

**School Health Advisory Council:
Annual Report for 2016-2017**

**Stephenville Independent School District
Stephenville, Texas**

**School Health Advisory Council
Annual Report for 2016-2017**

Presentations and Discussions

November 30, 2016: Combined Fall Meetings

- Overview of the School Advisory Health Council Responsibilities: Mrs. Kathy Haynes
- Discussion of the District's Child Nutrition Program Mrs. Mona Little
- Update on the "Fitness Gram" program: Dr. Joe Gillespie
- Provide information Suicide Prevention Training: Ms Kelli Crain
- Discussion of the guidelines in which parents are notified of infectious/communicable diseases: Mrs. Michelle Stilwell

March 23, 2017: Combined Spring Meetings

- Discussion of the Stephenville ISD Wellness Plan: Mrs. Kathy Haynes
- Update on Child Nutrition: Mrs. Mona Little
- Discussion of Topics for Future Meetings: Mrs. Kathy Haynes



STEPHENVILLE

INDEPENDENT SCHOOL DISTRICT

Developing the Potential of Every Student, Every Day



District School Health Advisory Council (SHAC) Minutes for Wednesday, November 30, 2016 3:45 p.m.

Members Present:

Mandi Stokes, Lacie Tidwell, Tyler Kelsey, Pam Jones, Michelle Stilwell, Jody Fain, Pat Mewhinney, Dr. Joe Gillespie, Kelli Crain, Mona Little, Jennifer Ryan, and Kathy Haynes.

The objectives of the meeting were to review the role and responsibilities of the School Health Advisory Council; to discuss the District's Child Nutrition Program; to receive an update about the FitnessGram; to provide information on House Bill 2186 and suicide prevention training for public school educators; and to discuss the guidelines in which parents are notified of infectious/communicable diseases.

Kathy Haynes began the meeting by asking each person to introduce themselves and their role on the council. Next, she provided a brief overview of the roles and responsibilities of the SHAC.

Next, Mona Little discussed how our District offers 1800 lunches a day. Our district is 48% on free or reduced lunch. She explained that Child Nutrition is regulated by the Texas Department of Agriculture and USDA. All grade levels have certain guidelines. The department always follows the Federal and State Guidelines, even with snacks. Mrs. Little addressed the fact that parents can bring outside food for their child, but it cannot be shared with other children due to food allergies. Classroom snacks can be brought at the end of the day and all must be prearranged.

Dr. Joe Gillespie provided information on the FitnessGram which is a health related fitness test given to our students. According to Senate Bill 530, the test is to measure how fit and how meaningful a student's fitness correlates to academic achievement. He and his students help our District with the FitnessGram. He provided an example of a FitnessGram Student Report. Students are given their individual FitnessGram Report to take home to their parents. Dr. Gillespie asked if these could be emailed to parents.. Mrs. Haynes said that she would look into emailing the report.

Kelli Crain discussed information on Suicide Prevention Training. The counselors have given teachers resources and training. She provided handouts on Suicide Prevention General Information for Parents, and Youth Mental Health First Aid. Community Resource Coordination Groups, (CRCG) are organized by the local community. These groups are helpful in community efforts. Ms. Crain told the committee that she would love to hear suggestions on how to increase awareness among parents.

Next, Michelle Stilwell provided the committee guidelines in which parents are notified of infectious/communicable diseases. She also included the chart which provides detailed information on

the procedure for each individual condition. She said that the goal is to protect the safety of the children and staff.

Kelli Crain discussed what our District is doing about Suicide Prevention Training. Counselors have given teachers resources during faculty meetings for now and the District will make sure every new educator who comes into the District will complete training.

Kathy Haynes asked the committee members to think about what they would like to talk about next time – which Pat Mewhinney said we should recommend to the Board that our schools get Epinephrine for any instance where a student or teacher goes into anaphylactic shock. The meeting was adjourned at 4:30 p.m. The next SHAC meeting will be held Wednesday, March 16th at 3:45 p.m.



