



AUGUST 1, 2025

Southwest

Independent School District

School Health Advisory Council

Annual Progress Report
To the Board of Trustees

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BACKGROUND

Senate Bill 1, 74th Legislature, Regular Session, 1995, amended Chapter 28 of the Texas Education Code (TEC) by adding Section 28.004. This section requires the establishment of a local school health education advisory council (SHAC). A SHAC is a volunteer advisory council to the school district Board of Trustees. A SHAC is composed of a majority of parents, community leaders, school personnel, and other representatives, as needed. Under TEC Section 28.004, the SHAC's duties include recommending policies, procedures, curriculum, and strategies for health education appropriate for specific grade levels. SHACs can provide invaluable advice to the district on methods to advance student academic performance by promoting, practicing, and coordinating school health education and services. If utilized, SHAC contributions to coordinated school health programming can lead to a greater positive impact on student health and learning.

In addition to providing recommendations to the Board, Section 28.004 requires SHACs to submit a written report to the Board at least once annually. The report must include:

- Any SHAC recommendations not previously submitted to the Board regarding health education curriculum and instruction or related recommendations.
- Any suggested changes to previous SHAC recommendations.
- A detailed explanation of the SHAC's activities since the last annual report.
- Any recommendations made by the physical activity and fitness planning subcommittee.

GOALS, ACTIVITIES, AND ACCOMPLISHMENTS

2024-2025 SHAC GOALS

The SHAC goals for the 2024-2025 academic year were:

- **Review Puberty Education Resources for 5th Grade Boys**
- **Expand Substance Abuse Prevention** - Fully implement fentanyl awareness lessons (Dead on Arrival + CATCH curriculum) and broaden vaping and cannabis prevention programs with district-wide student and parent engagement.
- **Enhance Student Safety Education** - roll-out Ransomed Life (grades 6–12) human trafficking curriculum

2024-2025 SHAC ACTIVITIES AND ACCOMPLISHMENTS

The SHAC met five times this academic year. The meetings included:

- **Adopted Human Trafficking Curriculum** – Recommended and secured Board approval for *Ransomed Life* (grades 6–12) and *Mouse Traps* (grades 3–5) programs.
- **Approved Fentanyl Awareness Curriculum** – Recommended and secured Board approval for CATCH fentanyl awareness lessons and the “*Dead on Arrival*” video for grades 6–12, with parent opt-out provisions.
- **Expanded Vaping Prevention Efforts** – Reviewed DSHS videos, reviewed *You and Me Together Vape Free* curriculum, and confirmed that Guidance and Counseling is currently working on a vaping awareness program.
- **Introduced Puberty Education Programs** – Evaluated *On My Way* (Healthy Futures of Texas) and *Straight Talk* curriculum for 5th grade.
- **Enhanced Mental Health Support** – Presentations on self-harm awareness, suicide prevention, and access to crisis response teams (SMART/MCOT) were shared.
- **Wellness Initiatives** – District introduced the *Warrior Health Challenge* and partnered on the *Kids Teaching Kids 21-Day Healthy Snack Challenge*.
- **Improved Nutrition Standards** – Reviewed healthy vending machine selections, addressed concerns about energy drinks, and expanded food tastings and nutrition education.
- **Strengthened Communication Strategies** – District Communications team shared strategies for parent engagement through newsletters, social media, and the SWISD app.
- **Reviewed Student Insurance Programs** – Provided information on accident insurance coverage for UIL and general student activities.

- **Ensured Policy Alignment** – Reviewed TASB Policy Update 124 regarding parental consent for human sexuality education and AED/CPR instruction requirements.

SHAC RECOMMENDATIONS APPROVED BY THE BOARD OF TRUSTEES

FENTANYL AWARENESS CURRICULUM

Following the passage of *Tucker's Law*, the SHAC voting members in attendance at the August 7, 2024, meeting unanimously recommended that the **CATCH Fentanyl Awareness curriculum**, in conjunction with the "Dead on Arrival" video, be presented during students' advisory periods. The program was designed for students in grades 6–12, with parents were provided the option to **opt-out** of participation.

Districtwide Rollout of the Fentanyl Awareness Program

- Completed in May and April of 2025
- Southwest High School and Southwest Legacy High School completed the requirement during College and Career Readiness
- Cast Stem High School completed it during grade-level presentations.
- Scobee, McNair, McAuliffe, and Resnick completed it as part of a plan they developed to have it done through advisory classes.
- The plan for the upcoming school year is that it will be led by the Guidance & Counseling department, and to have actual counts of students reached.

