



EXECUTIVE SUMMARY

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| Meeting Date: | March 19, 2026 |
| Agenda Item: | Health Instructional Materials Adoption |
| Item Type: | Action |
| Administrator: | Megan Young |
| Objective: | Approve the adoption of health instructional materials aligned with Oregon health standards. |

Background: In accordance with Oregon Administrative Rules and School Board Policy IIA, the District conducted a review process to identify instructional materials that align with current Oregon Health Education Standards for grades K-12.

A district instructional materials adoption team composed of health teachers representing elementary, middle, and high schools, along with curriculum administrators, reviewed and evaluated available instructional programs during the 2025-26 school year. Programs were evaluated for standards alignment, instructional quality, accessibility, and support for effective health instruction across grade levels.

Based on this review process, the team recommends adopting the following health instructional resources: The Great Body Shop for grades K-8, and Live Well Comprehensive High School Health, Clear Alliance, and American Heart Association First Aid and Basic Life Support for grades 9-12.

The Board was provided an overview of the materials at the March 5 work session and the materials were made available for public review and feedback through March 12, 2026. The district did not receive any feedback on the materials.

The total estimated cost of the recommended health instructional materials adoption is approximately \$89,415, funded through curriculum adoption resources.

Additional Materials: [Health Preview Flyer](#)

Recommendation: Administration recommends approval of the adoption of the K-12 health instructional materials as presented on March 5.

Suggested Motion: *“I move to approve the adoption of the K-12 health instructional materials as recommended.”*