DECEMBER 2014



Erik Lathen, Assistan

FROM THE PRINCIPAL'S DESK.....

HLINOIS VALLEY

Looking back:

As we look back on the month of November, there were many exciting things that took place at Illinois Valley High School

We would like to applaud the efforts of our fall sport athletes and coaches. It was such a fun filled season, highlighted with a first-round playoff game from the football team. Illinois Valley High School also participated in College Application Week, where seniors applied to any post-secondary school of their choice. Seniors also participated in activities like college door decorating, where seniors decorated teacher's doors with the college they're going to attend or apply to.

Lastly, I would like to thank those parents that came to "Conferences and *Cakes*". We had half of our student body's parents participate! We thank you. We look forward to spring conferences where we will be serving dinner again and have the same drawings for prizes for those parents that attend.

<u>Looking Forward:</u>

As we head into December....

We will be starting winter sports with the first home basketball game vs. Hidden Valley on December 3rd, as well as the first wrestling tournament at Phoenix on December 3rd, 4th and 5th. We wish all of Cougar Nation a successful and fun winter season

With-in the school, Mr. Hawks, along with the band and choir students, will be hosting their Winter Concert on December 11th here at the high school at 7:00pm.

Upon returning from break, we will be just 4 weeks away from the end of the first semester, which is January 30th. It is hard to believe that half of the year is almost over. With the end of the first semester, students need to make sure that they are doing the necessary work to end on a positive note. As always, we are available to help students succeed. Please see the office or counseling staff for any questions or concerns you may have.

Cougar Nation wishes you the happiest and warmest of Holiday greetings. See you in 2015!!!!

| Jamie Ongman Princip | al | | | |
|--|----|--|--|--|
| t Principal / Athletic Direct | or | | | |
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| Three Rivers School District Board Meeting Tuesday, December 16th @ 6:00 PM | | | | |
| The first scholarship to kick off the scholarship season is the | | | | |
| <u>Elks Most Valuable</u> Student Award. | | | | |
| Seniors should apply online | | | | |
| at: <u>http://www.elks.org</u> . | | | | |
| | | | | |
| The deadline to submit this scholarship is Dec. 5, 2015. | 3 | | | |

IVHS WINTER CONCERT THURSDAY, **DECEMBER 11TH** 7:00 PM

THREE RIVERS SCHOOL DISTRICT

Illinois Valley High School § 625 E. River Street § Cave Junction, OR 97523 541-592-2116 § 541-592-4853 FAX § www.threerivers.k12.or.us

ILLINOIS VALLEY HIGH SCHOOL

IVHS STUDENT-BASED

HEALTH CENTER NEWS

SPORTS PHYSICAL INFORMATION:

ALL SPORTS PHYSICALS WILL COST \$25. THIS PRICE IS GOOD ALL THE TIME, AND AVAILABLE AT ALL SISKIYOU COM-MUNITY HEALTH CENTER SITES. THIS INCLUDES THE SCHOOL-BASED HEALTH CENTERS, THE CLINICS IN CAVE JUNCTION AND GRANTS PASS, AND SISKIYOU'S WALK-IN CLINIC IN GRANTS PASS.

PHYSICALS NEED TO BE COMPLETED OR UPDATED IN ORDER TO BE ELIGIBLE FOR SPORTS. CALL OR STOP BY THE HEALTH CEN-TER TO SCHEDULE AN APPOINTMENT!







It is always our goal to help students learn, succeed, and thrive, and, as parents/guardians, you know that healthy eating is one tool that is beneficial.

We encourage our students to eat during the regularly scheduled breakfast and lunch times. We

do understand that there may be times when this does not work as planned. As a supplemental time, the school schedule provides a morning break, and, for most of the week, an afternoon break, which allows students to grab a quick snack or drink, should they choose to.

If you need to bring food/drink to the school for your student, please understand that there is a guideline in place that will not allow class time to be disrupted.

