



ACTIVE STUDENT TASK FORCE UPDATE

BACKGROUND INFORMATION:

Based on the information provided to the School Board at the November 16, 2015 Business Meeting, the Active Student Task Force is making the following recommendations and requests:

- Continue to make increased student activity levels, for all students, a priority for the Beaverton School District.
- Continue to encourage the Beaverton School District to make progress towards meeting the requirements of House Bill 3141 and providing all elementary school students 150 minutes and middle school students 225 minutes of moderate to vigorous physical activity per week.
- Encourage the Beaverton School District leadership to provide all elementary schools the Physical Education staff for the 2017-18 school year to ensure a minimum of 100 minutes of Physical Education instruction, with a minimum of 50% spent in moderate to vigorous physical activity, per week is provided through each school's Physical Education program.
- Encourage the Beaverton School District leadership to provide all middle schools the Physical Education staff for the 2017-18 school year to ensure a minimum of 175 minutes of Physical Education instruction, with a minimum of 50% spent in moderate to vigorous physical activity, per week is provided through each school's Physical Education program.
- Encourage the Beaverton School District leadership to require all elementary and middle schools in the 2017-18 school year to implement plans to ensure any number of minutes required by HB3141, yet not accounted for within their individual Physical Education program, are provided through multiple short periods of moderate to vigorous physical activity throughout the school day (Start Each Day Exercise, Brain Boosts, multiple recess periods, etc.).
- Change the specifications for the four new elementary schools, ensuring adequate gymnasium / Physical Education facilities are available to accommodate 750 students. The current specifications call for a single gymnasium of 6700 square feet.
 - 8250 square feet are required if 150 minutes per week is to be met through the Physical Education program.
 - Only 5528 square feet are required if 100 minutes per week is to be met through the Physical Education program and the remaining 50 minutes per week are required through other means.
- Encourage the Beaverton School District leadership to analyze construction options and use current bond funds to expand the Physical Education facilities at the elementary and middle schools with the greatest needs to accommodate their student enrollment.
 - See Appendix A for elementary facilities requirements if 150 minutes is to be accounted for through the Physical Education program.
 - See Appendix B for elementary facilities requirements if 100 minutes is to be accounted for through the Physical Education program.
 - See Appendix C for middle school facilities requirements if 225 minutes is to be accounted for through the Physical Education program.
 - See Appendix D for middle school facilities requirements if 175 minutes is to be accounted for through the Physical Education program.

District Goal: WE empower all students to achieve post-high school success.

The Beaverton School District recognizes the diversity and worth of all individuals and groups. It is the policy of the Beaverton School District that there will be no discrimination or harassment of individuals or groups based on race, color, religion, gender, sexual orientation, gender identity, gender expression, national origin, marital status, age, veterans' status, genetic information or disability in any educational programs, activities or employment.

- Encourage the Beaverton School District leadership to develop practices that minimize the obstacles for student participation in high school athletics.
- Adopt a Wellness – Physical Education and Activity policy.
- Encourage the Beaverton School District leadership to consider becoming a “Let’s Move” Active School District.
- Encourage the Beaverton School District leadership to require all elementary and middle schools to have students participate in lunch recess prior to eating.
- Encourage the Beaverton School District leadership to support a minimum of 11 elementary schools and three middle schools as ASTF Pilot Schools during the 2016-17 school year and all 14 schools meeting the expectations listed above.
- Encourage the Beaverton School District leadership to consider initiating the Physical Education Adoption process within the 2016-2017 school year.

RECOMMENDATION

It is recommendation that the School Board review the recommendations and requests.

APPENDIX A

Physical Education Space Required if 150 Minutes Per Week Occurs Within PE Classes						
Elementary School	2015-16 Projected Enrollment	Gross PE Space Required (110 Sq. Ft. per student)	Actual PE Space Required (Assumes 150 min/ week of PE classes)	Delta between required and actual	Total PE Space Currently Available (Includes gyms and Multi- purpose rooms)	Notes:
Vose	680	74800	7480	-4,474	3006	Scheduled for replacement
Findley	826	90860	9086	-4,454	4632	
Beaver Acres	729	80190	8019	-4,199	3820	
Kinnaman	713	78430	7843	-3,733	4110	
Jacob Wismer	731	80410	8041	-3,493	4548	
Barnes	713	78430	7843	-3,320	4523	
Hiteon	669	73590	7359	-3,257	4102	
McKinley	634	69740	6974	-2,854	4120	
Bonny Slope	640	70400	7040	-2,482	4558	
Elmonica	587	64570	6457	-2,381	4076	
Oak Hills	573	63030	6303	-2,191	4112	
Rock Creek	554	60940	6094	-1,862	4232	
Raleigh Hills	573	63030	6303	-1,816	4487	
Bethany	521	57310	5731	-1,645	4086	
Nancy Ryles	559	61490	6149	-1,503	4646	
Chehalem	501	55110	5511	-1,400	4111	
Scholls Heights	549	60390	6039	-1,391	4648	
Aloha Huber	1000	110000	11000	-1,167	9833	
Hazeldale	422	46420	4642	-1,064	3578	Scheduled for replacement
Springville	951	104610	10461	-875	9586	
Errol Hassell	480	52800	5280	-729	4551	
Raleigh Park	411	45210	4521	-591	3930	
Terra Linda	415	45650	4565	-464	4101	
Cooper Mountain	484	53240	5324	-401	4923	
Greenway	391	43010	4301	-289	4012	
Cedar Mill	354	38940	3894	-190	3704	
Sexton Mountain	466	51260	5126	71	5197	
Montclair	358	39380	3938	174	4112	
William Walker	482	53020	5302	193	5495	Scheduled for replacement
McKay	335	36850	3685	430	4115	
West TV	327	35970	3597	910	4507	
Fir Grove	510	56100	5610	1,877	7487	
Ridgewood	434	47740	4774	3,396	8170	

