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# Guidance & Counseling Department

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Melissa C. Ramirez, Director

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WestCare Texas' CDC DFC Laredo program facilitated the Botvin LifeSkills Training (LST) evidence-based practice curriculum to middle school students.

- Overall LST Knowledge
- Anti-Substance Use Attitudes (Anti-Drug, Anti-Smoking, and Anti-Drinking)
- Life Skills Assessment (Drug Refusal, Assertiveness, Relaxation, and Self-Control)

Rates of Change Outcomes Table\*

Outcome	Pre-Test %	Post-Test %	Rate of Change %
Overall LST Knowledge	66%	78%	+18%
Anti-Drug Attitudes	80%	91%	+14%
Anti-Smoking Attitudes	58%	72%	+24%
Anti-Drinking Attitudes	59%	70%	+19%
Drug Refusal Skills	59%	73%	+24%
Assertiveness Skills	54%	56%	+4%
Relaxation Skills	80%	86%	+8%
Self-Control Skills	52%	51%	-2%

***\*Please note:*** Only students who completed both a pre- and post-test survey were included in the outcome analysis.

# Student Safety & Support Plan

## Aug. - Dec. 2023

Suicide Ideations for Elementary, Middle, and High Schools.

Elementary	26
Middle	45
High	35
Total	106



# Communities In Schools®

Laredo



Campus	Caseload Minimum Goal	# Up to December	# Targeted for Academics	# Targeted for Attendance	# Targeted for Behavior	# Targeted for Social Services
Antonio Gonzalez Middle	102	99	85	9	43	80
Clark Middle	102	55	51	8	22	
George Washington Middle	102	100	60	5	49	14
J.B. Alexander High	102	97	62	26	68	20
Juarez-Lincoln Elem.	102	83	59	34	44	46
Kennedy Zapata Elem.	102	99	71	32	43	78
Lamar Bruni Vergara Middle	102	102	28	13	64	56
Los Obispos Middle	102	108	75	52	86	16
Lyndon B. Johnson High	102	82	32	25	57	39
Raul Perales Middle	102	82	55	4	39	5
Ricardo Molina Middle	102	60	41	13	28	12
Salvador Garcia Middle	102	115	5	7	88	90
United 9th grade	102	96	31	2	39	16
United South High	102	69	56	22	62	27
United South Middle	102	76	50	4	58	21

UISD	
Juarez-Lincoln ES	1
Lamar Bruni Vergara MS	16
Raul Perales MS	2
Ricardo Molina MS	4
Salvador Garcia MS	3
United South MS	1
Washington MS	19
Alexander HS	6
LBJHS	2
United HS- 9 <sup>th</sup> Grade	1
United South HS	9
Cuellar ES	1
	65



# TCHAT

Texas Child Health Access  
Through Telemedicine

## UNITED ISD TCHAT REFERRALS 2023-2024

<b>School</b>	<b>Total Referrals 2023-2024</b>	<b>Therapy Sessions</b>	<b>Psychiatry Sessions</b>
Elementary Schools	172	134	38
Middle Schools	117	101	16
High Schools	81	63	18