



# FORT VANNOY NOBLE NEWS

We are a responsible and caring community of learners.

Alicia Timbs, Principal

February 2019

## February 2019



1<sup>st</sup>- Clerical Day—No School for Students 

2<sup>nd</sup>- Groundhogs Day 

4<sup>th</sup>- Vision Screening-  K,1<sup>st</sup>,3<sup>rd</sup>, 5<sup>th</sup> grade  
2<sup>nd</sup> & 4<sup>th</sup> w/referrals

5<sup>th</sup>- Noble Lego Robotics -2:10 pm to 4:00 pm 

7<sup>th</sup>- 3<sup>rd</sup> gr Tree Planting Fieldtrip 10:30 to 1:30 

11<sup>th</sup>- PTO Meeting 2:15-room 11

13<sup>th</sup>- Battle of the Books Competition—  
8:00 am to 9:30 am-classrooms



3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grades



14<sup>th</sup>-  Valentine's Day –Class Parties 

Happy 160<sup>th</sup> Birthday Oregon



18<sup>th</sup>- Presidents' Day-No School for all 

20<sup>th</sup> - Immunization Exclusion Day 

26<sup>th</sup>- 1<sup>st</sup>- Scholastic Book Fair-Library

28<sup>th</sup> –Family Reading Night-- 6:00 pm to 7:00 pm



### A Note from the Principal . . . Alicia Timbs



We have made it through the holiday season and it seems that Spring is right around the corner. I thought I would take a minute to fill you in on a few things around the school!

Some families have been receiving "Letters of Concern" or "Excessive Absence" letters. These letters are meant to communicate with you the total number of days your child has missed school. While we always appreciate you calling the school to let us know your child will be absent, these letters keep track of the total number of days your child has missed, regardless of the reason. If you ever have any questions or concerns about a letter you have received, please do not hesitate to give me a call or stop by my office.

As always, if I can do anything to support your student or family, don't hesitate to let me know!



Mrs. Timbs

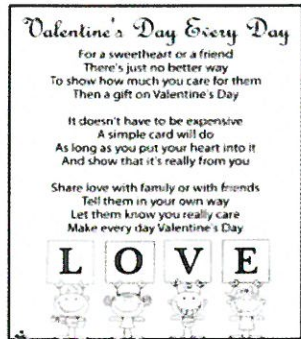
### EXCLUSION

### IMMUNIZATION NOTIFICATION

If you received a notice by mail stating that your child is lacking certain shots, please remember that all updates must be on file in the office before **February 20, 2019**. If not, your child will be excluded from school until all shots are updated.



From the Desk of . . .  
..Dawn Roeske, First Grade Teacher



Did you know . . .

Americans probably began exchanging hand-made valentines in the early 1700s. In the 1840s, Esther A. Howland began selling the first mass-produced valentines in America. Howland, known as the "Mother of the Valentine," made elaborate creations with real lace, ribbons and colorful pictures known as "scrap." Today, according to the Greeting Card Association, an estimated 1 billion Valentine's Day cards are sent each year, making Valentine's Day the second largest card-sending holiday of the year. (An estimated 2.6 billion cards are sent for Christmas.) Women purchase approximately 85 percent of all valentines.



### CALLING ALL VOLUNTEERS

Fort Vannoy encourages all parents, grandparents and community members to volunteer at our school. Please go to the district website:

[www.threerivers.k12.or.us](http://www.threerivers.k12.or.us)

Go to the District drop down tab and select Volunteer Information and complete the form. After you are approved to be a volunteer, which could take up to two weeks, please come to the office and sign in on the laptop computer located on Mrs. Verser's counter



## Happy 160<sup>th</sup> Birthday Oregon

**Name:** Oregon's 160th Birthday Celebration at the State Capitol

**Date:** February 16, 2019

**Time:** 10:00 AM - 2:00 PM

**Website:** <http://www.oregoncapitol.com>



A family enjoys an interactive display at State of Oregon's Birthday Celebration at the Capitol.

### Event Description:

Join us for our birthday party, complete with fiddlers, a covered wagon, blacksmiths, costumed interpreters, activities for the entire family and, of course, birthday cake! FREE.

Learn more at [www.oregoncapitol.com](http://www.oregoncapitol.com)

## BATTLE OF THE BOOKS



The "Battle" will begin on the 13th of February in classrooms, from 8:00 am to 9:30 am. Third, fourth and fifth graders will be competing in this exciting event. Each team has been reading several books, such as; *Pip Bartlett's Guide to the Magical Creatures*, *the Hero's Guide to Saving your Kingdom*, *A Whole New Ball Game*, *Book Scavenger*, and *the Wild Robot Roller Girl*, in order to do their very best. The "Battle" is a different format this year, look for more information to follow.



