

# Start & End Times For 2021-2022



**EDEN PRAIRIE SCHOOLS**  
Inspiring each student every day

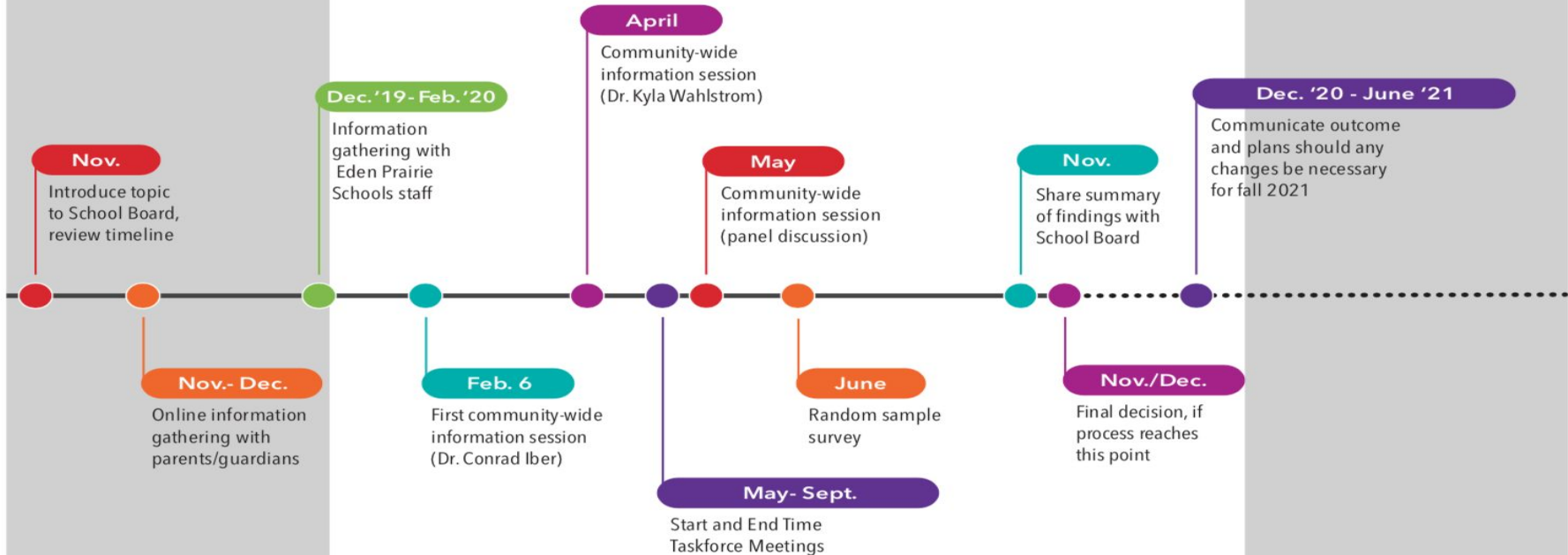
# SCHOOL SCHEDULES TIMELINE

Version: October 2020

## 2019

## 2020

## 2021



# Process and Engagement

---

- Community interest expressed in 2015-2016
- Designing Pathways 2015-2020
- 1 Year engagement process kicked off in 2019
- Staff across the district provided voice and feedback
- Community engagement and input sessions in 2019-20
- Multiple qualitative and quantitative data inputs
- Multiple subject matter experts and practitioners: Presented
- Communication throughout the process
- 18 Member task force: Spring-Fall 2020
- Culminated in a task force recommendation supported 17-1
- Recommendation delivered to the Superintendent: Fall 2020

# Task Force Recommendation

---

- Adjust EPS start times to align with the research
  - Each hour of additional sleep reduces feelings of depression & unhappiness.
  - Increased sleep is related to improved attendance, grades & graduation rates.
  - Sleep deprivation in adolescents related to increased suicidal ideation, planning attempt, and attempt requiring treatment.
  - Sleep deprivation in adolescents related to increased risk-taking with illicit prescription use, tobacco/cigarettes, alcohol use, and sexual experimentation.
  - Sleep deprivation in adolescents related to impaired judgment and increased car accidents.
  - Sleep is important for “washing” the brain.
  - School districts with the latest high school start times saw improved grades across all content areas, reduced tardiness, reduced absenteeism, and improved graduation rates.
  - The more days that students spend practicing or doing sports before school, the lower the self-reported grades.
- Communicate with the community the “WHY” this is important

## In Addition....

---

- CMS schedule aligned with Designing Pathways vision
  - Request by staff
  - Choice for EACH student
  - Expands options to support “Ends”
- Requires de-Coupling CMS and EPHS schedules
- Expand school day, if possible, beyond state minimums
- Support EL’s for expanded lunch and recess at elementaries
- Be operationally viable
- Be financially viable

# 2021-22 Start and End Times: For Review and Comment

---

## Benefits:

- Lengthen Instructional Day
  - Elementaries by 10 minutes
  - Middle School by 15 minutes
- Support Academics While Also Supporting Lunch and Recess Times
- Allows Expanded Choice Through New CMS Schedule
- Aligns ALL schools and times with the research
- Is operationally and financially viable

School	Start Time	End Time
Oak Point	7:45	2:15
Eagle Heights	7:45	2:15
Cedar Ridge	8:00	2:30
Forest Hills	8:00	2:30
High School	8:35	3:20
Eden Lake	8:40	3:10
Prairie View	8:40	3:10
CMS	9:25	4:07



# Next Steps

---

- Comprehensive communication plan rolling out
- Website contains numerous resources and background information
- Dec. 15, 2020 - Jan 15, 2021: Review and comment by community
- Formal process for gathering input from community members
- January 7th, 8th, and 12th at various times
- Review of input and consideration of viable suggestions
- Jan. 25: Communicate finalized start-end times for fall 2021
- Finalize other schedules like activities, athletics, childcare, etc...
- Feb-June: Continue to share school start-end times with families in preparation for 2021-22 school year

# Appreciation: Task Force Work

---

John Buteyn: EPHS Teacher & Coach

Patrice Erickson: 9-12 Parent

Michael Schommer: 9-12 Parent

Gena Gerard: 9-12 Parent

Shipra Garg: 7-8 & 9-12 Parent

Mark Allen: 7-8 Parent

Beth Yeh: K-6 Parent

Amy Kettunen-Jahnke: Administrator

Joel Knorr: Administrator

Dr. Stacie Stanley: Facilitator

Mr. Brett Johnson: Convenor

Cabinet, Principals, and Departments

Carla Thompson: CMS Teacher

Alexandra Vitko: 7-8 & 9-12 Parent

Rachel Bakken: K-12 Parent

Hiba Al-Zahawi: EC & K-6 Parent

Denise Holtz: 7-8 Parent

Cindy Nelson-Kaigama: K-6 Parent

Wendy Meyers: Community Member,  
Sleep Specialist

Abigail Libsack: K-6 & 9-12 Parent

Suz Feely: K-12 Parent

Mr. Jason Mutzenberger: Support

Mr. Randy Haar: Support







**EDEN PRAIRIE SCHOOLS**

Inspiring each student every day