The process of how food and/or drinks are delivered to students during regular class time hours will be as follows:

- \Rightarrow ANY food or drink brought to the school for a student will be delivered at an end –of-class bell.
- \Rightarrow Food/drinks left for student athletes, or, students going on a school-sponsored field trip, will be able to it pick up BETWEEN classes, or, on their way out to the bus
- \Rightarrow NO food or drink will be delivered to a student during ANY class time periods.

If you have any questions or concerns, please do not hesitate to contact our office.

FACTS YOU SHOULD KNOW...... CALENDAR OF EVENTS



DECEMBER 2014

| 11 th | IVHS Concert | 7:00 PM |
|------------------|---|---------|
| 16 th | TRSD Board Meeting @ District Office | 6:00 PM |
| 18th | IVHS Site Council meeting | 3:30 PM |
| 22 nd | Winter Break begins - NO CLASSES | |
| 25 th | Christmas Day – Holiday – District-wide Closure | e |
| 26 th | Vacation Day – District-wide Closure | |

JANUARY 2015

| 1 st | New Year's Day – Holiday – District-wide Closur | e |
|------------------------|---|---------|
| 5 th | Classes Resume | |
| 6 th | IVHS Site Council meeting | 3:30 PM |
| 13 TH | TRSD Board Meeting @ District Office | 6:00 PM |
| 19 th | Martin Luther King Day – Holiday - NO CLASSES | |
| 29 th | 2 nd Quarter (1 st Semester) Ends | |
| 30 th | Clerical Day – NO CLASSES | |

COMMUNICATIONS: SYNREVOICE—AUTOMATED VOICE MESSAGING & ATTENDANCE NOTIFICATIONS

We will use **Synervoice** to send out important messages about school closures and school events. When you get a call from the school using **Synervoice**, it is important that you say



"Hello" as this triggers the message. If you have voicemail, it will leave a message. If you have email registered with the school, we will often send emails as well.

At this time, our Attendance Clerk, Mary Paul, personally follows up on absences on a daily basis, If your student missed all or part of school, please call the school the next morning to clear your student's absences. The number is 541-592-2116; ask for the attendance office. You may also send Ms. Paul an email to verify or e x c u s e a n a b s e n c e o r t a r d y: <u>mary.paul@threerivers.k12.or.us</u>. It is very important for you and your student to have these absences cleared. Students end up doing lunch detentions for un-cleared absences.

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December 2014

Erik Lathen, Athletic Director

Ms. Heather Merrill, Athletic Secretary

SPORTS & COMPETITION REPORT FROM THE COUGAR DEN

SOUTHERN CASCADE LEAGUE SPORTS: <u>HTTP://WWW.SOUTHERNCASCADELEAGUE.ORG</u>



IMPORTANT REMINDER SPORTS FEE PAYMENTS, <u>OR</u> ARRANGEMENTS, <u>MUST BE MADE BY MONDAY, DECEMBER 8TH,</u> IN ORDER TO BE ELIGIBLE TO COMPETE. FOR MORE INFORMATION, PLEASE CONTACT OUR BUSINESS DEPARTMENT.



December 2014 Sports & Events

BOYS BASKETBALL

| Date | Activity | Time | Versus | | | | |
|------------|-------------------|--------|-----------------|------------|-------------------|--------|-----------------|
| 12/03/2014 | Boys Varsity Game | 7:00pm | Hidden Valley | 12/16/2014 | Boys Varsity Game | 7:00pm | at New Hope |
| 12/05/2014 | Boys JV Game | 5:30pm | North Valley | 12/19/2014 | Boys JV Tourney | TBD | at North Valley |
| 12/05/2014 | Boys Varsity Game | 7:00pm | North Valley | 12/19/2014 | Boys Var Tourney | TBD | at North Valley |
| 12/06/2014 | Boys JV Game | 2:30pm | Bandon | 12/20/2014 | Boys JV Tourney | TBD | at North Valley |
| 12/06/2014 | Boys Varsity Game | 5:30pm | Bandon | 12/20/2014 | Boys Var Tourney | TBD | at North Valley |
| 12/09/2014 | Boys Varsity Game | 7:00pm | Prospect | 12/23/2014 | Boys JV Endow | 3:00pm | at Crow |
| 12/12/2014 | Boys JV Game | 5:30pm | Sweet Home | 12/23/2014 | Boys Var Endow | 6:00pm | at Crow |
| 12/12/2014 | Boys Varsity Game | 7:00pm | Sweet Home | 12/29/2014 | Boys Var Tourey | TBD | at Sisters |
| 12/13/2014 | Boys Varsity Game | 7:30pm | at RV Adventist | 12/30/2014 | Boys Var Tourney | TBD | at Sisters |
| 12/16/2014 | Boys JV Game | 4:00pm | at New Hope | 12/31/2014 | Boys Var Tourney | TBD | at Sisters |
| | | | | | | | |

