

PORTUGAL Lisbon - Sintra - Cascais -Coimbra - Porto

DANIEL HAND HIGH SCHOOL APRIL 9 - 16, 2026 8 DAYS

Jennifer Page *Tour Consultant*

☐ jennifer.page@prometour.com



Board your ${f flight}$ from ${f New York}$ and beging the journey to ${f Portugal}$.

Friday 10-Apr-2026

DAY 2:LISBON



Bem-vindo a Portugal!

Meet your **Prometour Tour Director** at the arrivals section of the **Lisbon airport**.

Transfer by **motor coach** to the hotel to drop off your luggage, check-in will be later.

While in Lisbon, do as the locals do by **walking** and **taking public transportation** to get around the city. (tickets included)

Have lunch on your own.

(location and time to be determined by your Prometour Tour Director and Group Leader)

With your **Tour Director**, discover the timeless allure of **Lisbon**, Portugal's captivating capital, where ancient history and vibrant culture intertwine amidst cobblestone streets, historic neighborhoods, and picturesque vistas.

Head to the **Portos do Sol** viewpoint, its open terrace is the most photographed viewpoint in Lisbon.

Have dinner with your group in a local restaurant.

Overnight accommodation in Lisbon. Example: Fenicius Charme Hotel (or similar)



Discover the **Mosteiro dos Jerónimos**, a masterpiece of Portuguese Manueline architecture and a UNESCO World Heritage site. The monastery's church houses the tombs of Vasco da Gama, the famous explorer, and Luís de Camões, Portugal's most famous poet. (**non-guided**)

See the **Padrão dos Descobrimentos**, a monument dedicated to Portugal's maritime discoveries. (**photo stop**)

Discover the **Belém Tower**. Built in the 16th century, it marked the beginning of a voyage for Portuguese explorers being the last sight of land they saw when heading out to sea. (non-guided)

Have lunch on your own.

(location and time to be determined by your Prometour Tour Director and Group Leader)

Journey through history at **Sao Jorge Castle**. Dating back to the 9th century, this historic symbol of the city, perched at the top of Lisbon's highest hill, houses a museum and the remains of royal palace. (**guided**)

Spend time in the *Barrio Alfma*, Lisbon's oldest and most picturesque neighborhood. Its steep streets are lined with shops selling traditional crafts and cafes. (**non-guided**)

Have dinner with your group in a local restaurant.

Overnight accommodation in Lisbon.

DAY 4:LISBON Sintra + Cascais



Enjoy breakfast at the hotel with your group.

Board your motor coach and make your way to your next activity.

Discover the **Sintra's** magnificent **Palácio da Pena**, a 15th-century monastery and former royal summer residence. Its vividly painted terraces, ornamental battlements and statues of mythological creatures has inspired many writers and poets. (**guided**)

Join your Tour Director for a local treat: **Queijada de Sintra**, it's similar to a cheesecake.

Have lunch on your own.

(location and time to be determined by your Prometour Tour Director and Group Leader)

Stop at **Cabo da Roca**, mainland Europe's westernmost point, offering stunning ocean views, rugged cliffs, and a historic lighthouse. (**photo stop**)

Have time to explore **Cascais**, a former fishing village that gained fame as a resort for Portugal's royal family in the late XIX century. (**non-guided**)

Board your **motor coach** and return to **Lisbon**.

Have dinner with your group in a local restaurant.

Overnight accommodation in Lisbon.



Participate in a **cooking class** to prepare delicious and **traditional Portuguese dishes** such codfish fritters and *pasteis de nata*.

Have lunch on your own. (location and time to be determined by your Prometour Tour Director and Group Leader)

Take a ride on Lisbon's **Tram No. 28**. It's a 40-minute discovery through old neighbourhoods such as Graça, Alfama and Baixa, passing by historical highlights, including the cathedral and the castle. *Todos a bordo!* (**non-guided**)

Have dinner with your group in a local restaurant.

Experience the soul-stirring melodies and heartfelt lyrics of Portugal's traditional **fado music**.

Overnight accommodation in Lisbon.

