



Mid-Valley Special Education Cooperative

Dr. Marianne Fidishin, Executive Director

1304 Ronzheimer Avenue

St. Charles, IL 60174

Phone: 331-228-4873

Fax: 331-228-4874

MEMORANDUM

TO: Mid-Valley Special Education Cooperative Executive Advisory Board

FROM: Marianne Fidishin, PhD, Executive Director

DATE: October 3, 2018

RE: Northwestern Medicine Delnor Health and Fitness Center Contract

The Executive Director recommends approval of the Northwestern Medicine Delnor Health and Fitness Center contract.

Located at the Northwestern Medicine Delnor Health and Fitness Center, 296 Randall Road, Geneva, Illinois, Mid-Valley Special Education Cooperative has been utilizing the pool to provide aquatic physical therapy and fitness to students with complex physical needs for over 10 years. Because water eliminates the effects of gravity on the body, pain and stress on muscles and joints are greatly reduced. As result, students can stretch arms and legs within their full range of motion. While standing in a pool, they can also use the weight of water to help correct problems in gait and balance with less effort than on land.

Students participating in this program attend the aquatic center during the months of October, November, December, March, April and May. Elementary students attend three times per month while high school students attend 2 times per month. The cost is \$7 per student per attendance. This allocation is part of the ABLE program budget line item "Field Trips" showing a FY19 allocation of \$6,000. This allocation addresses all field trip expenditures including aquatic fitness and is a component of the student tuition. Note a charge is incurred only if the student participates, not if there is an absenteeism.

The contract was reviewed and approved by Cooperative attorneys.