



Board Action Required

No Action Required

To: Coppell ISD Board of Trustees
From: Joy Smartt, Director of Pre K-5 Curriculum, K-12 Health, PE, & Safety
Subject: Integrated Health Objectives in Curriculum
cc: Dr. Jeff Turner, Melody Paschall

In the spring of 2010 the Elementary Coordinated School Health Plan was completed by Tammy Gilstrap. Using that document as a guideline our plans are to move forward as a district to insure that all students receive appropriate health education. As we coordinate health education, physical education and physical activity, nutrition services and parent involvement a brief summary of plans for the future are listed below.

Integrated Health Objectives in Curriculum

Elementary

- Coordinated School Health Plan (CSHP) development and writing was completed spring 2010.
- CSHP is a cross curricular alignment of the Health TEKS, including bullying.
- Health TEKS are divided among CISD classroom teachers, physical educators, nurses, counselors, nutritionists and parent involvement activities.
- Plan will be presented to physical educators, nurses, and counselors in August/October district staff development.
- Plan will be presented to classroom teachers through faculty meetings, fall 2010.
- Revisions and plans for implementation will occur during 2010-2011 school year.

Middle School

- Coordinated School Health Plan(CHSP) development and writing will occur summer/fall 2010
- CSHP will be a cross curricular alignment of the health TEKS with emphasis on dating violence, drugs & alcohol, and bullying

Middle School (cont.)

- Health TEKS are divided among CISD classroom teachers, physical educators, nurses, counselors, nutritionists and parent involvement activities.
- Health TEKS will be incorporated into secondary curriculum writing summer 2010, school year 2010-2011.
- Plan will be presented to physical educators, nurses and counselors at October staff development.
- Classroom teachers will receive training through content specialists when reviewing and implementing curriculum writing.
- Revisions, and plans for implementation will occur during 2010-2011 school year.

High Schools

- Integrating health objectives into student's course selections will occur in 2010 summer curriculum writing and 2010-2011 school year.
- Goal: To insure all students receive health objectives instruction during high school with emphasis on drugs and alcohol, dating violence, personal/interpersonal skills to express needs, wants and emotions in healthy ways.
- May-June 2010, a committee will be formed with the following members: Coppell High School PE Lead Teacher, District Behavioral Specialist, High School Assistant Principal, Director of School Improvement, District Content Directors, K-12 Director of Health, PE, & Safety, Director of Food and Nutrition. This committee will collaborate and form plan for specific courses where TEKS are taught. A plan will also be developed to integrate new ways of delivery of information (video, on line opportunities, tracking system, etc.)
- Fatal Vision Goggle Program will be incorporated into curriculum alignment.
- Progress and plan will be shared with SHAC committee at their August 2010 meeting and input from SHAC committee members will be taken.
- Classroom teachers will receive training through content specialists when reviewing and implementing curriculum writing.
- Revisions, and plans for implementation will occur during 2010-2011 school year.

