

Child Nutrition Report

October 2023

September Meal Counts

Week of:	Breakfast 10/2/2023	Lunch 10/2/2023	Breakfast 10/9/2023	Lunch 10/9/2023	Breakfast 10/16/2023	Lunch 10/16/2023	Breakfast 10/23/2023	Lunch 10/23/2023	Breakfast 10/30/2023	Lunch 30-Oct	Monthly B	Monthly L	Average Daily Breakfast	Average Daily Lunch
Congdon	362	1708	362	1642	256	1005	410	1618	149	614	1539	6587	77	329
Denfeld	1233	2862	1177	2874	713	1633	1116	2689	460	1147	4699	11205	235	560
Harbor City											0	1796	0	90
East High	1218	2558	1224	2555	767	1570	1258	2450	444	1072	4911	10205	246	510
Homecroft	817	1778	795	1505	465	1041	747	1760	262	725	3086	6809	154	340
Lakewood	447	937	439	914	266	569	462	928	156	379	1770	3727	89	186
Lester Park	743	1943	725	1956	418	1185	717	1858	229	715	2832	7657	142	383
Lincoln park	903	2248	972	2193	590	1375	929	2163	341	914	3735	8893	187	445
Lowell	1625	2484	1638	2425	965	1472	1505	2444	509	989	6242	9814	312	491
Laura Macart	1039	1228	1030	1240	586	722	994	1214	397	514	4046	4918	202	246
Myers-Wilkin:	894	1354	913	1340	535	804	833	2666	256	553	3431	6717	172	336
Ordean/East	643	3429	735	3373	424	2004	665	3280	221	1445	2688	13531	134	677
Piedmont	1527	1922	1496	1905	902	1144	1467	1921	570	776	5962	7668	298	383
Rockridge	170	200	171	203	106	126	175	217	67	86	689	832	34	42
Stowe	819	874	825	902	512	534	852	916	188	354	3196	3580	160	179
ALC	37	98	59	70	41	61	59	108	15	29	211	366	13	23
	5 days	4ALC	5 days	4 ALC	3 days	3 days alc	5 days	4 days ALC	2 days	1 day ALC				
	12477	25623	12561	25097	7546	15245	12189	26232	4264	10312	49037	104305	2454	5220
Denfeld Supp	Mon-thurs		62				264		150			476	TOTAL	
Daily average	started 10/10		1 day		0 days		4 days		2 days			7	68	Daily

Farm to School Month

October was Farm to School Month in Minnesota.

In honor of Farm to School Month we featured Honeycrisp and SnowSweet apples from Moose Mountain Apple Company and Westcott Orchards. The students took part in the statewide Apple Crunch day on 10/12/23. Students state wide crunch into local apples on that day. There were coloring book pages and stickers as well as information about the farms.

Child Nutrition also featured Multi Colored carrots from FRESHA farms, corn on the cob and also treated the students to Real Maple Syrup from Maple Masters Farms.

Child Nutrition buys local as often as possible all year long for fresh fruits and vegetables. These are distributed by the Department of Defense Fresh Fruits and Vegetable program using our commodity fund dollars.

USDA Farm to School Census Survey

Child Nutrition was asked to submit our information for the USDA Farm to School Census Survey. Results of that survey will be available in a few months.

Farm to School Full Tray Grant for School year 2024/2025

The grant was completed and submitted for next school year. This is a 50 50 matching grant. Growing off of this year's program and purchases, we are asking for \$10,000 and will match with the same.

Challenges from farm to school programs continue to be distribution to all 15 sights, as well as getting farms to work with. Product sizes don't fit the USDA model for serving sizes, (apples are too big or too small) so that becomes an issue as well as following safe food guidelines in both the harvest and transportation.

Training for Managers and cooks

Training was held during the MEA break for our managers and cooks. Representatives from ECOLABS were present to review dish machine operations and cleaning requirements. Rational Ovens Representative was

also here for training and fielding of questions from our employees. Great training session with great input from our employees.

Denfeld Afterschool Supper Meals Program

Supper meals were started on October 10th, 2023 at Denfeld Highschool. The meal schedule matches the programming dates of the DASH afterschool program, as it is an enrichment activity. (A crucial criterion for offering the supper meals program) Monday through Thursday we will be serving supper. The students were happy to see this option back.

Fresh Fruit and Vegetable program (FFVP)

The fresh fruit and vegetable program began again in October at Myer Wilkins Elementary School. This program is run under a grant from MDE and is intended for elementary schools that are over 60% Free and Reduced student populations. The items are offered twice a week and the intention is to give students a taste of fruits and vegetables they might not otherwise get exposed to at home. The community schools personnel are crucial in the success of this program, as the items are distributed by them to the classrooms and must be consumed outside of the breakfast and lunch programs. This program will run the entire school year, or until funds are depleted.