DAY 6:LISBON- PORTO Coimbra



Enjoy breakfast at the hotel with your group.

Board your **motor coach** and make your way to your next activity.

Stop in **Coimbra**, birthplace of six kings and home to Portugal's oldest university.

Have free time to explore **Coimbra's** Arab-influenced **old town** (*Baixa*) with its maze of narrow streets, timeworn shops, and tiny *tascas* (eateries), or head to the its vibrant Mercado Municipal. (**non-guided**)

Have lunch on your own.

(location and time to be determined by your Prometour Tour Director and Group Leader)

Avoid the steep climb up to the University of Coimbra by using a combination of a **lift** and a **funicular**. It's a unique way to travel with great views in the process. (round trip journey)

Visit the **Universidade de Coimbra**, one of only five in the world listed as a World Heritage Site. See what remains of the Royal Palace, the ornate Chapel of St.Michael , its iconic clock tower and the magnificent gold-covered library. (**guided**)

Board your **motor coach** and continue on to **Porto**, a coastal city in northwest Portugal known for its stately bridges and Port wine production.

While in Porto, do as the locals do by **walking** and **taking public transportation** to get around the city. (tickets included)

Have dinner with your group in a local restaurant.

Overnight accommodation in Porto.

Example: Porto Coliseum Hotel (or similar)



Discover the majestic **Porto Cathedral** (*Sé do Porto*), the city's most important religious building. This 12th century landmark, perched on a hilltop offering breathtaking views, features a beautiful cloister adorned with blueand-white *azulejos* (tiles) and an impressive rose window. (**non-guided**)

A **walking tour** of Porto's enchanting **Ribeira district** with its historic narrow cobble-stone streets and colorful buildings, reveals the city's rich heritage and vibrant atmosphere. (**guided**)

Have lunch on your own.

(location and time to be determined by your Prometour Tour Director and Group Leader)

Explore **Porto** at your own pace. Stroll along the waterfront, explore charming alleyways looking for photo-worthy opportunities, or visit a vibrant market. Porto has something for everyone. (**non-guided**)

Have dinner with your group in a local restaurant.

Overnight accommodation in Porto.



Transfer by **motor coach** to the **airport**.

Say a fond *adeus* to your Prometour Tour Director.

Board your **flight** from **Porto** and begin the journey to **New York**.

PRICE PER PERSON SHEET

This is a privately operated tour - you will not be combined with another group

Student Price Per Person

24 participants 3 390 USD

20 to 23 participants 3 490 USD

18 to 19 participants 3 590 USD

STUDENT GROUP
PLUS PLAN + 195 USD
(cancellation)

SUPPLEMENTS

PAYMENT SCHEDULE

Based on Dates of Travel

Twin Room \$ 360 per person

10-Jun-2025 \$ 500 per person

Single Room \$ 720 per person

+ applicable optional insurance upgrade

Adult Activity \$ 120 per person

+ Prometour processing fee

Insurance Plus Plan - Adult \$ 255 per person

Insurance Plus Plan - Student \$ 195 per person

30-Jul-2025 \$ 850 per person

OPTIONAL ADDITIONAL COVERAGE covering group travel dates.

Prométour is pleased to provide the Student

Essentials plan 10-Sep-2025 \$ 850 per person

from Travelex Insurance Services for all participants. Information for this included coverage can be found in the Student Essentials product flier here.

30-Nov-2025 \$ 850 per person

For your convenience, we offer a travel insurance plan for additional benefits through Travelex Insurance Services. You will have the option to purchase this coverage. For more information and rates, refer to the Student Group Plus flyer here.

10-Jan-2026 Balance (determined by final group size)

Travel Insurance is underwritten by Zurich American Insurance Company, (NAIC #16535). Any person who knowingly presents Deposit is 100% refundable until the group has been confirmed to travel by your Group Leader.

a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Please check with your credit card company and/or financial institution for any extra applicable fees.

Please visit travelexinsurance.com/company/fraud-warning to view the state specific fraud warnings or call 844.825.1716.

This trip is quoted as a student tour, prices are subject to

increase if number of adults exceeds 30% of group size.

