## VICKSBURG COMMUNITY SCHOOLS HUMAN GROWTH DEVELOPMENT CURRICULUM

| Content            | Grades K - 3   |
|--------------------|--|
| Body Awareness     | Respect/Protect Privacy of One's<br>Own Body             |
| Disease Prevention | Spreading and prevention of germs; universal precautions |

| Content              | Grade 4  | Grade 5   |
|----------------------|--|---|
| HIV/AIDS             | 1) Define HIV/AIDS 2) Spreading and prevention of germs; universal precautions 3) Treating others with respect | 1) Transmission and Prevention (bloodborne) 2) Damage to immune system and effective treatments 3) Treating others with respect |
| Reproductive Anatomy | Own gender reproductive anatomy instruction provided separately by gender.                                     | Both genders reproductive anatomy instruction provided separately by gender.  |
| Puberty/Body Changes | Own gender introductory video on basic physical and emotional changes.   | Both genders video on physical and emotional changes prior to and during puberty.   |

| Content                                       | Grade 7   | Grade 9  |
|---|---|--|
| HIV/AIDS/STI's                                | 1) Recognizing Signs and Symptoms 2) Transmission and Prevention (bodily fluids) 3) Bacteria vs. Virus 4) Identify common STI's (Sexually Transmitted Infections) | 1) Testing and treatment 2) Community Based Resources and Services 3) Disease Prevention 4) Increase the student's awareness of risky behaviors and situations. 5) Facts and Myths |
| Sex Education<br>(see note at bottom of page) | Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.   | Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.  |
|   | 2) Include a discussion of the possible emotional, economic, and legal consequences of sex.   | Include a discussion of the possible emotional, economic, and legal consequences of sex.   |
|   | 3) Stress that unplanned pregnancy and sexually transmitted infections are serious possibilities of sex that are not fully preventable except by abstinence.      | 3) Stress that unplanned pregnancy and sexually transmitted infections are serious possibilities of sex that are not fully preventable except by abstinence.                       |

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| Sex Education, cont (see note at bottom of page) | 4) Teach students how to say 'no' to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.  5) Teach that the student has the power to control personal behavior. Students shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.  6) Teach refusal skills and encourage students to resist pressure to engage in risky behavior. | to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.  5) Teach that the student has the power to control personal behavior. Students shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.  6) Teach refusal skills and encourage students to resist pressure to engage in risky behavior. |
|--|---|---|
|  | 7) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.  | 7) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.  |
| Reproductive Anatomy                             | 1) Male and Female Anatomy 2) Structures and Functions of Male and Female reproductive systems. 3) Body Awareness 4) Disease Prevention   | 1) Review Male and Female Anatomy  2) Medical Screening and Healthcare  3) Societal Pressures 4) Human Development 5) Teen Pregnancy 6) Pre-natal development   |
| Puberty/Body Changes                             | 1) Endocrine System 2) Emotional, Social, and Physical Changes 3) Health Pyramid 4) Basic hygiene and self-care 5) Menstruation and Fertilization   | 1) Review Body Systems and Health Pyramid  3) Discuss myths and 'norms'   |
| Other  | 1) Gatekeeper Suicide Prevention Program (Gryphon Place) 2) Substance Abuse and its connection with choices and sexual behavior   | Review impact and connection of alcohol and other drugs with pregnancy and STI's  |

<sup>\*</sup>Instruction in the Sex Education unit is compliant under section 380.1507 which mandates that 'the only 100% method of birth control and STD prevention is abstinence.'