

Restriction of Recess [From CSDE Legislative Summary July, 2022](#)

§ 9 — WITHHOLDING RECESS AS A FORM OF STUDENT DISCIPLINE

Each school year, starting with the 2022-23 school year, the bill requires each local and regional board of education to adopt a policy it deems appropriate concerning the circumstances when, as a form of discipline, a school employee may prevent or otherwise restrict a student from participating in the entire time devoted to physical exercise (i.e., recess) in the regular school day.

Under the bill, the policy must allow school employees to prevent or restrict recess when:

1. ~~a student poses a danger to the health or safety of other students or school personnel; or~~
2. ~~it is limited to the shorter recess period if there are two or more recess periods in the school day, so long as the student is allowed to participate in at least 20 minutes of physical activity during the school day.~~

~~The policy may allow recess prevention or restriction only once during a school week unless the student is a danger to the health or safety of other students or school personnel. Additionally, the policy must not (1) include provisions that are unreasonably restrictive or punitive, as determined by the board, or (2) allow recess prevention or restriction if a student does not complete their work on time or for the student's academic performance.~~

[BPS Policy 5144.4](#)