



NES April 2025 Newsletter



Important Dates, Reminders, & Updates

- April 16th - Parent/Teacher Conferences after school
- April 15th- School Board Meeting - 6:30 p.m. at the District Office or by Zoom
- April 17th- No School - Parent/Teacher Conferences
- April 20th- No School - Parent/Teacher Conferences
- April 29th - Spring Concert - 6:00 p.m. - More Information to Come

Swim lessons will start for K/1 classes the week after we return from Spring Break.

- Spicer - Tuesdays
- Archer - Wednesdays

English State testing April 1st-4th for all grade 3-5 classes.

Christensen and Carbary - 8:10-9:10

Henderson and McCoy - 9:10-10:10

Please make sure to have your children here on time for testing. Thank you!!!

Parent/Teacher Conferences

Wednesday, April 16th from 3:30 p.m.-7:30 p.m.

Thursday, Apr. 17th from 8:00 a.m.-7:30 p.m. (Henderson 8:00-4:00)

Families can call the school office at (503-355-3650 or 1-888-218-2455) to schedule a conference time. Meeting with your child's teacher during conferences will assist you in helping your child be more successful in school. We hope to see 100% of our parents during conferences this year!

****THERE IS NO SCHOOL ON APRIL 17th & 18th****

READ-A-THON 2025

Seventh Annual Read-a-thon ended March 7th, 2025

THANK YOU for all of the wonderful donations this year! Your belief in encouraging your readers is AMAZING! Nehalem Elementary will receive **\$2368.00!** THANK YOU so much!



All of the donations received will help our school in many ways:

- Supporting our commitment to literacy and daily reading.
- Purchasing student books to help celebrate our annual Read-Across-America Week book walk (each day, students' names are drawn for a chance to pick out a new book.)
- Purchasing student prizes for our PBIS treasure chest. Students have the chance every day to earn "Way to Go's" for being safe, respectful and responsible. The office then does a weekly drawing for a chance at choosing one item from our treasure chest.
- Purchasing other items as needed for student body.

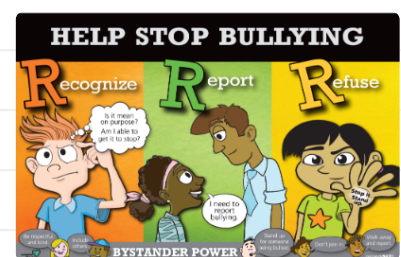
MISS JENNIFER

Greetings!

March was all about bully prevention. Students learned to recognize, refuse and report bullying. The intermediate students also learned about what it means to be a 'bystander' to bullying and the power that comes with being a 'bystander.' It is important for students to know the difference between bullying, and a mean moment or a conflict with another student. Bullying is taken very seriously and all students need to learn to recognize the signs. April and May marks the time of state testing for 3rd - 5th graders. Please ensure that you students are getting lots of rest, eating well and drinking lots of water. This season of testing can be stressful for some kids. I encourage you to stick to your typical family routines around mealtime and bedtime to reduce any added disruption.. Additionally, incorporating some mindful activities, outdoor walks, or whatever is a favorite activity for your family to help alleviate the possible stress and to create an opportunity for conversations about how to cope with whatever worries might be bubbling up.

If you have any questions or concerns about your student feel free to contact me. You can also fill out a [counseling form espanol](#) to request a meeting.

Ms. Jennifer



503-355-3657

jenniferh@nknsc.org

PE – Kids Heart Challenge/American Heart Challenge program

On behalf of the American Heart Association, thank you very much for raising *\$2,181.22 with your school's recent Kids Heart Challenge/American Heart Challenge program.

Families and schools are critical links in providing the foundation for cardiovascular wellness in our country. Your support and participation in the Kids Heart Challenge/ American Heart Challenge makes a tremendous impact in helping millions of Americans through increased awareness of cardiovascular disease, lifesaving scientific research and critically needed education efforts.

The American Heart Association's grant program offers participating schools grants of \$250 up to \$2,500 for health and wellness initiatives including physical activity equipment. Eligibility requirements can be found [here](#).

Additionally, we offer monthly Learning Series webinars for educators, which may qualify for professional development hours. You can view all [school and teacher benefits](#) that we offer.

Together, we are fierce - a relentless force for a world of longer, healthier lives. Thank you for your continued support and dedication to our mission.

