



NKN Suicide Prevention Program

Adi's Act

What is Adi's Act? Senate Bill 52, also known as "Adi's Act," was passed in Oregon in 2019. This legislation requires school districts to develop and publicly post the school district's plan for suicide prevention, intervention, and postvention response activities. It is to build off Oregon's Safe Schools Act of 2009 that requires anti-bullying policies in K-12 schools. Specifically, a suicide response protocol should address prevention, intervention, and postvention protocols in the school system and address populations at higher risk for youth suicide – like LGBTQ+ students.

The Neah Kah Nie School District- Suicide Prevention and Response Protocol (NKNSD-SPRP) recognizes and builds on the skills and resources inherent in school systems. Schools are exceptionally resilient and resourceful organizations whose staff members may be called upon to deal with a crisis on any given day. Schools can be a source of support for students and community members when a crisis occurs in their community.

Suicide Facts & Figures:

Oregon 2020



On average, one person died by suicide every 10 hours in the state.

More than five times as many people died by suicide in Oregon in 2018 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 16,408 years of potential life lost (YPLL) before age 65.



Suicide cost Oregon a total of **\$740,356,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,080,811 per suicide death.**



8th leading cause of death in Oregon

- 1st leading**
cause of death for ages 10-24
- 2nd leading**
cause of death for ages 25-34
- 3rd leading**
cause of death for ages 35-44

- 5th leading**
cause of death for ages 45-54
- 8th leading**
cause of death for ages 55-64
- 13th leading**
cause of death for ages 65+

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Oregon	844	19.02	16
Nationally	48,344	14.21	

CDC, 2018 Fatal Injury Reports (accessed from www.cdc.gov/injury/wisqars/fatal.html on 3/1/2020).

OREGON HEALTHY TEEN SURVEY

December 2020 Neah-Kah-Nie School District Data

Anxiety: "During the past 30 days, how often have you been bothered by feeling nervous, anxious, or on edge?"

8th grade:	55.6%	(Several days, More than half the days, Nearly every day)
11th grade:	80.6%	

Self-Harm: "During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?"

6th grade:	23.5%	(1 or more times)
8th Grade:	13.9%	
11th Grade:	19.4%	

Suicide: "During the past 12 months, did you ever seriously consider attempting suicide?"

6th Grade:	5.7%	(Yes)
8th Grade:	17.1%	



PREVENTION
INTERVENTION
POSTVENTION

PREVENTION

- × All certified and classified staff will receive suicide prevention training using the QPR (Question, Persuade, Refer) every two years.
- × Counselors will receive additional training.
- × Problem-solving and positive coping skills will be taught to students by a combination of teachers and counselors.
- × All MS/HS students will receive up to 3 lessons per year on suicide prevention taught in partnership between teachers and counselors.
- × QPR (Question, Persuade, Refer) Training offered to parents by the school and a trained and certified QPR trainer.

INTERVENTION

- × If a student poses a risk for suicide, they are to be referred to the counselor and a risk assessment will be conducted. ([C-SSRS Short Screener](#))
- × If risk is found, counselor will move on to the [Full Scale C-SSRS](#) and call TFCC immediately to determine risk jointly.
- × If moderate to severe risk is determined
 - × Principal informed
 - × Parent to come to school to meet with student, school and TFCC counselors
 - × Student not left alone
 - × Safety and Coping Plan and a Re-entry to school plan is developed
- × Parent is notified any time a risk of self-harm is detected regardless of severity of risk

POSTVENTION

In the event that a death by suicide occurs:

- × NKNSD will activate the [Crisis Response Team](#).
 - × Superintendent or designee
 - × One administrator from each building
 - × Crisis School Counselor, & schools counselors
 - × Two additional staff members from each building and others that may include one Spanish speaking person
 - × Representatives from the Fire and Police Departments
 - × Two Pastors
- × Postvention Goals:
 - × Support the grieving process
 - × Prevent suicide contagion
 - × Reestablish healthy school climate
 - × Provide long-term surveillance
 - × Integrate and strengthen protective factors