# The Nehalem Nugget 9/1/2022

Be Safe . . . . Be Respectful . . . Be Responsible

## **Important Dates and Reminders**

- September 6, 2022 First Day of School for K-5
- September 6 & 7, 2022 Preschool Meetings Sign up with Office
- September 8 & 9, 2022 Preschool Soft Start Sign up with Office
- September 12, 2022 First Full Day of School for Preschool
- September 12, 2022 School Board Meeting, 6:30 p.m.
- September 17, 2022 MuddNick Auction Dinner, 5:00 @ NCRD
- September 22, 2022 NES Open House 5:30-6:30, Family Assembly in the Gym 6:30-7:15 pm.
- October 3, 2022 No School All District Professional Development Day Pre K-12

Trimester One swim lessons will start for 3 classes September 27th and go through December 1. Your student will need a towel and a suit:

- McCoy = Tuesday
- Williams = Wednesdays
- Henderson = Thursdays

Our amazing Parent Council provides school supplies for all of our students. The only supplies you are asked to provide for your child/children are:

- Wired Headphones
- Large Kleenex Box for your Child's Classroom
- · Suit and Towel when they have Swim

Sign up for Flash Alert through the link below to receive emergency messages. Follow these steps: manage your messenger subscription - create account - Neah-Kah-Nie School District Flash Alert

Please take the time to read the student handbook linked below.

English Student Handbook

Spanish Student Handbook

Nehalem Elementary Bus Routes are linked below.

**NES Bus Routes** 



## **NES OPEN HOUSE**

When

Thursday, Sep. 22nd, 5:30pm

Where

36300 8th Street Nehalem, OR

## More information

Come meet your child's teacher and walk through their classroom.

Join us in the cafeteria for cookies, refreshments, and visit the community organizations that will have tables set up with information about their programs.

Following the Open House is an assembly for students and families featuring Rick Huddle. Click on the link below to catch a glimpse of what the assembly will be like.

Social Emotion Learning School Assemblies



# Registration for 2022/23

Each parent needs to login to ParentVue and complete online registration for your child(ren).

Once you are logged in, click on **Begin New Registration**. Now you can verify and update all details, as well as add any new children. Click on the link below.

Parentvue

# **Introducing New Staff:**

- Rachel Carbary New Primary Teacher, Kindergarten
- Shannon Mulcahy-Hill New Assistant Secretary/Instructional Support
- Abbie Reed 3.5 Hour Instructional Assistant
- · Rylee Stinnett Preschool Instructional Assistant

## **Employment Opportunities at NKN School District**

Go to the <u>District Website</u> (Departments - Human Resource Tab - Current Openings) to see our current openings.

NES is still looking for a Special Education Assistant! Please call NES if you have any questions.



#### Hello NKNSD Family Members,

Reading is such a vital part of each child's learning experience and we are happy to pass along information about Dolly Parton's Imagination Library to you in order to ensure that students have every opportunity to grow. Dolly Parton's Imagination Library is a book gifting program that mails free, high-quality books to children from birth to age five, no matter their family's income.

After launching in 1995, this program grew quickly. The first books were only distributed to children living in Sevier County, Tennessee where Dolly grew up. It soon became such a success that in 2000 a national replication effort was underway. By 2003, Dolly Parton's Imagination Library had mailed one million books. It would prove to be the first of many millions of books sent to children around the world.

In order to register you will need to go to the following website to locate the program in our local area. <u>Imaginary Library</u>

We are lucky enough to have participating locations near by so that our local students have access to the program. The registration process is very simple after that. You just need to provide your child's name, age, and mailing address on the online forms. The Imagination Library will do the rest and start sending your child age appropriate books each month until they reach the age of 5.

If you have any questions or need assistance with registering your child, feel free to reach out and I will be happy to help.

Sincerely, Tracy Bennett

MIVMOD Elementary Deading Charielist



## **Miss Jennifer**

We are back in the building getting ready for students to return on the 6th - we are so excited to start the year with them!

As the school counselor I will be teaching SEL lessons (social emotional learning) 30 minutes a week in each classroom Pre-K through 5th grade. I love getting to connect with each student each week. I also work individually with students (not therapy) to help in cultivating social and emotional skills or provide support during challenging situations. Additionally, I will be able to bring back small group counseling which allows students to practice skills such as self control, friendship, managing emotions and handling worry and stress.