PRICE INCLUDES

PRICE DOES NOT INCLUDE

Student Group	Essentials	Plan	covering	group
dates of travel				

Student Group Plus Plan

Refer to complete policy for all insurance details.

Cancellation

Cancel For Any Reason (CFAR) - NY State residents not eligible

Transportation

Round trip airfare* New York / Lisbon / - Porto / New York

Transportation

Motor coach transfer: airport / hotel x 2

Motor coach transfer: Your School / Airport x 2

Airline baggage charges according to their policies

Full-day motor coach service x 2 days

Associated destination departure taxes

Lisbon public transportation tickets as required by the program

-dependent on destination and airline

1 Cooking class with snacks

	Accommodation		
Accommodation	Applicable damage deposits to be in paid in cash at hotel		
4 nights at a quality hotel in Lisbon			
2 nights at a quality hotel in Porto	Meals		
3-star standard	Meals that are not indicated in the daily program		
Students: multiple occupancy	Tips		
3 & 4 per room, by gender, single beds not guaranteed	It is customary to tip as a token of appreciation. Tips not indicated in the included section are ultimately at your discretion, such as but not limited to:		
Meals			
6 Breakfasts	Prometour Tour Director \$ 6 per day, per person		
5 Dinners	EU Motor Coach Drivers \$ 3 per day, per person		
1 Dinner with Fado music	US Motor Coach Drivers \$ 3 per day, per person		

1 Snack: Queijada de Sintra

Destination Activity Guides \$ 2 per activity, per

person

Tipping amounts are based on industry standards.

Restaurant meals are a group menu with 1 nonalcoholic beverage + a vegetarian option

Other

Activities / Sightseeing

Personal spending money

All aforementioned visits, activities, tours and admissions

Costs associated with travel documents, visas, medical testing, vaccinations, or other as required by your destination(s) or home country

Prometour Tour Director (PTD) / Local Activity Guides

Local city / activity guides as indicated in the program

Costs associated with changes to itinerary due to unforeseen circumstances including but not limited to: pandemics, epidemics, natural disasters, or other

Service of a dynamic bilingual PTD x 7 days

Prometour processing fee (\$45) - trips with flights

Other

Applicable service fees, taxes and FICAV contribution

NOTES

These prices are based on current seasonal rates. This program may be subject to price revision 11 months prior to return date.

*AIRLINE FUEL SURCHARGE (already included in these prices): Airlines have the legal right to impose fuel surcharges to tickets even after bookings have been made. Departure taxes and airline fuel surcharges at time of this quote = \$550

*Flights can be researched and booked within 11-months prior to return date and confirmed once the 1st deposits are received.

Direct flights are not guaranteed. Flight times are subject to airline-imposed schedule changes outside of Prométour's control.

*Small / regional airports may have a maximum group size capacity. The group may be required to be split and placed on different flights.

Live Performance / Special Event / Cirque du Soleil / Broadway / West End / Sporting tickets (or similar) are subject to availability and purchased tickets are non-refundable. The cost of the ticket may be added to any applicable cancellation fees.

The final itinerary may differ from this version. When a scheduled activity or tourist site is not possible, Prométour will make every effort to minimize inconvenience by adjusting the itinerary or replacing the item with a suitable alternative.

Special requests such as: specific hotels, restaurants, activities, Tour Director, daily scheduling etc. are subject to availability.

Prométour reserves the right to alter your itinerary before or during your tour for reasons including but not limited to: severe weather conditions, government restrictions, holidays, special events, or other unforeseen circumstances.

Prométour's Green Initiative!

Prométour's target is to be a 100% carbon neutral company. Complimentary CO2 offsetting is included on all tours with bus or air transportation.

EXCHANGE RATE Prometour has quoted this package at an exchange of 1 EUR = 1.10 USD

→ TERMS & CONDITIONS

Prometour Educational Tours

339 rue Saint-Paul East, Montreal, Quebec, H2Y 1H3, Canada

www.prometour.com

info@prometour.com

USA: 1-800-304-9446 / CAN: 1-800-657-7754

