## Academic Seminar & Social-Emotional Learning



#### What is Academic Seminar?



- Explicit instruction around "Academic Self-Management" and Executive Functioning Skills
- Organization
- Support for Work Completion
- Goal Setting
- Increased Progress Monitoring
- Positive relationships with adults & peers









#### **Entrance Criteria**

- 85% or better attendance rates
- No significant behavioral concerns noted by school staff
- MCA district testing history within the Partially Met or Met range in Math and Reading, suggesting that the needs are not related to academic skill deficits
- History of receiving multiple D or F grades per term
- Homework completion rate below 75%
- GPA lower than 2.0 (if available)
- Student needs direct instruction in skills that the curriculum covers



#### Personalized Learning: Focus on Each

#### Core Values

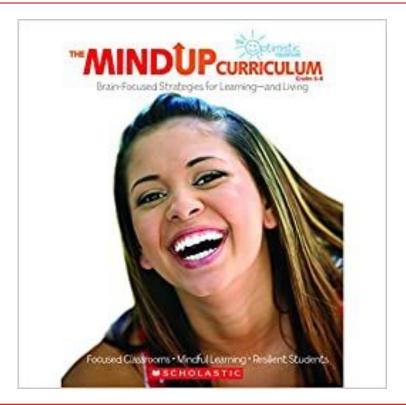
#### We believe that:

- Each person has intrinsic value.
- Each person has individual gifts, interests and talents.
- Community benefits when each person contributes.
- Relationships flourish on a foundation of mutual trust and respect.
- Continuous learning is essential for personal fulfillment, opportunity and success.





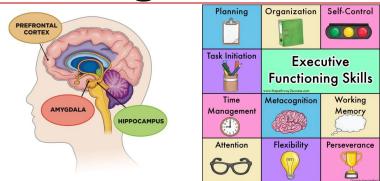
## A Focus on Social Emotional Learning







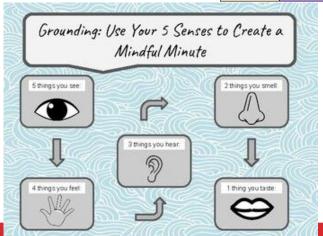
#### **Getting To Know and Love Our Brains**





#### SQUARE BREATHING













## **A Focus on Building Community**

- Regular attendance
- Engagement



- Increased communication with families
- Building trust and relationships
- Supporting each other

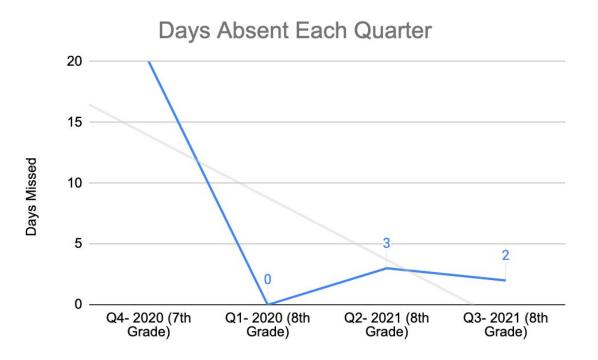


# Progress Monitoring

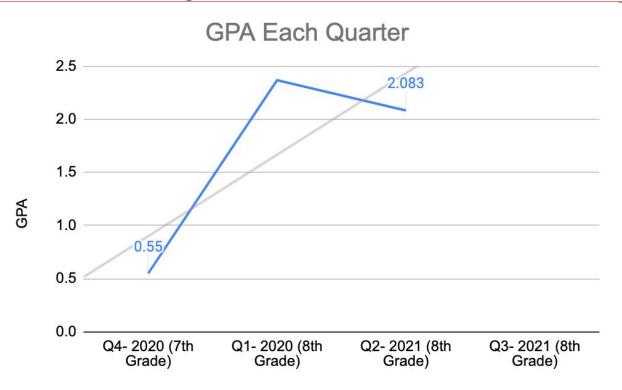
Attendance GPA Goals



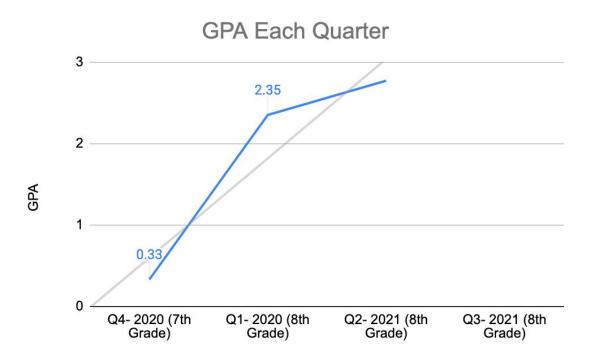
#### **Student A's Improved Attendance**



## Student B's Improved GPA



## Student C's Goal 1st Quarter: Earn Cs or better in each class.

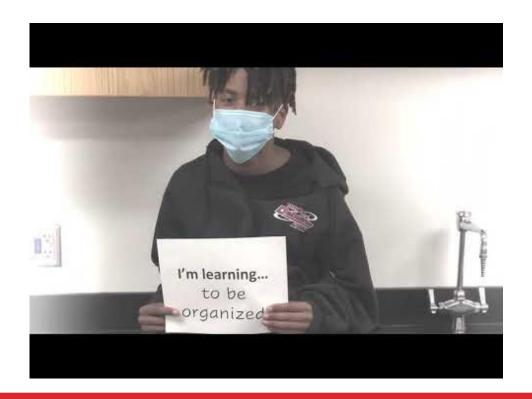




#### **Positive Parent Feedback**

- "Thank you for all your help! [Student] is much less stressed this quarter!"
- "Hi. I just wanted to send you a quick note privately. [Student] was so frustrated and felt so awful about himself by the end of last year, it was really hard for all of us. He said last week he really enjoyed working with you and liked how you explained and helped him. Thank you so much."
- "Thank you so much for letting me know the positive. I hope you let him know too. He's said a few times already this year "notice how they only point out what I do wrong". Focusing on the positive goes so far. Thanks again for all your help."
- "Hi Mary, I hope you had a great weekend! [Student] is feeling so confident and good about school. He just told me today that he wants to work with you until he graduates. Thank you.. all we heard from him last year was frustration and that he was such a bad kid and why was he such a bad kid. And MAJOR avoidance. And then COVID. So needless to say, we are thankful for your help with him."
- "I overheard [my child] tell a friend he feels confident and calm and his grades are so much better. He used to stay after school and nothing would get done. Academic Seminar has made a difference."

#### **What Our Students Want You To Know**













## **THANK YOU**



**EDEN PRAIRIE SCHOOLS** 

Inspiring each student every day









#### Student Reflections: What is sticking with you from class?