

**BOARD OF EDUCATION, NEW FAIRFIELD, CT**  
**School Start Time Ad Hoc Subcommittee Meeting**

Name of Subcommittee: School Start Time Ad Hoc      Meeting type: Special  
Date of Meeting: 4/4/19      Place of Meeting: NF Community Room  
Members present: Kathy Baker, Dominic Cipollone, Rick Regan, Ed Sbordone  
Member absent:  
Other attendees: Pat Cosentino, Rich Sanzo, Greg Flanagan, Samantha Kennedy, Kim Tobey,  
Christine Baldelli  
Minutes submitted by: Rick Regan

The meeting was called to order by Rick Regan at 6:09 p.m.

**II. APPROVAL OF MINUTES**

A. March 13, 2019 – Regular

**Motion:** To approve minutes of the March 13, 2019, regular meeting as presented

Made by: Ed Sbordone

Seconded by: Dominic Cipollone

**Recording of vote:** All in favor

**III. ACTION ITEMS - none**

**IV. INFORMATION ITEMS**

**A. Schedule and Assignments for Start Time Public Education Plan**

The subcommittee decided to make the first presentation of our recently approved start time presentation to our high school students, likely those in student government. We would like those students to then present to other students, including those in middle school. After we do this, we will assess the feedback and tune the presentation accordingly, before we show it to other community groups. Kim Tobey will work with Rick Regan to initiate this (we will start after AP exams finish).

**B. Metrics for Assessment of Start Time Change**

The subcommittee discussed how to measure whether a start time change is a success. The first aspect is how much extra sleep time results on average. For example, if the nominal delay in start time is 30 minutes, but buses pick up 10 minutes (relatively) earlier, the effective change is 20 minutes. Is that considered success? The second aspect is how to measure the impact of extra sleep. For example, how does it affect the number of absences, tardies, or nurse visits? We will look to other districts to see what they were able to measure. (Kathy Baker has information from Newtown that she will provide the committee.) We will also look into what we currently measure, to use a baseline.

**C. Open Discussion / Questions and Answers -** There was no discussion, and no one from the public attended.

**V. FUTURE AGENDA ITEMS**

We will consider two agenda items for the May meeting: (1) Refining the bus study to determine feasibility of starting at 8:00 AM vs 7:50 AM and/or (2) Impact on sports (high school or Parks and Rec).

**VI. OTHER - none**

**Motion to adjourn:** Made by: Dominic Cipollone

Seconded by: Ed Sbordone

Recording of vote: All in favor

Meeting adjourned at: 6:52 p.m.