

SPEED

Continuing Education Opportunities Academy (CEO) is offering a series of professional development opportunities for administrators, certified staff and paraprofessionals.

The purpose of the SPEED CEO Academy is to provide quality and innovative courses that will promote professional growth among staff.

These workshops will enable staff to work more efficiently and effectively with students utilizing best practices in the field of education.

**SPEED member districts:**

**No cost to attend this Academy**

Participants must attend the first two sessions of this Devereux Training in order to be trained in the Personal Emergency Techniques. Staff that have completed all three sessions will be provided with a Certificate of Completion that allows them to use the techniques learned. This certificate does not allow the trained participants the ability to train others. Staff using these techniques must be trained by and official Devereux trainer.

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**To register, please go to our  
SPEED website [www.speed802.org](http://www.speed802.org)**

**Click on this link:  
Devereux Training**

Questions or need more information  
email or call:  
Janet DeBruin, Devereux Trainer and  
Coordinator of District Programs & Services  
[idebruin@speed802.org](mailto:idebruin@speed802.org)  
708-481-6100 ext. 3578

SPEED MEMBER DISTRICTS

- 144 Prairie-Hills
- 153 Homewood
- 161 Flossmoor
- 162 Matteson
- 163 Park Forest
- 167 Brookwood
- 168 Sauk Village
- 169 Ford Heights
- 170 Chicago Heights
- 172 Sandridge
- 194 Steger
- 201U Crete-Monee
- 206 Bloom Township
- 227 Rich Township
- 233 Homewood-Flossmoor

**SPEED S.E.J.A. #802**

**cordially invites  
you to attend**



*Inspiring hope. Empowering lives.*

**3-Day Training**  
**Safe & Positive Approaches**  
**Training Programs**

**November 5, 2015**  
**November 12, 2015**  
**November 19, 2015**  
**8:30am - 3:30pm**

**CPDU credits available**

**Workshop Location:**  
**SPEED**  
**1125 Division Street**  
**Chicago Heights, IL 60411**  
**(Central Office entrance)**



### Day 1 - Part 1

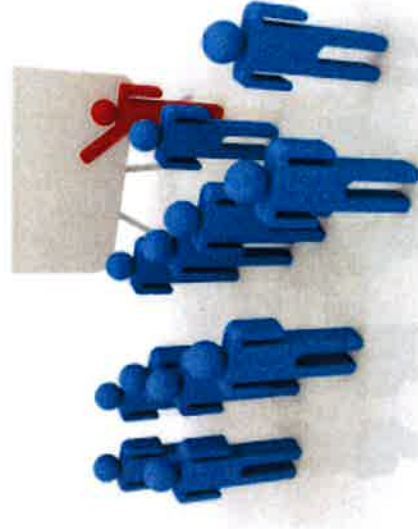
#### Staff Effectiveness Training

November 5, 2015

*Staff Effectiveness Training* provides strategies of preventing and limiting crisis situations, methods of intervening using a non-physical approach, and an examination of staff behavior and its effect on the individuals served. Applying the concepts of positive behavior support and trauma-informed care, the program presents guidelines for positive interactions, antecedent strategies for preventing crisis, de-escalation techniques, relaxation strategies and counseling skills for crisis prevention.

#### Core Learning Activities:

- Analysis of Staff Behaviors
- Guidelines for Positive Interaction
- Preventing Crisis Situations
- De-Escalation Techniques



### Day 2 - Part 2

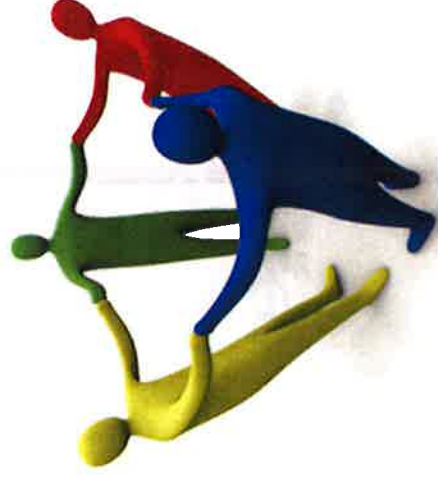
#### Safety Techniques Training

November 12, 2015

*Safety Techniques Training* presents safe and effective physical intervention techniques that are used in situations in which someone is being physically threatened or harmed and verbal intervention alone is not effective. *Safety Techniques* provide staff members with passive, evasive movements that protect and minimize the risk of injury to themselves, the individual and others.

#### Core Program Components:

- Four Basic Principles
- Deflection Techniques
- Grab Releases
- Bite Releases
- Hair-pulling Controlling Techniques
- Choke Releases



### Day 3 - Part 3

#### Personal Emergency Interventions Training

November 19, 2015

*Personal Emergency Interventions Training* provides staff with safe and effective control procedures used as a last-resort in emergency crisis situations when less-restrictive options are neither designed to minimize the risk of injury or not cause pain. In addition to the physical procedures presented, the program emphasizes the importance of preventive strategies that reduce and eliminate the use of physical restraint.

#### Program Components:

- Critical Issues in the Implementation of PEI
  - Guidelines in the Use of *Personal Emergency Interventions*
  - Signs of Distress and Injury
  - Guidelines for the Termination of Restraint
- PEI Skill Set #1
  - Safety Escort
  - Two-Person Secured Escort
  - Two-Person Two-Arm Control Escort
  - Two-Arm Control Assist
  - Safety Assist
  - Bear Hug Control
  - Assist-from-the-Wall
  - Extended Arm Assist
  - Intervention when Two Individuals are Fighting
  - Standing Restraints
- PEI Skill Set #2
  - One & Two-Person Assists-to-the-Floor
  - Seated Floor Restraints
  - Chair Restraint
- PEI Skill Set #3
  - Three-Person Assist-to-the-Floor
  - Supine Restraints
  - Three-Person Carry