

**Addendum to Annual Report:**

Classes conducted between August 1, 2020 and July 31, 2021 and attended by Alpena County residents.

<b>Program Name</b>	<b>Number of Sessions</b>	<b>Start Date</b>	<b>End Date</b>
August Monthly Product Center Client Consultations	1	8/1/2020	8/1/2020
What Children Need to Know to Start School Extension Extras Parenting Hour	1	8/4/2020	8/4/2020
Building Early Emotional Skills for Parents August Webinar	4	8/5/2020	8/26/2020
Let's Talk Parent and Provider Communication Extension Extras Parenting Hour	1	8/11/2020	8/11/2020
Stress Less with Mindfulness NEMCSA August 14	1	8/14/2020	8/14/2020
Together We Can Extension Extras Parenting Hour	1	8/18/2020	8/18/2020
4-H Summer Camp in a Box - Outdoors	1	8/19/2020	8/19/2020
September Monthly Product Center Client Consultations	1	9/1/2020	9/1/2020
The Resilience Toolbox Extension Extras Parenting Hour	1	9/8/2020	9/8/2020
Preserving Your Harvest- Salsa 101 Online- Sept. 10	2	9/10/2020	9/10/2020
Purpose of Play Extension Extras Parenting Hour	1	9/15/2020	9/15/2020
Northern Michigan Counties Association 9-21-20	1	9/21/2020	9/21/2020
Inquiring Minds Want to Know Extension Extras Parenting Hour	1	9/22/2020	9/22/2020
Mindfulness for Children Extension Extras Parenting Hour	1	9/29/2020	9/29/2020
October-December Product Center Consultations	1	10/1/2020	10/1/2020
10-05-2020 Food Safety Q&A: Pickle Tips	1	10/5/2020	10/5/2020
Stress Less with Mindfulness, Oct 5-9	5	10/5/2020	10/9/2020
10-06-2020 Cottage Food	1	10/6/2020	10/6/2020
Working Together to Develop Early Literacy Skills Extension Extras Parenting Hour	1	10/6/2020	10/6/2020
MSU Extension and TBAISD Farm to Market Webinar Series October 2020	4	10/8/2020	10/29/2020
MI Water School	4	10/8/2020	11/19/2020
Online, RELAX, October 12-15	4	10/12/2020	10/15/2020
Setting the Stage; Promoting Social Emotional Health in Young Children; Extension Extras	1	10/13/2020	10/13/2020
2020 Virtual Grazing Field Day	1	10/14/2020	10/14/2020
Northern Michigan Counties Association 10-19-2020	1	10/19/2020	10/19/2020

The Importance of Outdoor Play; Extension Extras Parenting Hour	1	10/20/2020	10/20/2020
Prepare your farm for tax season now - Online workshop Oct 21	1	10/21/2020	10/21/2020
Preserving Your Harvest-Preserving Food for Gifts Online-Oct. 22	2	10/22/2020	10/22/2020
Eat Healthy Be Active @ Bay View Center	4	10/23/2020	11/13/2020
Eat Healthy Be Active @ Bay View Center	6	10/23/2020	3/12/2021
Adulting 101-Fall Series-Spending Plan	1	10/26/2020	10/26/2020
Astronomy Program - The Night Sky "Our Moon"	1	10/29/2020	10/29/2020
2020 County Awards- Awards Applications & Grab Bags	1	10/30/2020	10/30/2020
RELAX Online Series Nov 2, 3, 4, 5 at 1	4	11/2/2020	11/5/2020
Positive Discipline, Extension Extras Parenting Hour	1	11/3/2020	11/3/2020
Online, Stress Less with Mindfulness Series, Nov 3-Dec 1	5	11/3/2020	12/1/2020
Kid Friendly Fruits and Veggies-OTP	1	11/3/2020	11/3/2020
Stress Less Online Series Nov 9, 10, 11, 12 at 2	4	11/9/2020	11/12/2020
MMLL Mindful Walking 11.9.20 w Lisa	1	11/9/2020	11/9/2020
Connecting Entrepreneurial Communities Multi-State Show case	5	11/9/2020	11/13/2020
Cooking Matters at Home - AHC	4	11/10/2020	12/1/2020
Maintaining Health During Challenging Times 11.10.20	1	11/10/2020	11/10/2020
RELAX - Alternatives to Anger for Parents and Caregivers Extension Extras	1	11/10/2020	11/10/2020
Cooking Matters at Home - AHC	4	11/10/2020	12/1/2020
Who Gets Grandma's Yellow Pie Plate 11-11-2020	1	11/11/2020	11/11/2020
New Commissioner School	14	11/12/2020	12/16/2020
RELAX Online Series Nov 16, 17, 18, 19 at 3:30	4	11/16/2020	11/19/2020
Guiding Principles Webinar Series - November	5	11/16/2020	12/14/2020
Safe Food Healthy Kids November 19	1	11/19/2020	11/19/2020
Changing Negative Self Talk Lunch and Learn	1	11/23/2020	11/23/2020
How Children Develop; Extension Extras Parenting Hour	1	11/24/2020	11/24/2020
Mindful Educators Lunch and Learn Part 1 and 2 Nov 20 Dec 1 at 11:30	2	11/30/2020	12/1/2020

