



# UNITED INDEPENDENT SCHOOL DISTRICT INFORMATIONAL ITEM

**TOPIC:** Discussion and presentation regarding Mental Health Awareness Month and UISDs Resources, Programs, Commitment and Support Systems available to address Mental Health

**SUBMITTED BY:** Javier Montemayor and Dianelle Martinez **OF:** Board of Trustees

**APPROVED FOR TRANSMITTAL TO SCHOOL BOARD:** \_\_\_\_\_

**DATE ASSIGNED FOR BOARD CONSIDERATION:** \_\_\_\_\_

## Mental Health Awareness Month Districtwide Activities

- \*Texas Child Health Access Through Telemedicine (TCHAT) – Districtwide Services
- \*4 LPCs – 1 per feeder pattern – work with post hospitalization students and implement a Variety of activities with students and teachers
- \*LCDCs conduct classroom presentations on Substance Abuse and Mental Health and Present to different Departments.
- \*Why ART? 3<sup>rd</sup> Grade Students – 3 campuses only
- \*Mental Health Awareness Calendar –sent out district wide
- \*Proclamation by Judge Tano Tijernia – 5.6.25
- \*Mental Health Awareness Week – May 12<sup>th</sup>-16<sup>th</sup>
- \*School Counselors conducting presentations on Mindfulness, healthy social interactions, Self-Care
- \*Outside Agencies conducting presentations in classrooms (SCAN, Border Region, Westcare).
- \*Empowerment Event with Area Health Education Center (AHEC) – 5.22.25 – Districtwide Event (SAC Auditorium 5:30 p.m. – 7:00p.m.)
- \* LPC are working on a landing page with resources for Mental Health which will be Located on the UISD Guidance and Counseling website.
- \* Next year