STEPHENVILLE

INDEPENDENT SCHOOL DISTRICT

Developing the Potential of Every Student, Every Day



District School Health Advisory Council (SHAC)

Minutes for Thursday, March 23, 2017

3:45 p.m.

Members Present:

Kathy Haynes, Angela Haynes, Joe Gillespie, Mary Pack, Lacie Tidwell, Mona Little, Donna White, Jennifer Ryan, and Pat Mewhinney

The objectives of this meeting were to discuss the SISD Wellness Plan and topics for the next SHAC meeting in Fall 2017.

Mona Little, Child Nutrition Director, discussed how our Child Nutrition department had an audit and reminded the committee about the Healthy Hang Free Kids Act which will update our FFA Local Policy for the SISD Wellness Plan. When this Plan is in place, the SHAC will have to rewrite the policy every three years. This policy must include goals for nutrition promotion and education, physical activity, and other school-based activities that promote students wellness. There are other regulations which must be upheld as well such as nutrition standards, classroom party policies, food and beverage marketing, informing the public about the local policy, and measuring which schools are in compliance every three years. Mona also brought up how healthier food should be provided at Field Day events on campuses

The district works closely with Tarleton on FitnessGram and Kathy Haynes said this should be implemented into the policy as well.

Kathy discussed that their next committee meeting would be held in Fall 2017 and they adjourned.

STEPHENVILLE INDEPENDENT SCHOOL DISTRICT
STEPHENVILLE, TEXAS
School Health Advisory Council
2016-2017

The Stephenville Independent School District School Health Advisory Council (SHAC) meets September through May. The council members are appointed to represent the six campuses. The School Health Advisory Council serves as an advisory board for the purpose of implementing and evaluating the effectiveness of Coordinated School Health Programs. A detailed account of SHAC activities and recommendations are presented to the Stephenville Independent School District Board of Trustees annually.

Meeting agendas are properly posted and sent to all members, as well as district campuses and departments. Minutes are taken at each meeting. They are disseminated to the public through postings on the District's web page, www.sville.us and sent to each department and campus to be posted.

MEMBER	CAMPUS/FUNCTION	POSITION
Matt Underwood	Administration	Superintendent
Kathy Haynes	Executive Director HR and Student Services	Co-Chair
Keri Vanden Berge	Central	Parent
Mandi Stokes	Chamberlin	Parent
Angela Haynes	Hook	Parent
Lacie Tidwell	Gilbert	Parent
Carie Wright	Henderson	Parent
Allen Mays	Stephenville	Teacher
Amy Schrutka	Central	PE Teacher
Wade Whitehead	Chamberlin	PE Teacher
Tyler Kelsey	Hook	PE Teacher
Mary Pack	Gilbert	PE Teacher
Pamela Jones	Henderson	Teacher
Debbie Winder	Stephenville High School	Teacher
Kelli Crain	Director of Special Programs	Safe and Drug Free School Coordinator
Jennifer Ryan	Executive Director of Curriculum and Instruction	Resource Personnel
Michelle Stilwell	SISD Head Nurse	Resource Personnel
Jody Fain	Central Nurse	Resource Personnel
Pat Mewhinney	SHS Nurse	Resource Personnel
Mona Little	Child Nutrition Director	Resource Personnel
Donna White	Community Member	Resource Personnel
Dr. Joe Gillespie	TSU Professor	Fitnessgram Coordinator
Lucille Coggins, B.S.N., R.N.	Texas Dept of Health Services	Regional Coordinator

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**School Health Advisory Council
2016-2017**

Meeting Schedule for 2016-2017

Combined Fall Meetings: Wednesday, November 30, 2016	Administration Building	Executive Board Room	3:45 p.m.
Combined Spring Meetings: Thursday, March 23, 2017	Administration Building	Executive Board Room	3:45 p.m.