



SCHOOL BOARD MEETING REPORT

Board Meeting Date: 12-Dec-18 Superintendent: Dave Valenzuela

Administrator/Staff: Travis Osborne

Type of Item: ☐ Informational ☒ Action

Please state your proposal briefly and clearly. What do you want the board to know, discuss, or decide?

Requesting out of state travel to Nashville, Tennessee June 27-30, 2019 for the NHSSCA National High School Strength & Conditioning Association National Conference. Travel would be for Travis Osborne - District Office, Kelsey Goodman - North Valley and Ethan Bass - Hidden Valley. The cost of the conference is being paid out of Title IV funds.

Provide history/background information on your proposal:

The National Conference offers the best Professional Development for our Strength & Conditioning Specialists we have at the high school levels. It will be a combination of lecture and hands on trainings with this years offerings being specific to the programming we run in our high schools called the "Tier System." The creator of this high school based system will be the keynote along with his team offering breakout sessions for hands on training on properly implementing this system for safe and effective instruction. Our teachers are working this year in PLC to align all of our programs with each other in regards to curriculum, formative assessments and data tracking. There are few high school specific trainings such as these offered that are specific to our needs at the MS/HS levels to enhance our instruction delivery all the while providing a safe environment for student/athletes. Our numbers in these programs continue to grow each school year and now have summer programs as well offered to our students to continuing our progress of getting better everyday is a goal that this helps us meet.

List the advantages of your proposal:

This is the best possible professional development opportunity for our S&C teachers to attend providing information, hands on trainings and networking which is critical in our subject area as it is ever changing each year. Our teachers in this area are eager to continue their improvements even beyond the school year and into holiday breaks which shows are students are put first. The timing of the conference is a positive as well because it gives us an opportunity to reflect on our year but also plan for the upcoming school year and changes for improvement that can be made.

List possible disadvantages of your proposal:

The only disadvantage is that this professional development is out of state.

List possible alternatives that could also offer a solution to your proposal. Why were they not recommended?

As stated before there are few professional development opportunities for teachers in the area of Strength & Conditioning specific to the MS/HS Levels. This conference also specifically addresses the exact program we run in our district with our students which is rare to find without going out of our state.

Superintendent's recommendation(s):

Approve: Yes ☒ No ☐