



FORT VANNOY NOBLE NEWS



We are a responsible and caring community of learners.

Alicia Timbs, Principal

March 2020

CALENDAR OF EVENTS

2020 March 2020

1st-Classified Appreciation Week
Dr. Suess' Spirit Week

2nd- Dr. Seuss' Birthday 

4th- SPRING picture day 

District Science Fair 

6th- Science Fair Open House 6:00 pm - 8:00 pm

8th- Daylight Savings Begins 

9th- PTO Meeting @ 2:00 pm

11th- Scholastic Book Fair Begins (see flyer)

14th- A Night of Knights-NVHS Auction/Dinner
Doors open at 5:30-Flower Building

17th- St. Patrick's Day—Wear Your Green 

22nd – Earth Day- 

hello hello hello hello hello
Spring! Spring! Spring! Spring! Spring!

23th-27th- SPRING BREAK

March 30th- School Resumes

1st- April Fool's Day-



ROTARY STUDENT OF THE YEAR



EDEN BOLEN



What I appreciate most about Eden is her willingness to help. She is willing to jump in whenever needed, whether it is setting up for Jog- A- Thon or helping walk kindergarteners out at the end of the day. She is consistently kind and caring to all, both students and staff. She truly embodies the noble spirit of Fort Vannoy.

Mrs. Timbs, Principal

What can be said about Eden that has not already been said many times before? Eden is an exceptional listener, learner and leader. She quietly stands out in a crowd. Eden is always working toward bettering herself. She is a fierce competitor with great compassion for others. I can't wait to see where she lands in life. I am sure whatever it is she will succeed in it.

Mr. Standley, 5h grade teacher

Eden Bolen is Fort Vannoy Elementary school's Rotary Student of the Year for 2019-20. What a fantastic choice. Eden was in my class for fourth grade and I have to say that it was a great pleasure to have been involved with her learning here at Fort Vannoy. As so many here at the Fort know, Eden as a person is a wonderful blend of amazing intelligence, creativity and good character. Besides being capable in so many things and being hard-working, she also really cares about others and is very encouraging. I think Eden sees life as an adventure that is to be experienced. Eden loves to challenge herself and likes to get involved. She is definitely not a "side-lines" type of person. Eden has a great attitude about things and she radiates happiness. It seems like she always has a smile on her face and an encouraging word for others. Eden has character, personality and style. While it is fun to look back at all the memories of Eden's time at Fort Vannoy and appreciate her, it is hard not to wonder what the future holds for her but one thing you can be sure of is that Eden will contribute and make the world a better place.

Mr. Biencourt 4th grade teacher

Eden is so . . . teachable! She takes in a lesson, be it academic or otherwise, and applies it. She has a growth mindset!

Jim Kriz, 3rd grade teacher

I have had the pleasure of being one of Eden's second grade teachers and her robotics team coach. Eden was and is always eager to learn and try new things. When she encounters an obstacle she takes a moment to ponder and figures out a way around it. I have always appreciated how Eden makes sure others are included in decisions and feel like they are part of the team. Her enthusiasm for doing things and willingness to help out becomes contagious when around her.

Congratulations Eden!

Mrs. DeVore 2nd grade teacher



FUTURE CHEF 2020

Congratulations to our 2020 Future Chef, Kannon Clark, for having his Healthy Comfort Food recipe, Taco Mac, chosen. Kannon will compete at HVHS on Saturday March 21st, with the other finalists.



BATTLE OF THE BOOKS



The "Battle" took place on February 20, 2020.

Each team went head to head answering questions from the many books that they had read. After the dust had settled, two teams went on to the finals. The two teams vying for the title were; EDT and Rodeo Quad. It was a very even battle but coming out on top was Rodeo Quad. Rodeo Quad went on to represent Fort Vannoy at the District Finals, which was held at Madrona Elementary on February 29th. Look for the results in next months Noble News.

District Science Fair

The District Science Fair will take place on March 4, 2020. Look for Fort Vannoy student's results in the next issue of the Noble News.

The Science Fair Open House will take place March 6, 2020 also at the District Office from 6:00 to 8:00 pm. This is a perfect opportunity for family members to visit and see all the great projects that the students created.



SHOPPING AT FRED MEYER REALLY PAYS OFF!
 COMMUNITY REWARDS
 WHERE SHOPPING & GIVING UNITE
 EARN DONATIONS
 JUST BY SHOPPING WITH YOUR FRED MEYER
 REWARDS CARD!

\$114.45
 Earned this quarter

BREAKFAST/SNACK/LUNCH PROGRAM

Just a reminder—HEALTHY, NUTRITIONAL
 BREAKFAST, SNACK, and LUNCH are available,
 at no charge, for all students.