GIRLS BASKETBALL

| CHICL D D H 2 | | | | | | | |
|---------------|--------------------------------|-------------|---------------|------------|-------------------------------------|--------|-----------------|
| Date | <u>Activity</u> | <u>Time</u> | Versus | | | | |
| 12/03/2014 | Girls JV Game | 4:00pm | Hidden Valley | 12/13/2014 | Girls Varsity Game | 6:00pm | at RV Adventist |
| 12/03/2014 | Girls Varsity Game | 5:30pm | Hidden Valley | 12/16/2014 | Girls Varsity Game | 5:30pm | at New Hope |
| 12/05/2014 | Girls JV Game | 4:00pm | North Valley | 12/19/2014 | Girls JV Tourney | TBD | at North Valley |
| 12/05/2014 | Girls Varsity Game | 5:30pm | North Valley | 12/19/2014 | Girls Var Tourney | TBD | at North Valley |
| 12/06/2014 | Girls JV Game | 1:00pm | Bandon | 12/20/2014 | Girls JV Tourney | TBD | at North Valley |
| 12/06/2014 | Girls Varsity Game | 4:00pm | Bandon | 12/20/2014 | Girls Var Tourney | TBD | at North Valley |
| 12/09/2014 | Girls JV Game (2 Qtrs only) | 4:00pm | Prospect | 12/23/2014 | Girls JV Endowment (2 Qtrs only) | 2:00pm | at Crow |
| 12/09/2014 | Girls Varsity Game | 5:30pm | Prospect | 12/23/2014 | Girls Var Endow | 4:30pm | at Crow |
| 12/12/2014 | Girls JV Game | 4:00pm | Sweet Home | 12/29/2014 | Girls Var Tourney | TBD | at Sisters |
| 12/12/2014 | Girls Varsity Game | 5:30pm | Sweet Home | 12/30/2014 | Girls Var Tourney | TBD | at Sisters |
| | | | | 12/31/2014 | Girls Var Tourney | TBD | at Sisters |

WRESTLING

| Date | Activity | Time | Versus | Location |
|------------|------------------------------------|---------|---------------------|-----------------------------|
| 12/04/2014 | Wrestling: Boys Varsity MEET | 4:00pm | vs Brookings Harbor | Illinois Valley High School |
| 12/05/2014 | Wrestling: Boys Varsity Tournament | 9:00am | at Phoenix | Phoenix High School |
| 12/06/2014 | Wrestling: Boys Varsity Tournament | 8:00am | at Del Norte | Del Norte High School |
| 12/12/2014 | Wrestling: Boys Varsity Tournament | 11:30am | at North Bend | North Bend High School |
| 12/13/2014 | Wrestling: Boys Varsity Tournament | TBD | at North Bend | North Bend High School |
| 12/19/2014 | Wrestling: Boys Varsity Tournament | 9:00am | at Grants Pass | Grants Pass High School |
| 12/20/2014 | Wrestling: Boys Varsity Tournament | 8:00am | at Grants Pass | Grants Pass High School |
| 12/29/2014 | Wrestling: Boys Varsity Tournament | TBD | at Reno | Reno High School |
| 12/30/2014 | Wrestling: Boys Varsity Tournament | TBD | at Reno | Reno High School |
| | | | | |

