

## Spookinaapi (Good Health) Project

### Project

- 5-year SAMHSA grant
- (3) Tier socio-cultural-ecological approach
- Target Areas
  - Under-Age Drinking
  - Marijuana use
  - Prescription pain Killers (Opioids)
  - Suicide
  - Family engagement
- Target population
  - Grades 2-12

Goals & Objectives for the program

Goal 1. Provide Prevention education, activities and awareness for the schools and community.

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services.

Goal 3. Establish a mentoring program for each building and target at-risk students.

### Current Projects

The Spookinaapi program will be starting its last year of the grant. The program will collaborate with 21<sup>st</sup> century and Blackfeet Tribal Health and provide prevention education and activities. The Spookinaapi program will administer the YRBS and the Prevention assessment to the High and Middle School students,

Cinnamon Crawford is located at the Buffalo Hide Academy as the Spookinaapi Director, she over sees the day-to day operation of the project, Cinnamon will be working closely with the Blackfeet Tribal health programs to better serve the youth and the community. Currently the Spookinaapi Program is collaborating with the student activities, and wellness committee

Kiana McClure; Browning High School as the Prevention Specialist. Planning for the Browning High Schools 23-24 School includes collaboration for the 2nd annual Sobriety Ball that will take place in November 3rd. Insight class will resume normal scheduling this year during restorative Fridays and will be in place for the remainder of the year.

The Spookinappi Program would like to do is offer BHS staff Narcan training so teachers can have the option to have Narcan available in their classroom in case of an emergency.

Lastly, the Wednesday Prevention Trivia is emailed to students every week as a way to reach a broader audience that may not otherwise be reached in the week. Events for Red Ribbon Month, bullying prevention month, Lights on Afterschool, planning a snowball formal for the High Schools students.

Kayla Burns; Browning Middle School Specialist – Kayla will be providing prevention education, and activities when she returns, Kayla will return November 1<sup>st</sup>.

Kailey Hall ; Browning Elementary Specialist - I am currently working on establishing the care closet back in BES with other resources, local and outside. October is National Bullying Prevention Month- we have been learning about what bullying is and what to do when you are being bullied or see it happening to another student. Spookinaapi Program has coordinated a coloring contest in relation to Bully Prevention, each student in each classroom has been working on a coloring page promoting "no bullying", one student from each class will win a giftcard for their creativity and effort in this. For the rest of the month, we will recap bullying and move into building healthy friendships. As Halloween approaches, Tessa Wells and myself have created a Trick or Treat Safety Tips flyer to distribute to Napi and Browning Elementary students and families along with a glow bracelet or glow stick to prevent any accident during the night time on Halloween. I am currently working on establishing my lunch groups with 2nd and 3rd grade students to engage in discussions, create connections, and activities on different topics.

Tessa Wells; Napi Elementary as the Prevention Specialist- The Spokinaapi Specials is currently working on a poster contest that focuses on protective factors. Students are inspired by some of the paintings they see around town that express outcomes of choice when it relates to substance use. With Red Ribbon Week approaching, we thought it would be a fun way to celebrate Red Ribbon Week with a winner from each grade. The winners will be acknowledged for their creativity with a certificate, prize, and printed posters to hang in the school.

Upcoming events will be helping with various stations throughout Red Ribbon Week at the Napi Elementary school. Spokinaapi collaborated with the specialist in the building to have guest speakers come in the building to educate students about their jobs and responsibilities.

Kailey Hall, and I plan on providing a Halloween Safety Flyer to be given out with a glow bracelet on Halloween day to the BES and Napi Elementary students. The remaining glow bracelets will also be given out to community members as we participate in the Trunk or Treat. Alongside the Spokinnapi team, I will help with the Lights Out activity put on by 21<sup>st</sup> century. Spokinaapi helps decorate for the event, work a station, and also helps with clean up.



Community  
**Health  
Fair** 

**Wednesday  
March 15, 2023  
At Browning  
Elementary Gym**

9:00AM-10:30AM BMS  
10:30AM-12:00 PM BHS  
1:00 PM-2:00 PM Napi,  
KW/Vina & BES

SOH-KIN-NA-PII  
Good Health



UNIVERSITY OF  
**MONTANA**  
Skaggs School of Pharmacy

**LIVE LIFE  
WITH HEALTH  
AWARENESS**



**FREE HEALTH TESTING**

- ✓ Diabetes Screening
- ✓ Vaccine Shots
- ✓ Health Screening
- ✓ Prevention Resources

  
Browning Elementary  
105 2nd Ave SW, Browning, MT 59417

For More Information Please Call BPS Spookinaapi (406)338-4380  
or Tribal Health (406) 338-7521 ex 2202









