## LYON COUNTY SCHOOL DISTRICT

## Staff Travel Report to School Board of Trustees

Your recent request to travel has been approved. Within two weeks of the date of the conference, the following report is due in the office of the Deputy Superintendent.

Please Downlo	ad & TYPE	the following informatio	n.	
Staff Member:	Mara Spencer		School: DO	
Conference:	Handle With Care Instructor Training		Staff Assignment	
Do not use acronyms  Location of Conference:		Phoenix, AZ	Dates Attended:	4/29/25-5/1/25
General Over	niew: Do no	ot use acronyms		

Handle With Care is a behavior management system dedicated to reducing institutional violence through tension-reduction interventions and techniques—both verbal and physical. It trains staff to use these preventative strategies to minimize the need for physical restraint.

## How will this impact student learning in a positive way?

This annual training, which includes both verbal and physical interventions, will positively impact daily interactions with students who struggle with self-regulation. The techniques learned will help keep both students and staff safe during situations that have the potential to cause harm. The goal of the behavior management system is to preserve students' dignity and ensure their safety when they are exhibiting harmful behaviors.

How will I implement what I learned and how w	ill I share
this information with my colleagues?	
Annual training is required for all staff who work with students person to ensure the program's integrity is upheld and that all demonstrate all required skills to be recertified each school ye	verbal and physical skills are properly practiced. Staff must
Other Comments:	
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Rachel Stewart	Sawrittuckalas
Site Principal/Supervisor Approval	Deputy Superintendent Approval

5/19/25

Date

Date

5/16/2025