

February

1 PTA Family Art Night 5:30

2 Clerical Day—NO SCHOOL

5 Vision Screening
Kinder, 1st, 3rd
Site Council 2:10

7 Battle of the Books 12:00

14 *Happy Valentines Day*
PTA Meeting 2:00

19 *Happy PRESIDENTS' DAY*
No School

21 Immunization Exclusion Day
100's Day

23 PBIS Event 1:00

Manzanita Messenger

FEBRUARY 2018

cutie

WE LOVE MANZANITA!

As we embrace the beginning of our second semester and celebrate Valentines Day we are given the opportunity to reflect upon all we love about Manzanita Elementary.

First is the amazing Manzanita Community comprised of students, staff, families, volunteers, and sponsors. When you reflect on all it takes to successfully raise a child the old statement "It takes a community" rings true. Each and every day we work together to ensure that every student feels loved, welcomed, and empowered. Each day teachers work to ignite a love of learning while creating possibilities of all that is possible. Each day our students work hard to reach their goals and grow their minds We LOVE how hard our staff and students work every day.

The second is the dedication to building a strong individual both socially and academically. This is a great time for students and families to focus on the four components of PBIS: Safe, Responsible, Respectful and Kind. A natural component is a focus on individual academics, attitude and attendance. Your support is essential to building success. Please help support the growth of your student in making sure your child is here and on time every day, that they are using a growth mindset and embracing challenges while demonstrating respect, responsibility, safety and kindness in every aspect of their life.

We could go on and on about all the great things we love about Manzanita! If you would like to share what you love about Manzanita feel free to post it to our Manzanita Facebook page!

Renée Hults
Principal



3RD—5TH BOOK TITLES

- ◆ **Blast-off** by Nate Bell
- ◆ **The Case of the Case of Mistaken Identity** by Mark Barnett
- ◆ **Dash** by Kirby Larson
- ◆ **The Door by the Staircase** by Katherine Marsh
- ◆ **Ella Enchanted** by Gail Carson Levine
- ◆ **EllRay Jakes the Recess King!** by Sally Warner
- ◆ **Esperanza Rising** by Pam Munoz Ryan
- ◆ **I survived the Eruption of Mt. St. Helens, 1990** by Lauren Tarshis
- ◆ **Masterpiece** by Elise Broach
- ◆ **My life in Dog Years** by Gary Paulsen
- ◆ **Mystery on Museum Mile** by Marcia Wells
- ◆ **Poppy** by Avi
- ◆ **The Red Pencil** by Andrea Davis Pinkney
- ◆ **We the Children** by Andrew Clements
- ◆ **Wild Life** by Cynthia DeFelice
- ◆ **Wild Wings** by Gill Lewis



Happy Presidents' Day

YOU ROCK

YOU'RE SWEET

ALL MINE

MY PAL

be mine

hug me

OH MY

CUTIE PIE

MY LOVE

LET'S KISS

HOW SWEET

YOU'RE NEAT

OH MY

CUTIE PIE

MY LOVE

LET'S KISS

HOW SWEET

YOU'RE NEAT

XOXO

STUDENT
DROP-OFF
AND
PICK-UP
AREA

MISS
YOU

MANZANITA
ELEMENTARY SCHOOL
PTA
SITE COUNCIL 10
2



MY
PAL

Family Advocate Needs!

Our Family Advocate has a need for like new, clean, barely worn, dresses size 5-18 for the upcoming holidays.

LOOK!

BE MINE

sweet

BE
TRUE



love

A study from Yale found that **it's better for kids to have two breakfast than to have none**. Students who participated in school breakfast programs were less likely to become overweight or obese even if they had breakfast at home before having it again at school.

A study of 5,000 kids by Cardiff University showed that children are twice as likely to score **higher than average** grades if they start the day with a healthy breakfast.

According to the International Journal of Dental Hygiene, **teenagers who skip breakfast are significantly more likely to suffer from bad breath** than teens who eat breakfast.

According to a 2005 study published in "Physiology and Behavior," eating a healthy breakfast in the morning has beneficial effects on memory -- particularly short-term -- and attention, allowing children to more quickly and accurately retrieve information. Children who eat breakfast perform better on reading, arithmetic and problem-solving tests. Eating breakfast also positively affects endurance and creativity in the classroom,

Consistent breakfast consumption is linked to better attendance and better classroom behavior and vigilance, which facilitates learning. Children may give up more easily in school if they're feeling the negative effects of skipping breakfast.

+1.5 days



+17.5%

SUN
SHINE

average increase in school attendance for students who regularly start the day with a healthy breakfast.

average increase in standardized math scores seen by students who regularly start the day with a healthy breakfast.

ALL OF OUR STUDENTS ARE ABLE TO EAT BREAKFAST FOR FREE. THE CAFETERIA OPENS AT 7:15 SO THAT STUDENTS CAN GET BREAKFAST BEFORE CLASS. THERE IS ALSO A GRAB AND GO OPTION IF THEY WOULD RATHER SAVE IT FOR SNACK TIME. IF YOUR STUDENT IS LATE AND MISSED BREAKFAST, HAVE THEM LET THE OFFICE KNOW SO THAT WE CAN BE SURE THEY GET BREAKFAST OR A GRAB AND GO.

Please encourage your child to eat breakfast --either at home or school. If they don't eat at home please remind them to go to the cafeteria for breakfast or a grab and go.

Some easy ideas for an at home breakfast are: **Yogurt, Oatmeal, Cereal, Cheese, Fruit, Mini Muffins, Fruit Smoothies**

Coming Soon
MARCH

SWEET
PEA

- 5 Site Council 2:10
- 7 Spring Pictures
- 8 2nd & 3rd Grade Music Program
- 14 District Science Fair
PTA Meeting 2:10
- 21 4th grade to Science Works
- 23 PBIS Event 1:00
- 26 Spring Break NO SCHOOL
- ~
30 School Resumes April 2nd



OH
MY

CUTIE
PIE

MY
LOVE

LET'S
KISS

HOW
SWEET

YOU'RE
NEAT

OH
MY

CUTIE
PIE

MY
LOVE

LET'S
KISS

HOW
SWEET

YOU'RE
NEAT