



## Cougar Nation News

Illinois Valley High School

### *News from the Principal*

*Cougar Nation,*

*As we enter the month of February we are officially a little over Halfway done with the year!! Our students and staff have done an outstanding job finishing up the first semester and positioning themselves for a successful second half of the year.*

*A couple of things to be aware of. We are fortunate to host a School Board meeting at IVHS on February 19th, at 4 p.m. We would love to see more parents and community members attend.*

*Academic Masters which is a brain bowl of sorts competition between Grants Pass, Hidden Valley, North Valley and Illinois Valley High Schools. Last year IVHS placed 2nd. Grants Pass H. S. will be hosting this year at 6:30 pm on March 12, 2020.*

*Please take time at home to talk with your student about the classes that they are taking for second semester and discuss the plan that they have to finish the school year.*

*We are very proud of all the student athletes who are finishing up strong seasons.*

*Go Cougars.*

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### **EXCLUSION DAY IS COMING**

Exclusion Day is Feb. 19, 2020....please be sure your student is up to date on immunizations by this date!

# SENIOR FUNDRAISER INFORMATION

## To all graduating seniors and their families:

We have a number of fundraisers coming up for the Safe and Sober Grad Night Party.

Bagging groceries at Shop Smart:

Jan.31-Feb1

Mar. 6-7

April 3-4

IV CAN DONATE dates are Feb. 22 and March 28.

We need parent and student volunteers to work different shifts for bagging groceries. Please email Molly Kitchens @ [curlyq77@gmail.com](mailto:curlyq77@gmail.com) or Alisha Thornhill @ [alishat@eyecaregroup.net](mailto:alishat@eyecaregroup.net) to sign up for shifts to help us reach our goals!

There are other fundraisers coming up...we will be selling See's Candy for Valentine's day. We will need students to volunteer to sell the candy at school, and after school at home basketball games. We need all the help that we can get to make this party happen! Please encourage your senior to get involved.

You can also email Jamie Scroggins @ [jamie.scroggins@threerivers.k12.or.us](mailto:jamie.scroggins@threerivers.k12.or.us) for any questions or concerns.

## Safe & Sober Grad Night Party for the class of 2020

There will be a senior parent meeting for the safe and sober grad night party on February 5, at 6pm in the commons. Please plan on attending. Plans are being made for fundraisers and party ideas. We can use everyone's help! If you have any questions please call the office and ask for Jamie.

### Dates to Remember

February 2 .....	Ground Hogs Day
February 5.....	Cheer Camp 4-5:30
February 7.....	Cheer Camp (Cheer @ girls game)
February 12.....	Blood Drive
February 14.....	SAT
February 17.....	President's Day No School
February 19.....	School Board Meeting @ IVHS
February 24 ~ 28.....	Spirit Week
February 27.....	NHS Induction 6pm
February 29.....	Winter Ball

## Athletic Department News

The first semester over and the eligibility checks will go on the last Thursday of January. Our Girls basketball team is in second place. Our Boys basketball team is tied for fourth place as of right now. The first round finishes on Friday, January 31st. The order of play in the second round will be JV Boys first followed by the Varsity Girls and then the Varsity Boys will play the last game of the night.

If teams finish in the top four of our league they will play in the league tournament. The way the playoffs will work this year is #4 goes to #1, and #3 travels to #2 on Wednesday, February 19th. If #1 wins then the winner of the #3 at #2 will travel to #1. They will both go to state no matter of the outcome of the game. The winner will be the leagues #1 seed and the loser will be the #2 seed. If #1 loses the #4 will travel to the winner of the #3 at #2 game. The winner will go to state as the leagues #1 seed and the #1 team that lost will go to state as the #2 seed.

Our Boys wrestling team has a home dual on February 6th with Riddle. They have their regional tournament at North Lake High School in Fort Rock, Oregon on February 14th and possibly the 15th depending on the amount of wrestlers in the tournament.

For our Girls wrestling program they have their regional qualifier at Thurston High School in Springfield, Oregon on February 7th and 8th.

Our Equestrian and our Speech and Debate teams are competing throughout the winter to get ready for their final competitions in the spring.

Go Cougs!

The Athletic Department.

## 2020 ILLINOIS VALLEY TRACK AND FIELD

### Winter Training (“Formal” Work-outs)

\*We consider a Winter Sport a work-out! We support and encourage multi-sport athletes!\*

From January 6th to February 20th, trainings will be from 3:30 to 5:00pm on Monday thru Thursdays-Work-Outs are free, sign-up with Coach Thornhill

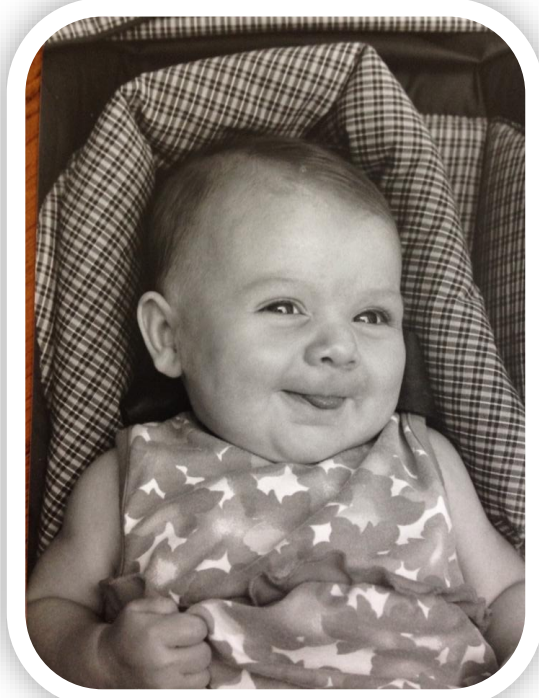
### Spring Season

Begins March 2nd and will go until the middle of May, Spring Break will have optional work-outs, sign-ups will be online at [://Illinoisvalley-ar.rschooltoday.com](http://Illinoisvalley-ar.rschooltoday.com)

Cost is \$103, Practice will be Monday through Friday from 3:30—5:30pm

Contact: Coach Thornhill at 541-592-2116 Ext. 3531





Who am I?????