SPEECH & DEBATE COMPETITION

| Date | Activity | Time | Versus | <u>Location</u> |
|------------|-------------------------------------|------|------------------|---------------------------|
| 12/13/2014 | Speech/Debate: Varsity Invitational | TBD | at North Medford | North Medford High School |



ILLINOIS VALLEY HIGH SCHOOL



Seniors Planning on Going to College or to a Trade School In the fall of 2015

- Take the SAT: If you are applying to a four year college, you need to take the SAT (Scholastic Aptitude Test). The test may be given at IVHS (see Ms. Creek for test dates). See Ms. Thornhill in the Counseling Center to see if you qualify for a fee waiver. Register for the SAT at <u>www.collegeboard.org</u>. Our school code is 380150. Students may also choose to take the ACT (American College Testing program). Sign up for the ACT at <u>www.act.org</u>
- <u>Apply to Schools</u>: Don't forget to get your applications for admissions and scholarships in by school deadlines. If you qualify for free or reduced lunch, you may be eligible for a deferral of application fees to Oregon University System schools. Many state universities have early admissions in November, so begin the application process now.
- File your FAFSA (Free Application for Federal Student Aid): Each student and one parent must complete this application for a student to be eligible for federal and state college grants (free money!!). First apply for a PIN at <u>www.pin.ed.gov</u>. Both the student and one parent/guardian must have a PIN (your electronic signature) to apply for the FAFSA. As soon after January 1st as possible, complete the FAFSA at <u>www.fafsa.ed.gov</u>.
- <u>IV Scholarship Packet</u>: Go through the IVHS Scholarship Packet and decide which scholarships you want to apply for. You will need two letters of recommendation (at least one from non-school, non-family). Ask your employers, community members, or friends of the family. You will also need to turn in two staff recommendations and typed responses to four short essay questions. The scholarship application is available online at http://www.jocoeducationfund.com/. The deadline to get all of the materials in is: 2/20/2015.
- ✓ <u>Apply for the Oregon Student Assistance Commission (OSAC) Scholarships</u>: This online scholarship application contains the Ford and Gear Up scholarships and many others. Complete the application at <u>www.oregonstudentaid.gov</u>, available in Nov. Early Bird due date 2/16/13. Final due date 3/1/15
- ✓ <u>Apply for RCC Foundation Scholarships</u>: If you may be attending RCC you should submit their scholarships application. Three out of four students who submit an application receive a scholarship. Apply online at <u>www.rccfoundation.org</u>.

See Ms. Tucker in Counseling or Ms. Sara Creek in the Career Center if you have any questions or want assistance with scholarship or financial aid applications.



LIBRARY BOOKS FOR ILLINOIS VALLEY HIGH SCHOOL



Reading is the most important skill a child can learn. It is vital to every child's success and it is the door opener to the 21st century for all children. No matter how advanced technology becomes, reading will continue to be the key that helps kids master all others.

When kids get older they are easily distracted. Reading often takes a backseat to other pursuits and interests. However, the more a child reads, the more confident and skilled they become. Motivating a child to keep reading and to understand and think critically and creatively about what they have read are the end goals.

So, head to the library, the bookstore, the Goodwill, or any place where books are sold. Get more involved in reading, reading to each other and reading aloud. Together we can make a difference in kid's lives that will last a lifetime. We invite and encourage all the members of our community to READ! READ! READ!

With these thoughts in mind, our local Grants Pass bookstore, Oregon Books & Games, is a jewel.

- They will contribute 5% of all purchases to Illinois Valley High School, if the customer requests IVHS to be the recipient of the contribution.
- The customer must request IVHS at the time of payment in order for our library to receive the gift certificate.
- In return, the library will use the money to purchase new books.
- As an added convenience, people may order online at www.oregonbooks.com and pick up their purchases in the store.
- Don't forget to designate **IVHS** when paying. The bookstore does not have the ability to accept payments online but will accept credit card payments over the phone; remember to mention **IVHS**. They will mail your purchase for a fee if you are unable to pick up at the store.