With heart,

Nancy Brown

Chief Executive Officer

American Heart Association

Cafeteria

APRIL 2025

NEAH-KAH-NIE MS/HS

A variety of Deli Sandwiches are available Daily as an option for lunch

Monday	Tuesday	Wednesday	Thursday	Friday
 French Toast 7 Cheesy Breadsticks w/ Marinara	Breakfast Sandwich 1 Chicken Soft Tacos	Cinnamon Cr. Cheese Bagel 2 Chicken Potato Gravy Bowl	Strawberry Smoothies 3 Chicken Burger	Biscuits & Gravy 4 Soup & Toasted Cheese Sandwich
Waffles 14 Hot Dog & Baked Beans	Pancake on a Stick 8 Bean & Cheese Burritos	Breakfast Bar 9 Tater Tot Casserole	Cherry Strudel 10 Pulled Pork Sandwich	Breakfast Burrito 11 Chicken Strips & Fries
Pancake Bites 21 Meatball Subs	Sausage & Biscuit 15 Chicken & Cheese Nachos	Cocoa Bread 16 Mac & Cheese	NO SCHOOL PARENT/TEACHER CONFERENCES 17	NO SCHOOL PARENT/TEACHER CONFERENCES 18
Apple Cinnamon Texas Toast 28 Corn Dogs	Breakfast Sandwich 22 Chicken Fajitas	Strawberry Cr. Cheese Bagel 23 Crispy Chicken Drumsticks	Yogurt & Grahams 24 Western Burger	Oatmeal Rounds 25 Breakfast For Lunch
	Pancake on a Stick 29 Enchiladas	Breakfast Bar 30 Orange Chicken Over Rice		

A variety of fresh fruits and vegetables are available daily on our offering bar. All of our breads and pasta are whole grain or whole wheat. GF options available. Fat-free and 1% milks are offered daily. Whole grain cereals are an option at breakfast.

"This institute is an equal opportunity provider"

From the Bus Barn

Elementary School Expectations

Click on the button above to read.

Citation Copy

Click on the button above to read.

SUPPORT NKN
SENIOR CLASS OF '25
**EGG MY
HOUSE**

30 EGGS-50 EGGS -75 EGGS -100 EGGS
\$25 \$45 \$65 \$85

PAYMENT
CASH, CHECK OR
VENMO

ALL PROCEEDS
GO TO NKN
SENIOR SAFE
2025



PLACE YOUR ORDER BY USING THE QR
CODE TO A GOOGLE FORM OR EMAIL US
AT NKNSAFECOMMITTEE@GMAIL.COM



WE WILL DELIVER THE EGGS TO
YOUR YARD THE EVENING OF 4/19.
DEADLINE TO ORDER-4/15

Student Health & Wellness Center



AT NEAH-KAH-NIE HIGH SCHOOL

HOURS:

Tuesdays

8:30 am – 12:00 pm / 1:00 – 4:30 pm
(Closed for lunch 12:00 – 1:00 pm)

Wednesdays

Counseling appointments only

8:30 am – 12:30 pm / 1:30 – 4:30 pm
(Closed for lunch 12:30 – 1:30 pm)

Thursdays

8:30 am – 12:00 pm / 1:00 – 4:30 pm
(Closed for lunch 12:00 – 1:00 pm)

SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups	Dental screenings
Sports physicals	Blood-pressure screenings
Care for illness and injury	Health education
Immunizations	Counseling
Routine lab tests	Wellness opportunities
Prescription medications	Referrals for other medical services
Age-appropriate reproductive health	(Dental, X-rays, MRIs, Specialty)
Vision screenings	

Learn more at: NKNHealth.org

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901



EN LA SECUNDARIA NEAH-KAH-NIE

HORARIOS:

Martes

8:30 am – 12:00 pm / 1:00 – 4:30 pm
(Cerrado para almorzar de 12:00 a 1:00 p. m.)

Miércoles

Citas de consejería solamente

8:30 am – 12:30 pm / 1:30 – 4:30 pm
(Cerrado para almorzar de 12:30 a 1:30 p. m.)