MiSUPER Northern Michigan/Statewide Webinar (Dec. 16, 2020)	1	12/16/2020	12/16/2020
2020 Virtual Integrated Crop and Pest Management Update	1	12/16/2020	12/16/2020
January Monthly Product Center Client Consultations	1	1/1/2021	1/1/2021
Guiding Principles for Highly Successful Parenting Webinar - January	5	1/4/2021	2/1/2021
Positive Discipline Extension Extras Parenting Hour	1	1/5/2021	1/5/2021
Homebuyer Education 1/7/21 Webinar	1	1/7/2021	1/7/2021
Library of Michigan, January 11-April 12, monthly OTP	4	1/12/2021	4/12/2021
Changing Negative Self Talk	1	1/20/2021	1/20/2021
4-H Minecraft SPIN Club January	5	1/25/2021	1/29/2021
Mindfulness for Children Extension Extras Parenting Hour	1	1/26/2021	1/26/2021
Caring for the Caregiver	1	1/27/2021	1/27/2021
Understanding and Applying New Federal Outdoor Recreation Data in MI	1	1/28/2021	1/28/2021
Mindfully Feeding Infants & Toddlers1.29	1	1/29/2021	1/29/2021
Northern Michigan Counties Association 2-1-2021	1	2/1/2021	2/1/2021
What Children Need to Know to Start School Extension Extras Parenting Hour	1	2/2/2021	2/2/2021
Back to Basics: Christmas Tree Production Webinar Series	1	2/2/2021	2/2/2021
RELAX Weekly PM Feb 3-24 6:00-7:30 pm RHSE	4	2/3/2021	2/24/2021
Virtual WISE February	6	2/3/2021	3/10/2021
Guiding Principles for Highly Successful Parenting Webinar - February	5	2/3/2021	3/3/2021
February Consumer Horticulture Lawn & Garden hotline - UP responder team	4	2/3/2021	2/24/2021
Cabin Fever Conversations 2021	10	2/5/2021	4/9/2021
Great Lakes Regional Dairy Conference - Strategic Planning Workshop	1	2/5/2021	2/5/2021
Purpose of Play Extension Extras Parenting Hour	1	2/9/2021	2/9/2021
CAN YOU EXPLAIN YOUR TAX BILL? A Property Owner's Guide to Understanding Michigan Property Taxes February 11 2021	1	2/11/2021	2/11/2021
A Healthy Pantry Senior Center Book Club OTP	1	2/11/2021	2/11/2021
Return of the Coronavirus Relief Programs - webinar	1	2/11/2021	2/11/2021
MI Ag Ideas to Grow With	5	2/15/2021	2/19/2021
Cozy Up to Nutrition OTP Series - Feeding a Picky Eater	1	2/16/2021	2/16/2021
NotMiSpecies Webinar- Ahoy Boaters!	1	2/16/2021	2/16/2021
Understanding a Toddler's World: Developmental Stages of Self-Control Extension Extras Parenting Hour	1	2/16/2021	2/16/2021
Mindful Walking and Thought Surfing 2.17	1	2/17/2021	2/17/2021
Michigan Birding 101 Class	4	2/18/2021	3/10/2021
Safe Food Healthy Kids February 22, 2021	1	2/22/2021	2/22/2021
Together We Can Extension Extras Parenting Hour	1	2/23/2021	2/23/2021