Oregon Books & Games is a full-service community bookstore that has served our area for more than twenty years. They feature a full range of books for young children, teens and adults. Book choices include mystery and adventure novels, fantasy, romance, graphic novels, and the latest bestsellers from more than 100 publishers.

For more information, please contact the **IVHS Librarian, Trudy Stehelin**, or, you may contact Oregon Books Games directly at:

150 NE "E" Street Grants Pass, OR 541-476-3132 <u>www.oregonbooks.com</u>



THE ILLINOIS VALLEY HIGH SCHOOL

PARENT & STUDENT RESOURCES

YEAR-ROUND IN-SCHOOL & ON-LINE STUDY RESOURCES AVAILABLE

ON-LINE SUPPORT TO HELP YOUR STUDENT KEEP THE SKILLS LEARNED, IN SHAPE. LIKE EXERCISING YOUR MUSCLES ON A DAILY OR WEEKLY BASIS, SO TOO DOES THE BRAIN NEED ITS PHYSICAL ACTIVITY. THE FOL-LOWING WEB SITES ARE PROVIDED TO ASSIST WITH THE "SUMMER BRAIN EXERCISE" ROUTINE.

My student doesn't understand their homework . . . now what?

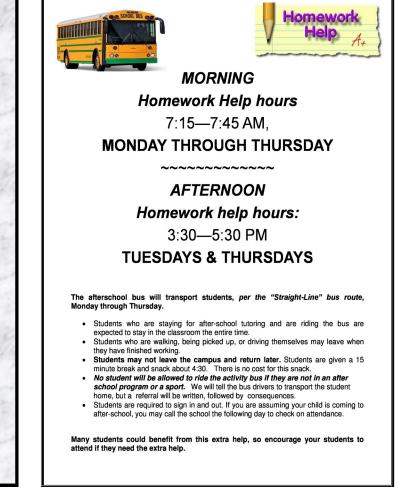
We have all been in the situation where our students don't understand the homework and we are trying to dust off the files in our head to remember how to do that moth problem or remember what happened in this historic battle. It can be frustrating for both the student and the parent to get through the homework. In today's world full of technology students have numerous resources available to help them re-learn the concepts. The following are just three of the many sites available.

Khan Academy – www.khanacademy.org This website has over 4,000 videos on subjects from geometry to chemistry to computer science. This is a great tool that actually reteaches the material step by step. Many times hearing the concept explained by someone else makes that light bulb turn on and the student understands. Interactive practice is also available to solidify the concepts.

Sophia – www.sophia.org Video clips are also available at Sophia, but there is also much more. Over 28,000 tutorials including slideshows and screencasts are available anytime. The site also tailors the information according to the student's learning style, which is determined through a short quiz.

Quizlet – www.quizlet.com This is a great study tool. There are thousands of flash cards & quizzes on the site developed by students and teachers from around the world in nearly every subject you can think of. Students can use an already created tool or create one of their own to challenge themselves and others in their class. This is a great vocabulary tool.

We hope you will find these resources helpful. If you would like more information or other ideas how to help your child at home please do not hesitate to contact the office.



ODYSSEYWARE is an on-line academic website which provides innovative, 21st century learning opportunities for our students.

ODYSSEY WARE

Three Rivers School District/Illinois Valley High School uses this program for students outside of the regular classroom setting, and for students that need to do make up classes (Credit Retrieval) to be eligible for graduation.

ODYSSEYWARE (OW) is web-based, If you have internet access, your student can access his/her assignments, which allows them the ability to complete the courses as fast as he/she needs to, whether they are in the classroom or at home.

To access the ODYSSEYWARE web site AFTER he/she is registered, your student will need to go to <u>https://3rivers.owschools.com</u>. From there, they will be able to login and access the courses that they are enrolled in.



ILLINOIS VALLEY HIGH SCHOOL 625 E. River Street Cave Junction, OR 97523

Or Current Resident

