

North Valley High School

Knightline Newsletter

September 2019



Welcome to North Valley High School

Parents/Guardians:

High school is a time that is remembered for the rest of a student's life. I encourage all students to do their best to make those memories positive. Many will experience life changing moments during these years. Your students will meet and work with teachers who will challenge them and help them to know of their full potential and the capacity of greatness waiting within. Your students will make friends that will last forever. Some will experience personal challenges that may at times seem overwhelming. Most students will have opportunities to try new things and push their abilities to new levels. All at North Valley will be surrounded by staff members who care about them and who have chosen to dedicate their lives and time to helping our North Valley Students succeed and move forward into the future.

This year will be full of all kinds of decisions. Your student will have opportunities to make choices hundreds of times a day. I encourage them all to think before making each of those daily decisions. What will the consequences of the choice be for myself and for others? Let the **3R's** of being a Knight govern our daily life by making each decision thoughtfully and with **RESPECT, RESPONSIBILITY, and RESILIENCE**.

We ask that students and staff behave **ABOVE THE LINE** using the **3R's** as your guide. Responsible behavior will lead to good attendance, good grades, good citizenship, and a willingness to take on academic and personal challenges. Respectful behavior will help us create a school atmosphere where all students and staff feel valued and safe. Resilient behavior will help you to overcome the challenges that beset us daily in this life. Strive to make our **3R's (Respect, Responsibility, and Resilience)** a part of who we are and *excellence* will follow. Parents, please model this behavior and help us to instill these important characteristics into your student.

The administrators, professional staff and support services personnel are committed to helping every student grow and learn the skills and knowledge necessary to be successful in their future. We are committed to you and your student. We will work hard for every Knight and will strive to act with fairness, compassion, consistency, and integrity.



Erik Lathen
Principal
North Valley High School

Back-to-School



The first day of school for freshmen/new students will be September 3 starting at 8:00 am.

The first day of school for all other students will be on September 4 starting at 8:00 am.

Fall Sports Information



Soccer, volleyball, cross country and football practice starts on August 19th. All athletes must have their gold card before they begin practice. If you have any questions about how to obtain your gold card please speak to your coach or call the office at 541-479-3388.



Bell Schedule 2019-2020

8/16/19

Monday-Tuesday-Wednesday	
Period 1	8:00-8:52
Period 2	8:56-9:48
Break	9:48-9:58
Period 3	10:02-10:54
Lunch 1	10:54-11:24
4th	11:28-12:20
4th	10:58-11:50
Lunch 2	11:50-12:20
Period 5	12:24-1:16
Period 6	1:20-2:12
Break	2:12-2:19
Period 7	2:23-3:15

Thursday	
Period 1	8:00-8:47
Period 2	8:51-9:38
Break	9:38-9:44
Period 3	9:48-10:35
Period 4	10:39-11:26
Lunch	11:26-12:06
Period 5	12:10-12:57
KNIGHT TIME	1:01-1:31
Period 6	1:35-2:22
Extended Passing	2:22-2:28
Period 7	2:28-3:15

Friday	
Period 1	9:00-9:44
Period 2	9:48-10:32
Break	10:32-10:40
Period 3	10:44-11:28
Lunch 1	11:28-11:58
4th	11:32-12:16
4th	12:02-12:46
Lunch 2	12:16-12:46
Period 5	12:50-1:34
Period 6	1:38-2:22
Break	2:22-2:27
Period 7	2:31-3:15



**North Valley HS
Open House
September 25**

In the Commons

6:30-8:00 pm

Parents and
Students
Welcome

Picture Day is Coming

Order before
Picture Day at:

mylifetouch.com

Picture Day is:
Thursday, September 05, 2019
North Valley High School

- ① Visit:
mylifetouch.com
- ② Enter
your Picture Day ID
FO919232Y0
- ③ Order
your perfect package—and
don't worry about returning
anything on Picture Day!

Lifetouch
REWARDS™

Order online and receive
exclusive offers from
Lifetouch Rewards.



Questions? Please contact Customer Service at 800-736-4753.

DO YOU NEED NORTH VALLEY GEAR?

Visit <https://thestitchinpost.net/nvknights> to purchase your own customized North Valley gear. They have hats...t-shirts...jackets...sweatshirts...polos...etc.

21st Century Grant Opportunities.....

Three Rivers School District has been awarded the 21st Century Grant. North Valley High School is included in this award this year. The Grant is here to provide services and opportunities for our students outside of school hours. We will be linked with local instruction as well as community partners. All of the classes are drop in and give something new a try. Of course we hope that the students will join in and attend for the whole term of sessions they are interested in. Finally as a school we have a lofty goal we need to have attendance at these functions. Our goal is to get over 30% of our student body to attend activities regularly. For more information on any of these opportunities please contact Melissa Madsen at melissa.madsen@threerivers.k12.or.us .

Some of the services offered are:

Activity Bus - leaves North Valley at 5:45 Mon-Thurs.

Sack Supper - free for all students until they are gone Mon-Thurs. Served at 3:30 pm

For exact times, please check the calendar at

<https://www.skylineoregonconference.org/public/genie/547/school/5/>

North Valley High School Website.....

Log on and check out our North Valley Website at....

<https://sites.google.com/a/threerivers.k12.or.us/north-valley-high-school/> You will find information such as upcoming building events, daily announcements (under the school/school news tab), sporting events, and so much more on this forever changing website. So go check-it-out.

ParentVue.....

Help your student by using our ParentVue software.

ParentVue allows you to see your student's grades,

attendance, earned credits and class schedules. If you haven't already signed up for

The logo for 'School Websites' features the word 'School' in a blue, rounded font above the word 'Websites' in a multi-colored, rounded font. The letters in 'Websites' are blue, green, red, and orange.

ParentVue and would like to, call the office at 541-479-3388 or email stephanie.phillips@threerivers.k12.or.us to get your activation code.

The Activities Calendar.....

Did you know that all our school activities are neatly arranged on our Activities Calendar online. Just log onto www.skylineoregonconference.org and select North Valley High School. This is where you will find the most up-to-date North Valley events and times including sports, building events and extracurricular activities.

