



# Playworks



Teaching the power of play

# Playworks Core Values

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## ■ **Healthy Play**

- Fun activities with physically, emotionally, socially positive behavior

## ■ **Inclusion**

- Insuring active participation from all

## ■ **Respect**

- Commitment to show consideration and appreciation

## ■ **Healthy Community**

- Positive connection to group

# Recess Coach

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- Full-time assignment
- Change in role from traditional supervision model to coaching
- Focuses on engaging students in active, healthy play
- Teaches games that encourage involvement
- Sets up the playground for multiple games, activities in designated areas

# Games set the stage

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- Non-traditional, cooperative games
- High-energy games with little “wait” or “watch” time
- Games where skill level, competition doesn't impact participation or enjoyment
- Structured so activities, participation not gender-related

# Role of the coach

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- Adults play and have fun!!
- Model and teach being “out,” returning to play
- Plan ahead to prevent exclusion or disrespect
- Teach :
  - Attention-getters
  - Closing Cheers
  - Ro-Sham-Bo (Rock, Paper, Scissors)

# Reduction in playground discipline referrals

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## ■ 2009-2010 (full year)

■ Prescott	118
■ Russell	37
■ Sacramento	100
■ Shaver	87

## ■ 2010-2011 (Sept-Dec)

■ Prescott	18
■ Russell	7
■ Sacramento	18
■ Shaver	18