TO CHECK OUT FORT VANNOY EVENTS GO TO:  
[threerivers.k12.or.us](http://threerivers.k12.or.us)

Click on schools and then click on Fort Vannoy and pull up the calendar. There is also a fort Vannoy Facebook page. Simply type in Fort Vannoy Elementary and find our Facebook page. Lots of information and pictures.



## THREE RIVERS SCHOOL DISTRICT NEWSLETTER

Want to read what's happening in your school district? Check out the new monthly

Three Rivers Tidings at:

[threerivers.k12.or.us](http://threerivers.k12.or.us)

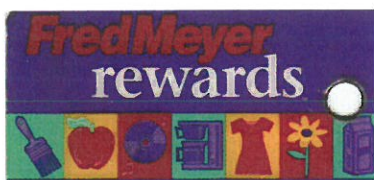
Find it under "Quick Links" the District News"

## BREAKFAST/SNACK/LUNCH

### PROGRAM

---Just a reminder

HEALTHY, NUTRITIONAL BREAKFAST, SNACK, and LUNCH are available, at no charge for all students.



Shopping at Fred Meyer really pays off! Community Rewards where shopping and giving unite. Earn Donations just by shopping and using your Fred Meyer Rewards Card. Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to:

FORT VANNOY ELEMENTARY SCHOOL  
AT

[www.fredmeyer.com/communityrewards](http://www.fredmeyer.com/communityrewards)

You can search for us by name or by non-profit number---90758

**\$112.10** was earned this quarter.

# Box Tops for Education



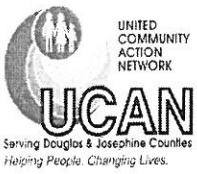
EVERY LABEL COUNTS!  
SAVE-SAVE-SAVE!

Please remember to turn in your Box Tops for Education labels with your child's teacher's name on the envelope. Mr. Kriz's class has an outstanding lead—but—they can be caught!

Mrs. Cunha- 92  
Miss Krull- 182  
Mrs. Roeske- 188  
Mr. McNew-104  
Mrs. DeVore-160  
Miss Evans-261  
Mr. Kriz- 305  
Mr. Biencourt-127  
Mrs. Mohr- 48  
Mrs. Anderson- 205  
Mr. Standley- 147  
Total—1819

Check out the Box Tops App for more ways to earn Box Tops. A full blown "SURPRISE" for the winning class at the end of the year is in the works!





# STAND UP AND BE COUNTED

## January 30st 2019 Annual Point In Time Homeless Count & Homeless Connect

### DO YOU:

Sleep in your car? Live out of doors? Stay with family or friends? Couch surf? Stay in shelters? If You Are Homeless this is YOUR Opportunity To **CONNECT** with service providers in one location. Individuals in Need of Safe, Permanent Housing are determined by this community intake and all information will be completely **CONFIDENTIAL** and **ANONYMOUS**. Resources will be made available to you at Homeless Connect Provider Stations identified below.

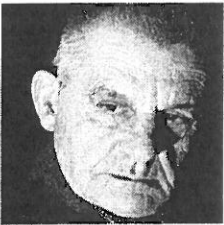
**VETERANS**



BE A PART OF THE SOLUTION

# END HOMELESSNESS

**CHILDREN**



**SENIORS**

**Disabled**



**FAMILIES**

**THROWN AWAY**

## IT COULD HAPPEN TO ANY OF US

**HUNGRY**



**Chronically Ill**

# Home & School

Working Together for School Success

CONNECTION®

February 2019

Fort Vannoy Elementary School



## SHORT NOTES

### A parenting mission statement

Can you name the three most important things to you as a parent? Putting them in writing will help to guide your parenting. Fill in the blank in the sentence, “I’m raising a child who \_\_\_\_” (“is kind to others,” “works hard in school”).

### Find learning treasures

A secondhand store offers more than clothing and household items—you can find learning tools there, too. Help your youngster look for gently used books or board games (check to make sure all the pieces are there). He might also find magnetic letters or numbers, arts and crafts supplies, and small whiteboards or chalkboards.

### Practice cursive

If your youngster is learning cursive, suggest creative ways to practice. She could make nameplates for family members’ bedroom doors or write greeting cards and thank-you notes in cursive. *Idea:* Encourage her to use cursive when she takes notes in class. It’s faster because she doesn’t lift her pencil off the paper after each letter.

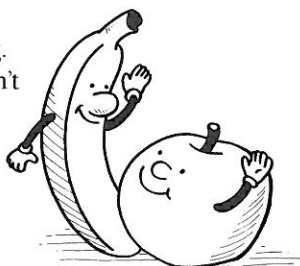
### Worth quoting

“Joy is not in things; it is in us.”  
Richard Wagner

## JUST FOR FUN

**Q:** What did the banana say to the apple?

**A:** Nothing. Bananas can’t talk!



## Embrace empathy

When Claire notices a classmate on crutches struggling with his books, she senses his frustration and offers to help. She has empathy—she can understand and share others’ feelings. Build empathy in your child with these ideas.

