Unified Flag Football

Students with intellectual disabilities (Unified Athletes) and students without intellectual disabilities (Unified Partners) compete together on teams.

Unified Flag Football is AIA-sanctioned sport supported by and in conjunction with Special Olympics Arizona (SOAZ), which has been established to foster inclusion, camaraderie, and the development of meaningful relationships between students with intellectual disabilities (Unified Athletes) and students without intellectual disabilities (Unified Partners) as high school athletes, teammates, and training partners.



Unified Flag Football

Journey at Mingus:

• Fall 2024: Girls Flag Football first season (popular with students & fans)

• Spring 2025: Unified Volleyball first season at Mingus (Unified Sports Athlete of the Year Annie Walker pictured)

• June 2025: Unified Physical Education approved by MUHS Governing Board