In September, our lessons will work on skills for learning, starting with understanding brain states and self regulation, introducing Kelso's choices (problem solving and conflict resolution) and introducing our Tools that foster empathy, resilience and self-mastery.

Mindfulness will continue to be incorporated into our SEL lessons this year. Practicing mindfulness is a great way to train our brains to regain focus and calm... I encourage you to practice this with your students at home. The more they practice, the more automatic a mindfulness response becomes. MindYeti is a great resource for PreK - 3rd grade. It was created by the Committee for Children who is the creator of Second Step, the SEL curriculum used at NES. Waterford.org is another great resource for kids and mindfulness as well.

If you have any questions or concerns about your student feel free to contact me. You can also fill out a <u>counseling form espanol</u> to request a meeting. Let's have a great year!

Ms. Jennifer's School Counseling Office
503-355-3657/ jenniferh@nknsd.org
https://sites.google.com/nknsd.org/elementarycounseling

## **NES Parent Council**

Welcome back to school Seagull Parents! We are hoping to once again have monthly meetings for our Nehalem Elementary Parent Council to get things up and running, and we'd love to have you join us! We will work with school administration to determine the best time and place for these meetings, and then we will send this information out after the start of the school year. Please like and follow our Facebook Page - Nehalem Elementary Parent Council - where we will post updates as we have more information moving forward. For any additional questions, please feel free to contact Renae Scalabrin at <a href="mailto:renae.scalabrin@gmail.com">renae.scalabrin@gmail.com</a>

Welcome Back NES students and families, we here are NCRD are happy to be back in school and want to let you know we will be open for after school care as of September 6 th . If you are in need of youth care please reach out to us. We pick up your students at Nehalem Elementary school at the end of each school day and are open until 5pm. Our cost is \$6 a day per child this is an increase of \$1 from the previous years. It does includes a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, and etc.) If interested please reach out to Angie or Kiley at NCRD by phone, email, website, or just stop in. We are not doing drop-ins currently but hope to get back to that someday. We do have full day care when the school is closed and it is not a national holiday, those days are \$20 per student and need to be preregistered and prepaid in the welcome center. Scholarship applications are available upon request. Scholarships for students are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year. Please let any youth center staff or the welcome center know if this is a need and we will get you the form.

#### -Youth Sports-

Soccer is registering now, please see our website or return your form today! If you are interested in volunteering/coaching for this or any sport please let me know, none of this would be possible without the great coaches we have. We will start practice on the 19 th of September right here at the NES field. Please make sure you have cleats, shin guards, and a water bottle. <a href="mailto:angiet@ncrdnehallem.org">angiet@ncrdnehallem.org</a> kileyk@ncrdnehalem.org

#### **NCRD**

25 th Anniversary Celebration
Friday September 30 th 9:00-1:00 pm
$\hfill \Box$ Free Fitness Center Sample Classes (including our new spin class)
☐ Free Drop-In to Aquatics Fitness Programs
□ Information Tables
□ Facility Tours
☐ Light Refreshments
6:00 pm FREE Family Movie Night
Saturday October 1 st 11:00-2:00 pm
NCRD Upper Parking Lot
□ BBQ Lunch
□ Live Music
☐ Activities for Youth in Gym
□ Information Tables

## **NCRD Aquatics**

**HEALTH & PREVENTION @ NCRD/NEHALEM POOL** 

Because of E Coli, Cryptosporidium, Giardia, and other organisms that can make people very ill, we need to ask parents and students help in following these guidelines put out by the Oregon Health Department.

- If a swimmer has had diarrhea in the past two weeks, they should not swim.
- Swimmers who may have bowel "accidents" must wear a special swim diaper.
- All swimmers must take a cleansing shower before entering the pool.

Our children's health is too important to take any chances. As you probably know, these diseases can be very serious, so we must be able to count on our students to follow these rules, and parents to help reinforce their importance. If you are questioning your child's condition, play it safe and do not send them swimming.

Thank-you for your support! NCRD Aquatic Department