TO CHECK OUT FORT VANNOY EVENTS GO TO:
threeivers.k12.or.us

Click on schools and then click on Fort Vannoy and pull
 up the calendar. There is also a fort Vannoy Facebook
 page. Simply type in Fort Vannoy Elementary and find
 our Facebook page. Lots of information and pictures.



CALLING ALL VOLUNTEERS

Fort Vannoy encourages all parents, grandparents
 and community members to volunteer at our
 school. Please go to the district website:
www.threerivers.k12.or.us

Go to the District drop down tab and select
 Volunteer Information and complete the form.
 After you are approved to be a volunteer, which
 could take up to two weeks, please come to the
 office and sign in on the laptop computer located
 on
 Mrs. Verser's counter.

THREE RIVERS SCHOOL DISTRICT
 NEWSLETTER

Want to know what's happening in your
 school district?

Check out the Newsletter
 THREE RIVERS TIDINGS AT:
Threeivers.k12.or.us
 Find under Quick Links
 "The District News"



Kick Off for Kindergarten

If your child will be five (5) years old by
 September 1, 2020, then please join us May
 14, 2020. Please bring your child's birth
 certificate and up-to-date immunization
 record. More information will follow.



The Book Fair Is Coming!!!

The Book Fair will be open **Wednesday March 11th through Friday March 13th**. The Book Fair will be located in the Library. The Book Fair will be open **Wednesday from 8:00am-2:30pm, Thursday from 8:00am-2:30pm and from 5:00pm-7:00pm, Friday from 9:00am-2:30pm**. **Thursday night there will be a family reading night from 5:30pm-6:30pm in the gym.**

During the Book Fair students may shop on their recess or lunch break, if they have a pass from a playground supervisor. Parents are also invited to shop so please come and shop too. Classes will be previewing books at the Book Fair on Wednesday March 11th. At this time students will be making their wishlist.

One-For-Books Challenge

We will be having a One-For-Books challenge starting Tuesday, March 10th through Friday, March 13th. Each day will be a different coin for the students to bring in. **Tuesday is penny day, Wednesday is nickel day, Thursday is dime day and Friday is quarter day.** The class with the most money brought in will **receive a Popcorn Party, and the teacher will get \$30** in books for their classroom!

Every dollar donated goes toward the purchase of books for our Library and Scholastic will donate a book to one of 3 non-profit organizations dedicated to helping kids and families in need. Our goal is to put books into the hands of students, and more books on the library shelves!

Please make checks payable to Fort Vannoy PTO. Credit cards are also accepted from adult shoppers. All profits go back to the Library.

WE NEED VOLUNTEERS!

We need volunteers during the bookfair times.

If you can help even if only for 1 hour please call Alana @541-659-8771.

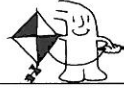
THANK YOU FOR YOUR SUPPORT OF THE LIBRARY!

Home & School CONNECTION[®]

Working Together for School Success

March 2020

Fort Vannoy Elementary School



SHORT NOTES

Heads or tails logic

This brainteaser will encourage your youngster to think logically. Have each family member line up four pennies with heads facing up. The challenge is to turn them all to tails. The catch? Flip over exactly three pennies each time. Who can do it in the fewest number of tries?

A day in the life

What would life be like if your child were a shoe? How about a bicycle? Suggest that he write a diary entry from an object's point of view. Prompt him to imagine and write details about what the shoe or bike would see, hear, feel, and think.

Summer plans

Day camps and other summer programs often fill up fast. If you're looking for one for your child, consider signing up soon. Ask her school about programs—some may be free depending on your income. Also, browse the parks and recreation catalog or website for summer programs that match your youngster's interests.

Worth quoting

"The beautiful thing about learning is nobody can take it away from you."
B. B. King

JUST FOR FUN

Q: What do you get if you cross a porcupine with an alligator?

A: I don't know, but you probably shouldn't hug it.



Standardized test success

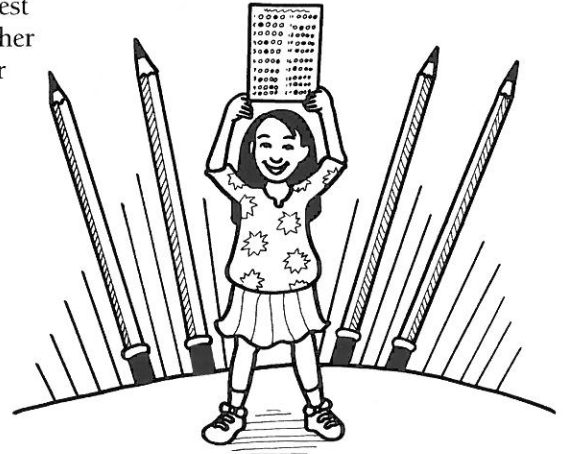
Doing well on a standardized test starts way before your child's teacher says, "You may begin." Boost your youngster's confidence and help her do her best with these tips.