For more information on TEA - Implementation of Fentanyl Related Legislation, visit <https://tea.texas.gov/about-tea/news-and-multimedia/correspondence/taa-letters/implementation-of-fentanyl-related-legislation>

*<https://capitol.texas.gov/tlodocs/88R/billtext/pdf/HB03908H.pdf>

**Dead on Arrival Video can be found at <https://www.youtube.com/watch?v=iJgPmrLjkuo>

HUMAN TRAFFICKING CURRICULUM

In alignment with TAC § 61.1051, Subchapter EE, the SHAC reviewed and evaluated the **Ransomed Life Human Trafficking Lures & Lies presentation**. At the August 7, 2024, meeting, voting members unanimously recommended that the program be delivered to students in grades 6–12 through assemblies. Because the curriculum falls under human sexuality education, parents were given the option to **opt-in** for their child's participation. The **Board of Trustees approved** this recommendation on August 20, 2024.

At the October 30, 2024, SHAC meeting, Ransomed Life returned to introduce its elementary program, *Mouse Traps*, designed for students in grades 3–5. On December 4, 2024, SHAC members again voted unanimously to recommend this program for delivery in an assembly format. The **Board of Trustees approved** the elementary curriculum on December 10, 2024.

Districtwide Rollout of Human Trafficking Prevention Programs

SWISD Counseling Department Directory 2024-2025						
HUMAN TRAFFICKING PRESENTATION - RANSOMED LIFE						
Campus		Ransomed Life Presentation	SCHEDULED DATE(S)	Number of Presentations	Total Number of Students	NOTES
Elementary Campuses						
107	Big Country	Mouse Traps	**	N/A	N/A	** Counselor did NOT schedule and he left early before end of year
104	Bob Hope	Mouse Traps	May 22, 2025	3	194	
108	Elm Creek	Mouse Traps	May 6, 2025	1	85	
106	Hidden Cove	Mouse Traps	April 29, 2025	1	83	
103	Indian Creek	Mouse Traps	May 27, 2025	3	93	
109	Kriewald Road	Mouse Traps		2	212	
111	Medio Creek	Mouse Traps	May 19, 2025	1	116	
105	Sky Harbour	Mouse Traps	May 23, 2025	1	78	
101	Southwest	Mouse Traps	May 7, 2025	3	215	
110	Spicewood Park	Mouse Traps	May 16, 2025	1	115	
102	Sun Valley	Mouse Traps	May 6, 2025	1	75	
Middle School Campuses						
042	McAuliffe MS	Lures & Lies	May 9, 2025	1	60	
041	McNair MS	Lures & Lies	May 13, 2025	1	78	
044	Scobee MS	Lures & Lies	May 22, 2025	1	112	
045	Resnik MS	Lures & Lies	May 20, 2025	1	15	*Parent Evening Session
High School Campuses						
001	SWHS	Lures & Lies	May 5, 2025	1	50	
005	SWLHS	Lures & Lies	April 14, 2025	1	100	
006	CAST STEM	Lures & Lies	January 9, 2025	1	90	
	SW Crossroads	Lures & Lies	November 6, 2024	1	35	

The Texas Education Agency (TEA) amended its child abuse prevention, mandatory reporting, and training requirements to include human trafficking in alignment with updates to state law concerning the definition of child abuse and neglect (TAC § 61.1051, Subchapter EE, Commissioner's Rules on Reporting Child Abuse or Neglect, including Trafficking of a Child).

<https://tea.texas.gov/about-tea/news-and-multimedia/correspondence/taa-letters/human-trafficking-prevention-month>

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2025-2026 SHAC GOALS

The SHAC goals for the 2025-2028 academic year are:

- **Identify and recommend 2–3 puberty education curricula** tailored for 5th grade boys.
- **Strengthen vaping prevention efforts** by ensuring awareness programs and education are emphasized across campuses.
- **Complete the rollout of fentanyl awareness initiatives** to students in grades 6–12.
- **Launch a student-led podcast** focused on key health and safety topics, including mental health awareness, social media safety (human trafficking), healthy eating and nutrition, vaping awareness, and fentanyl awareness.

CONCLUSION

Since the establishment of the SHAC from Section 28.004, SHACs' responsibilities and their importance in making a positive impact on student health and learning has grown significantly. This document serves to fulfill the legislative requirement that mandates SHACs to submit a written report to the Board at least once annually. We hope that, with this report, the Board and SHAC can continue to work together to support the health and well-being of the students. Please refer to the attached recommendations to implement Fentanyl Awareness and add Human Trafficking to the existing Human Sexuality education curriculum