Jueves

8:30 am – 12:00 pm / 1:00 – 4:30 pm
(Cerrado para almorzar de 12:00 a 1:00 pm)

SERVICIOS DISPONIBLES:

El Centro de Salud y Bienestar para los estudiantes de NKN ofrece varios servicios médicos, inclusive:

Controles regulares	Estudios dentales
Exámenes físicos para deporte	Estudios de presión arterial
Atención de enfermedades y lesiones	Educación de salud
Vacunas	Asesoría
Análisis de laboratorio de rutina	Oportunidades de bienestar
Medicamentos de receta	Remisiones para otros servicios médicos
Salud reproductiva adecuada a la edad	(Dental, radiografías, resonancias magnéticas, especialistas)
Estudios de visión	

Conozca más en: NKNHealth.org

NKN Student Health & Wellness Center | Teléfono: 503-355-3500 | Fax: 844-720-1901

NCRD Youth Center

Have an Egg-cellent April, If you are in need of youth care, please reach out to us, we have openings! We offer full day childcare on non-school days. We will be open April 17&18 (conference days) for full day childcare this month. We pick up your student(s) at Nehalem Elementary school at the end of each school day and are open until 5pm. Cost is \$6 a day per child. This includes a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, etc.) If interested, please reach out to Angie or Kiley at NCRD by phone, email, website, or just stop in. To preregister and prepay, contact the Welcome Center.

Scholarship applications are available upon request. Scholarships for students are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year. Please let any youth center staff or the Welcome Center know if this is a need, and we will get you a scholarship application. (www.ncrd.org/friends)

-Youth Sports-

Futsal has started and will run through April 25th. We will meet in the NES gym on Tuesdays and Thursdays from 4:30-5:30. If you have a registration on file at NCRD, just call or email. Soccer will begin at the end of April, be on the lookout for fliers to come home early April. We are in need of coaches, please let me know if you are available, no experience needed.

angiet@ncrdnehallem.org kileyk@ncrdnehallem.org

- Summer Youth -

Summer Youth childcare is open and registering now. Summer Camp and Field Trip registration will open April 21st. Watch for fliers to come home this month.

NCRD Aquatics Center

NCRD Aquatic Spring Schedule 2025

Come Celebrate the old Pool as we prepare to open the new Aquatics Center, we are inviting EVERYONE that learned to swim at the Nehalem Pool to join us for special Second Saturday Swims. NCRD POOL FAMILY SWIMS IN LEGACY POOL!!

2nd Saturday's APRIL 12th, MAY 10th, JUNE 14th 2025 1:00pm - 3:00pm.

RSVP to: pool@ncrdnehalem.org or suedg@ncrdnehalem.org

It's FREE!! Check website: ncrdnehalem.org

FRIDAY NIGHT FAMILY SWIM CONTINUES SPRING 2025

6:00PM - 7:30 No reservations necessary

Adult(s) please accompany your children \$2 per student and \$6 per adult

Questions: pool# 1-855-444-6273 suedg@ncrdnehalem.org

WEDNESDAY WATER PLAY(WWP) WILL BE BACK APRIL 16, 2025

8 WWP's April 16,23,30 May 7th, 14th , 21th , 28th June 4th 2:45 - 4:00 (arrive early at pick-up for bathroom supervision) Free choice water time after school, games and equipment available. Offered to student's 1st thru 5th grades.

IMPORTANT

Due to past shenanigans in the bathroom post WWP the Aquatics team is requesting that parents come inside building to pick up students and monitor them in the dressing rooms. In order to provide a safe water experience, the lifeguards focus on water and activity in the natatorium, not restroom behavior. We appreciate your attention and consideration to this situation and look forward to seeing you all soon. There will be an informative flyer that will go out in April (second week).

WE ARE HIRING!



WE HAVE 2 FULL TIME POSITIONS OPEN

- SPECIAL EDUCATION INSTRUCTIONAL ASSISTANT
- GENERAL EDUCATION INSTRUCTIONAL ASSISTANT

Full benefits, paid time off, summers and weekends off.

- Must be able to pass ODE criminal background check, and pre-employment drug screen.
- Must have good work attendance with previous employers.

**Apply online at
nknsd.org
or call our principal, Kristi Mills@
503.355.3650 for more info.**

NKN District Job Openings

Click button to access and apply for open positions.

**SUPPORT OUR
SCHOOLS!**

**Become an ESS
Substitute**



**SCAN
ME TO
GET
STARTED!**



Amy Cram

Amy is using Smore to create beautiful newsletters