Focus on schoolwork

The work habits your child uses all year long are the same ones she'll need on test day. Have her keep a list of what she does well when she does schoolwork, such as double-checking math answers or proofreading her essay. The night before the test, she can give herself a "pep talk" by reviewing her list.

Try a strategy

Let your youngster practice a key test-taking strategy in a stress-free way. Make up imaginary questions like "What is a unicorn's favorite food?" List answer choices, including one that's "right" (A: rainbow sprinkles), one that seems wrong (B: coal), and two that sound possible (C: pasta, D: pizza). While the question isn't real, the strategy is—discard any



obviously wrong answers, then weigh your first instinct against the remaining choices.

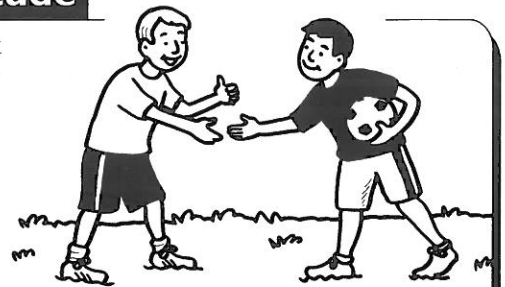
Practice keyboarding

If your child will take tests on a computer, help her work on keyboarding. She might type a story she wrote or email a relative, for instance. She'll practice typing, using special keys (shift, enter), and pointing and clicking the mouse on commands (save, send). *Tip:* No computer at home? Head to the library where she can use one for free. ♥

Sports: A winning attitude

Everyone likes winning. Losing? Not so much. Regardless, here are ways your youngster can be a good sport no matter the outcome:

- Cheer each other on when good things happen ("Nice catch!"), and sympathize when they don't ("You'll get the next one!").
- Shift your child's thinking. Instead of focusing on coming in first or scoring the most goals, suggest that he work on beating his personal best.
- When you watch sports together, point out examples of good sportsmanship. Perhaps his favorite basketball player helps an opponent up after a fall. ♥



Learning as a family

Keep your youngster excited about learning by making it a family affair. With these ideas, he'll see that learning is a lifelong journey.

Interview relatives. Your child can learn from relatives who remember living through an event or a time period he's studying in history. The whole family could gather around to hear about a grandparent's experience watching the first moon landing on television.



Give a lesson. Let your child be the teacher! Say he's learning about states of matter in science. He might help you cook and point out that water turns into a gas (steam) when it boils. Or he could make ice pops to demonstrate that water changes to a solid in the freezer.

On the go. Find family outings related to what your child studies. A high school orchestra concert lets him hear more experienced musicians playing instruments he uses in music class. If he's learning ways to protect the environment, consider participating in a local watershed cleanup as a family.♥

PARENT TO PARENT

Money smarts

The first time a relative sent my daughter Lauren a gift card, she spent it right away. It occurred to me that she might find it harder to part with cash than a piece of plastic. So the next time she got a gift card, I traded her bills and coins for it.

Lauren put the money in a jar to keep on her dresser and labeled it with the total. Now when we go to the store, she thinks carefully about whether she wants to dip into her jar for a pack of trading cards or a stuffed emoji. If she does, she can take out the money before our next shopping trip and write the new total on her jar.



So far this strategy is working. Lauren immediately "sees" how much she's spending—and she doesn't want her jar to be empty.♥

ACTIVITY CORNER

Make an engineering lab

Let your child loose in her own engineering "lab" where she can design objects and solve problems as she builds them. Follow these steps.

1. Gather supplies. Help your youngster collect household objects, craft supplies, and recycling bin items to use for engineering projects. *Examples:* rubber bands, balloons, index cards, craft sticks, tape, glue, string, bottles, boxes.

2. Brainstorm projects. Together, list contraptions she might design in her lab. Can she dream up a way to create a balloon-powered boat? Or maybe she has an idea for building a marble maze.

3. Get to work. Encourage your youngster to set up her lab in a corner of the family room, pick a project from her list, and get started.

Idea: Spark new projects and solutions by having her add supplies from time to time, such as bubble wrap or a cut-up pool noodle.♥



Q & A Anxiety in children

Q: I've been hearing about kids being diagnosed with anxiety disorders. My son tends to worry a lot. How can I tell the difference between normal worrying and a serious problem?

A: Some anxiety is just part of everyday life. For example, it's perfectly natural if your child is nervous about giving a speech in class or worries that a friend is angry with him over a disagreement.

With an anxiety disorder, those feelings interfere with daily life. Talk to your son's doctor if you notice any symptoms, which include difficulty sleeping, loss of appetite, unexplained stomachaches or headaches, irritability, trouble concentrating, and avoiding regular activities.

If the doctor suspects an anxiety disorder, your child may be referred to a therapist who will work with him on new ways to react to things that worry him.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated

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