APPENDIX B

Physical Education Space Required if 100 Minutes Per Week Occurs Within PE Classes						
Elementary School	2015-16 Projected Enrollment	Gross PE Space Required (110 Sq. Ft. per student)	Actual PE Space Required (Assumes 100 min/ week of PE classes)	Delta between required and actual	Total PE Space Currently Available (Includes gyms and Multi- purpose rooms)	Notes:
Vose	680	74800	5012	-2006	3006	Scheduled for replacement
Findley	826	90860	6086	-1454	4632	
Beaver Acres	729	80190	5373	-1553	3820	
Kinnaman	713	78430	5255	-1145	4110	
Jacob Wismer	731	80410	5387	-839	4548	
Barnes	713	78430	5255	-732	4523	
Hiteon	669	73590	4931	-829	4102	
McKinley	634	69740	4673	-553	4120	
Bonny Slope	640	70400	4717	-159	4558	
Elmonica	587	64570	4326	-250	4076	
Oak Hills	573	63030	4223	-111	4112	
Rock Creek	554	60940	4083	149	4232	
Raleigh Hills	573	63030	4223	264	4487	
Bethany	521	57310	3840	246	4086	
Nancy Ryles	559	61490	4120	526	4646	
Chehalem	501	55110	3692	419	4111	
Scholls Heights	549	60390	4046	602	4648	
Aloha Huber	1000	110000	7370	2463	9833	
Hazeldale	422	46420	3110	468	3578	Scheduled for replacement
Springville	951	104610	7009	2577	9586	
Errol Hassell	480	52800	3538	1013	4551	
Raleigh Park	411	45210	3029	901	3930	
Terra Linda	415	45650	3059	1042	4101	
Cooper Mountain	484	53240	3567	1356	4923	
Greenway	391	43010	2882	1130	4012	
Cedar Mill	354	38940	2609	1095	3704	
Sexton Mountain	466	51260	3434	1763	5197	
Montclair	358	39380	2638	1474	4112	
William Walker	482	53020	3552	1943	5495	Scheduled for replacement
McKay	335	36850	2469	1646	4115	
West TV	327	35970	2410	2097	4507	
Fir Grove	510	56100	3759	3728	7487	
Ridgewood	434	47740	3199	4971	8170	

APPENDIX C

Physical Education Space Required if 225 Minutes Per Week Occurs Within PE Classes						
Middle School	2015-16 Projected Enrollment	Gross PE Space Required (110 Sq. Ft. per student)	Actual PE Space Required (Assumes 225 min/ week of PE classes)	Delta between required and actual	Total PE Space Currently Available (Includes gyms and Multi- purpose rooms)	Notes:
Stoller	1401	154110	22015	-11588	10427	
Conestoga	871	95810	13687	-985	12702	
Cedar Park	1020	112200	16028	-919	15109	
Highland Park	880	96800	13828	1248	15076	
Meadow Park	806	88660	12665	2620	15285	
Five Oaks	995	109450	15635	2735	18369	
Whitford	668	73480	10497	4579	15076	
Mountain View	826	90860	12980	5855	18835	

APPENDIX D

Physical Education Space Required if 175 Minutes Per Week Occurs Within PE Classes						
Middle School	2015-16 Projected Enrollment	Gross PE Space Required (110 Sq. Ft. per student)	Actual PE Space Required (Assumes 175 min/ week of PE classes)	Delta between required and actual	Total PE Space Currently Available (Includes gyms and Multi- purpose rooms)	Notes:
Stoller	1401	154110	17172	-6745	10427	
Conestoga	871	95810	10676	2026	12702	
Cedar Park	1020	112200	12502	2607	15109	
Highland Park	880	96800	10786	4290	15076	
Meadow Park	806	88660	9879	5407	15285	
Five Oaks	995	109450	12195	6174	18369	
Whitford	668	73480	8188	6888	15076	
Mountain View	826	90860	10124	8711	18835	