

CCS Health and Wellness Committee Meeting Minutes submitted by Kathy Faust

11-2-23 Thursday 3:15

Present: Kathy Faust – Coordinator of Food and Nutrition Services, Paula Green, Missie Haag, Lisa Laasch, Lori Ackerman, Paige Jahnke, Jennifer Muller via Zoom, Cynthia Johnson from Sprout - Guest.

We read the minutes from the last meeting.

1. We talked about the Wellness Policy and the Mission Statement, all members will review and we will discuss them at our next meeting
2. Kathy will work on the triannual assessment it needs to be completed this year
3. We discussed the new farm-to-school grant and some ideas. Cynthia from Sprout Food Hub in Little Falls gave us some insight on Sprout and how she could help us with our grant. - We will work on a survey for students - this was brought up in March, Kathy will work on this
4. Talk about ways to connect both seat-based and online when we do things like the Apple Crunch day

Thursdays Meeting time works well for everyone.