### Read feelings

Learning to identify other people’s emotions is the first step toward feeling empathetic. Take turns acting out a feeling for family members to guess. For example, open your eyes and mouth wide to show fear. Or slump your shoulders and look down to display sadness. *Variation:* Draw faces on paper plates, and guess the emotions.

### Create an “empathy identity”

Notice ways your youngster shows that she cares how people feel. You might say, “I can tell you feel bad that your brother is sick. It was nice of you to bring him a blanket.” You could also point out others



showing empathy, too—in real life and in books and movies.

### Respond appropriately

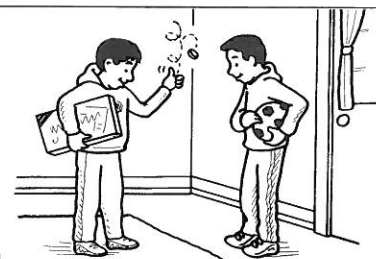
When someone is having a hard time (say, a friend’s parents are getting divorced), your child may not know what to say. The good news? Sometimes people just want another person to listen and express empathy. Brainstorm honest responses like “I’m not sure what to say, but I’m glad you told me,” or “I’m sorry this is happening. I’m here if you want to talk.”♥

## Let’s collaborate!

Knowing how to collaborate with classmates will help your youngster work well and learn in a group. Try these tips to practice collaboration skills at home.

**Balance speaking and listening.** During family discussions, give each person a chance to talk. Your child should listen carefully so he can acknowledge what everyone says and build on their ideas. (“I liked what you said about \_\_\_\_\_. I think \_\_\_\_\_.”)

**Encourage compromise.** If your youngster has a disagreement with a sibling or friend, such as whether to play indoors or outdoors, think of it as a learning opportunity. Ask them to think of a way they could both feel satisfied, perhaps by doing a jigsaw puzzle outside at a picnic table. Or they might flip a coin to decide which to do first.♥



## Mix-it-up study methods

Fresh techniques will breathe new life into your child's study sessions. Share these ways to add variety and help him stay motivated.

### Create a mural

Suggest that your child hang a big sheet of paper on a wall. On it, he can write and illustrate facts, concepts, and procedures he's studying. Say his math test includes rounding numbers, he might write the rule ("If a number ends in 5–9, round up") in big orange letters across the bottom and add examples



in green going sideways up the mural. Let him design a new panel for each subject. He'll have a handy study tool—and a colorful piece of art.

### Play with clue cards

Encourage your youngster to make and play a card game with a study partner. He could write each concept on a separate index card and list three clues on the back. For

"electric circuit," clues might include "path," "current," and "conductor." He can shuffle the cards and stack them clue sides up. Players take turns drawing a card, reading the clues, and saying what's on the other side. Keep the card if you're right—the person with the most cards wins.♥

## ACTIVITY CORNER



## Write a picture book

Your youngster can use her imagination to retell a familiar story, then preserve her version in a homemade book! She'll practice experimenting with characters, setting, and plot as she writes.



First, let your child pick a story and think of ways she could put her own twist on it. She might write a plot based on *Charlie and the Chocolate Factory* (Roald Dahl) but use herself and her friends for the main characters. Or maybe she'll pick a story set in another country, such as *Madeline* by Ludwig Bemelmans, and have it take place in the United States.

Next, have your youngster write each sentence or paragraph of her story on a separate sheet of paper and illustrate it. Finally, invite her to read her book aloud to your family.♥

## PARENT TO PARENT

### Boost independence

Coaxing my daughter, Grace, through her routine on school mornings was no easy task. I decided that she needed to become more independent—and that our mornings could be more pleasant. So I've started having her get ready by herself.

I let Grace pick out an alarm clock and showed her how to set it. Then, on her closet door, we posted a list of her morning tasks, including getting dressed, brushing her teeth, and fixing her hair.

Now when we're both ready, we meet downstairs for breakfast before we head out the door. Our mornings are much easier, and I think Grace is proud of her newfound independence.♥



## Q & A Time for a cell phone?

**Q:** My fourth-grader says some of his friends are getting cell phones, and now he wants one. Are cell phones appropriate at this age?

**A:** Most kids this age don't really need a cell phone, since they're supervised by adults who carry phones. And owning a phone, especially one with internet access, is a big responsibility. To decide when to give your son a phone, first think about your family's budget. Also, consider how well he

follows safety rules and takes care of his belongings. Those are good indicators of how he will behave with a phone.

If you feel he's ready, you might start with a lower-cost one with limited features. Then, create guidelines. Perhaps he

may use his phone only to call or text family members and close friends.

Discuss consequences for breaking or losing it. And set times when his phone is off-limits, such as during family meals, in the hour before bedtime, and after lights-out.♥



### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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