

- The Oregon Healthy Teens Survey is conducted on odd numbered years.
- 8<sup>th</sup> and 11<sup>th</sup> grade students throughout the state of Oregon are given this survey.
- The survey is intended to help address data-driven decisions and health-related barriers to learning.
- The data collected helps identify changes and trends in student populations which helps meet the Title IVA requirements for Safe and Drug-Free School Funding.
- 2013 Survey results were reported in March 2014.

(Oregon Health Authority, 2014)

#### Results:

“Have you ever had sexual intercourse?”

8<sup>th</sup> grade                      “Yes” 10.7%      “No” 89.3%

11<sup>th</sup> grade                      “Yes” 45.2%      “No” 54.8%

“How old were you when you had sexual intercourse for the first time?”

	8 <sup>th</sup> grade	11 <sup>th</sup> grade
“never had intercourse”	89.5%	54.9%
“11 years old or younger”	1.8%	1.1%



"12 years old"	1.8%	1.1%
"13 years old"	4.4%	3.5%
"14 years old"	2.4%	7.1%
"15 years old"	0.1%	13.4%
"16 years old"	0.0	14.7%
"17 years old or older"	0.0	4.2%

"During your life, with how many people have you had sexual intercourse?"

	8 <sup>th</sup> grade	11th grade
"never had intercourse"	89.5%	54.8%
"1 person"	5.2%	19.6%
"2 people"	2.0%	9.2%
"3 people"	1.1%	6.4%
"4 people"	0.6%	3.2%
"5 people"	0.2%	2.1%
"6 or more people"	1.5%	4.8%

"During the past 3 months, with how many people did you have sexual intercourse?"

	8 <sup>th</sup> grade	11th grade
"never had intercourse"	89.6%	54.8%
"have had sexual intercourse, But not during past 3 months"	4.4%	13.5%
"1 person"	4.2%	26.2%
"2 people"	0.7%	3.4%
"3 people"	0.3%	1.2%
"4 people"	0.1%	0.3%
"5 people"	0.0%	0.1%
"6 or more people"	0.7%	0.5%

"The last time you had sexual intercourse, did you or your partner use a condom?"

	8 <sup>th</sup> grade	11th grade
"never had intercourse"	89.4%	54.3%
"Yes"	7.4%	29.7%
"No"	3.3%	16.7%

"The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?"

	8 <sup>th</sup> grade	11th grade
"never had intercourse"	90.9 %	57.8%
"No method was used"	1.5%	3.4%
"Birth control pills"	0.7%	9.6%
"Condoms"	5.7%	20.8%
"Depo-Provera"	0.3%	2.8%
"Withdrawal"	0.5%	3.1%
"Some other method"	0.3%	2.5%
"Not sure"	0.0	0.1%

#### References

Oregon Health Authority. (2014). *2013 OHT State Report March, 2014* (pp. 44–46). Portland, OR.  
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<https://public.health.oregon.gov/BIRTHDEATHCERTIFICATES/SURVEYS/OREGONHEALTHYTEENS/Pages/index.aspx>

Differences between Abstinence-only and Abstinence-advised curricula:

Abstinence-only:

- Plays up fears of STDs and social stigma
- Assumes everyone has same values and beliefs
- Ignores fact that some students will always choose to have sex
- Provides no useful information to sexually active students
- Does not prepare students for healthy sexual practices later in life
- Does not affect teen pregnancy rate or number of students having sex in high school
- Is prohibited in Oregon under OAR Rule 581-022-1440

Abstinence-Advised:

- Offers medically accurate information
- Comprehensive education that stresses abstinence is the only 100% effective method of birth control and STD prevention
- Relies on scientifically proven methods and data
- Realizes that some students will choose to have sex
- Encourages students to be true to themselves and their own values and beliefs
- Teaches students healthy sexual practices but advises them to wait
- Decreases both teen pregnancy rate and number of students having sex in high school
- Is mandated in Oregon under OAR Rule 581-022-1440

### References

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