



# Counseling Services

## Social Emotional Wellness Report Superintendent Guardrail 1



# Guardrail 1

## Student Engagement and Social Emotional Wellness

Guardrail Progress Measure (GPM) 1.2



# Tier 1 Social Emotional Learning (SEL) Plan



## Morning Check-ins

Daily 15-20 minute check-ins to build community, set daily intentions, and practice social skills before academics begin



## Explicit Instruction

Dedicated "30 minutes/week" lessons focused on core competencies Using the District's SEL Curriculum through the Lenny Learning Platform



## Curriculum Integration

Embedding social-emotional skills into daily instruction and routines



## **GPM 1.2 - IMPLEMENTING SEL WITH FIDELITY**

100% of campuses will implement the District's SEL practices with fidelity (30 minutes of SEL lessons/week) from X to 100% by May 2027. Baseline will be established the 2025-2026 school year



# SEL Implementation 2026-2027



- Establish 100% baseline for this guardrail
- Update curriculum alignment and data reporting processes
- Prepare for teacher-level data goal development and reporting
- Master schedule development to ensure dedicated SEL instructional time is protected across all campuses
- SEL module included in mental health Professional Development

# Tiers 2 and 3 Social Emotional Learning (SEL)

## Plan

When Tier 1 support is not enough, we leverage community agencies to provide targeted (Tier 2) and intensive (Tier 3) interventions.

**Tier 2:** Small group counseling and mentorship programs provided by local non-profits

**Tier 3:** Intensive, individualized case management and family services for complex needs





# PARTNERSHIPS MAKING AN IMPACT

*Empowering Our Scholars Through Strong Community Partnerships*

PARTNERSHIP		NUMBER OF SCHOLARS SERVED
	Girls Empowerment Network	57
	Gice Love Boys Group	90
	Boys Lunch Bunch	10
	Kappa Alpha Psi Boys Mentoring	15
	Girls Incorporated	640
	Inspire	540
	Cookies and Convo	32
	Randy Moore Boys Assembly	900
	Golden Pet Therapy	315
	Next Gen Boys Group	50
	Girls Power Lunch	12
	Senior Mentor Group	105
	UT Southwest YAM Program	460
	UTA Talent Search	30

# CHHS SEL WEEK

MARCH 9 – 13, 2026



## Fill Your Cup Before Spring Break

At CHHS, we know that taking care of your mental health matters. Join us for a week focused on **POSITIVITY, CONNECTION, & SELF-CARE** as we prepare for Spring Break!

### DAILY ACTIVITIES


#### ALL WEEK:

-  SEL Photo Booth at Lunch
-  Daily Prize Drawings (5 winners each day!)
-  Motivational Bracelets & Giveaways!

 **Monday** – Start with Positivity  
Choose your word for the week

 **Tuesday** – Gratitude & Kindness  
Spread kindness across campus

 **Wednesday** – SEL Day on the Hill  
Coloring with the Counselors (Library at Lunch)

 **Thursday** – Self-Care & Resilience  
Simple ways to reset & recharge

 **Friday** – Finish Strong  
Positive send-off for Spring Break!

### WHY SEL WEEK?

-  Feel Connected
-  Stay Positive
-  Manage Stress
-  Finish Strong

SPONSORED BY THE CHHS COUNSELING DEPARTMENT

♥ We're here for you.



# QUESTIONS?

