018-2019

Club name: Hiking Club

Sponsor: M. Small G.Garces

Goals:

- Promote healthy active lifestyles.
- Make more decisions themselves about how to carry out, record and interpret the activity length of the activities increases.
- Reflect on, discuss and share their ideas about how to motivate mental wellness by using exercise as a healthy outlet.
- Share their goals of healthy lifestyles more widely, and in more diverse media.
- Inspire and increase student interest in nature and wellness.
- Increase student academic attainment at BHS by being part of hiking club.
- Increase the number of students who learn intrinsic motivation to maintain a healthy lifestyle.
- Decrease the threat of health problems in Indian country and of future generations.
- Learn about the cultural significance of land feature, plants, animals and their connectedness with the land.
- Promote traditional ecologic knowledge in a context of hands on learning.

Hiking Club Meeting dates:

- Thursdays afterschool, and anytime (when available), Saturday meetings to hike in different areas across Blackfeet country.