EXECUTIVE SUMMARY

Meeting Date:	March 5, 2026
Agenda Item:	Health Instructional Materials Overview
Item Type:	Information
Administrator:	Megan Young
Objective:	To provide an overview of Health Instructional Resources considered for approval of adoption at the March 19 Board meeting

Background:

In accordance with Oregon Administrative Rules and School Board Policy IIA, we are recommending adopting the following instructional resources for Health, K-12: *The Great Body Shop,* for kindergarten through eighth grade, *Live Well Comprehensive High School Health, Clear Alliance,* and *American Heart Association First Aid and Basic Life Support* for grades nine through twelve.

Each of these proposed Instructional Resources provide access to online materials as well.

The District Instructional Materials Adoption Team was composed of Health Teachers from elementary, middle and high schools and administrators of the curriculum department. Over the course of the 2025-2026 school year, the team explored the materials that are available. In order to meet the current Oregon content standards, the team has reviewed and considered all ODE approved publishers.

The materials are available for public review and feedback through March 12th. AFter considering all input, the team is expected to recommend adoption of the following materials for Board approval at the March 19 Board meeting:

Core Class	Instructional Resource	Estimated Costs
Health Grades K-8	*The Great Body Shop,* *Publisher: Children's Health Market*	$74,800.00

Health	*Live Well Comprehensive High School Health*	$7,300.00
Grades 9-10	*Publisher: Human Kinetics*	
	Clear Alliance	$950.00
	American Heart Association First Aid and Basic Life Support	$6,365.00

Additional Materials:
Access to digital materials: [Health Preview Flier](#)

Recommendation: Staff will be recommending the adoption of the health instructional resources at the March 19 Board meeting.

Suggested Motion: Action is not required at this time.