Positive Discipline, Extension Extras Parenting Hour	1	3/2/2021	3/2/2021
Sustainable Farming Webinar	1	3/3/2021	3/3/2021
Stress Less with Mindfulness Mindful Laughter 3.3	1	3/3/2021	3/3/2021
Be a Healthy Role Model-OTP #2	1	3/4/2021	3/4/2021
Setting the Stage; Promoting Social Emotional Health in Young Children; Extension Extras	1	3/9/2021	3/9/2021
Mindfully Feeding Infants and Toddlers	1	3/10/2021	3/10/2021
Building Early Emotional Skills - March Webinar	4	3/10/2021	3/31/2021
Positive Discipline, Building Blocks conference	1	3/13/2021	3/13/2021
Alpena County Admin Structure	1	3/18/2021	3/18/2021
Importance of Outdoor Play Extension Extras Parenting Hour	1	3/23/2021	3/23/2021
Fiscally Ready Communities: Financial Best Practices Webinar	1	3/25/2021	3/25/2021
Rethink Your Drink @ BGC with Teens OTP	1	3/29/2021	3/29/2021
Food Safety @ BGC with Youth OTP	1	3/29/2021	3/29/2021
Inquiring Minds Want to Know Extension Extras Parenting Hour	1	3/30/2021	3/30/2021
Homebuyer Education - April 2021	1	4/1/2021	4/1/2021
April Lawn and Garden Hotline Contacts Ingham County	1	4/1/2021	4/1/2021
April Lawn & Garden hotline - UP Responder Team	4	4/7/2021	4/28/2021
RELAX Alternatives to Anger Six Principles of Problem Solving 4.14	1	4/14/2021	4/14/2021
SEMI Fishery Workshop	1	4/15/2021	4/15/2021
Forgiving and Letting go of the Past4.21	1	4/21/2021	4/21/2021
April 22, 2021 Spring's Early Catch - Preserving fish 1:00 pm	1	4/22/2021	4/22/2021
Let's Talk: Parent and Provider Communication Extension Extras Parenting Hour	1	4/27/2021	4/27/2021
ALZ Covid and Caregiving Maintaining Health	1	4/29/2021	4/29/2021
MiSUPER Provider Panel Education Webinar (April 30, 2021)	1	4/30/2021	4/30/2021
May Lawn and Garden Hotline Contacts Oakland	1	5/1/2021	5/1/2021
Alpena County Planning Commission Master Plan Public Hearing	1	5/3/2021	5/3/2021
Changing Negative Self Talk5.5	1	5/5/2021	5/5/2021
Young at Art Extension Extras Parenting Hour	1	5/11/2021	5/11/2021
MiSUPER Webinar: May 14, 2021 (National Prevention Week)	1	5/14/2021	5/14/2021
Current Issues Affecting Michigan Local Governments Webinars - Democracy at the Local Level: Resident Engagement	1	5/18/2021	5/18/2021
2021 MCP Webinars - Simple Scenario-Based Planning for Shorelines	1	5/20/2021	5/20/2021
5/24/2021 Food Safety Q & A, Planting and Growing Strawberries	1	5/24/2021	5/24/2021
Tory Werth- MiSUPER Stories of Hope	1	5/27/2021	5/27/2021
May 27, 2021 Water Bath and Steam Canning - 1:00	1	5/27/2021	5/27/2021
June Lawn and Garden Contacts Ingham County	1	6/1/2021	6/1/2021
June Lawn and Garden Contacts Macomb County	4	6/2/2021	6/30/2021
June 3, 2021 From Our Kitchen to Yours - 6:00	1	6/3/2021	6/3/2021
6/7/2021 Food Safety Q & A, Top 10 Frequently asked food preservation questions	1	6/7/2021	6/7/2021

6/14/2021 Food Safety Q & A, Turning grape juice into grape jelly	1	6/14/2021	6/14/2021
PFH MM EHBA	6	6/15/2021	7/20/2021
JIFF @ BGC	4	6/21/2021	7/19/2021
6/28/2021 Food Safety Q & A, Don't be afraid of your pressure canner	1	6/28/2021	6/28/2021
Michigan Beekeeping Webinar with Mark Dykes - July - beekeepers	1	7/12/2021	7/12/2021
Talking With Kids About Race 7-26	1	7/26/2021	7/26/2021

Thank you Alpena County for your continued support of Michigan State University Extension!

Adam Koivisto

District 14 Director