

2017-18 SHAC

HEADING IN THE RIGHT DIRECTION

ECISD

Student

Health

Advisory

Council



2017-18 SHAC

Heading In The Right Direction

HISTORTIAL EFFORTS with SHAC INTERVENTIONS

- HGD – Texas Tech University HSC and The Life Center
- Nurses at Every Campus
- Additional HS Trainer/HGD Instructor
- Community Partners in HGD
- GoNoodle – Online Classroom Movement (Medical Center Hospital)

2017-18 SHAC

Heading In The Right Direction

PARENT MEMBERS

- Sarah Keites
- Gracie Flores
- Christin Abbott-Timmons
- Dawn Weaks
- Holly Moore
- Amanda Varela
- Erin Gwilliam
- Bianca Carpenter

COMMUNITY MEMBERS

- Diana Edmiston
- Lisa Cline
- Suzanne Rathbun
- Mellessa Brenem
- Renee Morris
- Larissa Guevara

2017-18 SHAC Officers

Co-Chairs

Mellessa Brenem

Christin Timmons

Co-Secretaries

Holly Moore

Gracie Flores



2017–18
OCTOBER
SHAC

Heading In the Right Direction

Organizational
Meeting

Officers

Agendas

Committees

C-SHAC



2017-18 SHAC

OCTOBER

Heading In The Right Direction

Organizational Topics:

- Updated 2016-17 Board Recommendations
- Blackshear Health Pilot – Research New Curriculum
- HGD Community Partnerships Growing
- Ireland and Goliad C-SHAC
- Grant Funds Allocations

2017–18
NOVEMBER
SHAC

Heading In the Right Direction

Recess Before
Lunch

Katy Taylor

Director of School Nutrition

Plate Waste Survey



2017-18 SHAC

NOVEMBER

Heading In The Right Direction

Plate Waste Survey:

Recess Before Lunch vs Recess After Lunch

- ECISD Students - Capstone Project
- Four Campuses: Buice, Burleson, Downing and Travis
- Coded Trays with Pre/Post Meal Pictures
- Sample Size: 1335 Students
- Data Recorded: Food Selection and Consumption

2017-18 SHAC

NOVEMBER

Heading In The Right Direction

Plate Waste Survey:

Recess Before Lunch vs Recess After Lunch

- **Conclusions:** Students selected more fruit, milk, desert and less a la carte items. They consumed significantly more entrée vegetables, fruit, milk, desert and a la carte items.
- **National Data:** Improved concentration and discipline, reduced nurse visits.

2017-18 SHAC

NOVEMBER

Heading In The Right Direction

- **District Wellness Policy:** “Elementary schools shall make every effort to schedule recess periods prior to the scheduled lunch period”.
- **Recommendations:** The School Nutrition Department is making strong recommendations for “Recess Before Lunch” to be mandated at the District Elementary Campuses.
- **Continued Discussion:** SHAC has asked for current Elementary lunch schedules and STAAR test results.

2017–18
**DECEMBER
SHAC**

Heading In the Right Direction

Synthetic Drugs

Mellessa Brenem

PBRCADA



2017-18 SHAC

DECEMBER

Heading In The Right Direction

Synthetic Drugs

- Definition: Not From Plants – Man Made Chemicals
- Sold As: Household items (incense, bath salts, potpourri)
- Very Easily Accessible: Convenience Stores or Online
- Titles: K2, Spice, AK-47, Mr Happy, Scooby Snax, Kush, Kronic

2017-18 SHAC

DECEMBER

Heading In The Right Direction

Permian Basin Regional Council on Alcohol and Drug Abuse

PBRCADA

Prevention Programs:

- Impact Youth
- Daddy and Me
- Mommy and Me
- XOUT Coalition

2017-18 SHAC

DECEMBER

Heading In The Right Direction

HB5 – Community Survey Wellness and Physical Education

- PE Curriculum
- Health and Community Partnership
- District Wellness Policy
- Nursing Services
- Counselor Interventions
- Academic Inclusion
- After-School Sports Programs

2017–18
January
SHAC

Heading In the Right Direction

Student Mental Health

Trauma-Informed Schools

Nancy Vanley

Executive Director Guidance & Counseling

LGBT Issues at ECISD

Laura Mathew

Director Health Services



2017-18 SHAC

JANUARY

Heading In The Right Direction

Trauma-Informed Schools

- What has Happened – Not What is Wrong
- Training for Counselors
- Additional Training this Summer
- Recommended Training for all ECISD Staff
- Safe Schools Online Training

2017-18 SHAC

JANUARY

Heading In The Right Direction

LGBT Issues at ECISD

- ECISD Mission Statement – All Students Succeed
- Health Services Invited Speakers
- Professional Development in August
- Safe Schools Online Training
- NTO Student Video

2017–18
February
SHAC

Heading In the Right Direction

Community In Schools

Secondary Support

Eliseo Elizondo

Executive Director



Communities
In Schools

2017-18 SHAC

FEBRUARY

Heading In The Right Direction

Secondary Support

Lower Education Leads to:

- Less Job Opportunities
- Poor Health
- Rely on Government Services
- Poverty: #1 Issue, 1 in 4 West Texans

Contributing Factors:

- High Cost of Living

2017-18 SHAC

FEBRUARY

Heading In The Right Direction

Secondary Support

Local Business Partnerships:

- Basic Tools for Successful Adult Life
- Both High Schools
- Most Middle Schools

2017-18 SHAC

FEBRUARY

Heading In The Right Direction

Secondary Support

Midland & Odessa Community in Schools

- Over 640 Students
- 98% Success Rate
- 95% Graduation rate

2017–18
March
SHAC

Heading In the Right Direction

Human Growth
and
Development
Reproductive
Education

Dr Lisa Platner
TTUHSC



TEXAS TECH

U N I V E R S I T Y

2017-18 SHAC

MARCH

Heading In The Right Direction

Reproductive Education

Data Shows:

- Significant Decrease in Teen Births
- Increase in Graduation Rates
- STD Rates Continue to Skyrocket
- Parents Hesitant to Participate

2017-18 SHAC

MARCH

Heading In The Right Direction

Reproductive Education

TTUHSC HGD Big Decisions:

- 1676 Middle School Students
- 1559 High School Students

Pre-Test and Post-Test Survey Narrowing

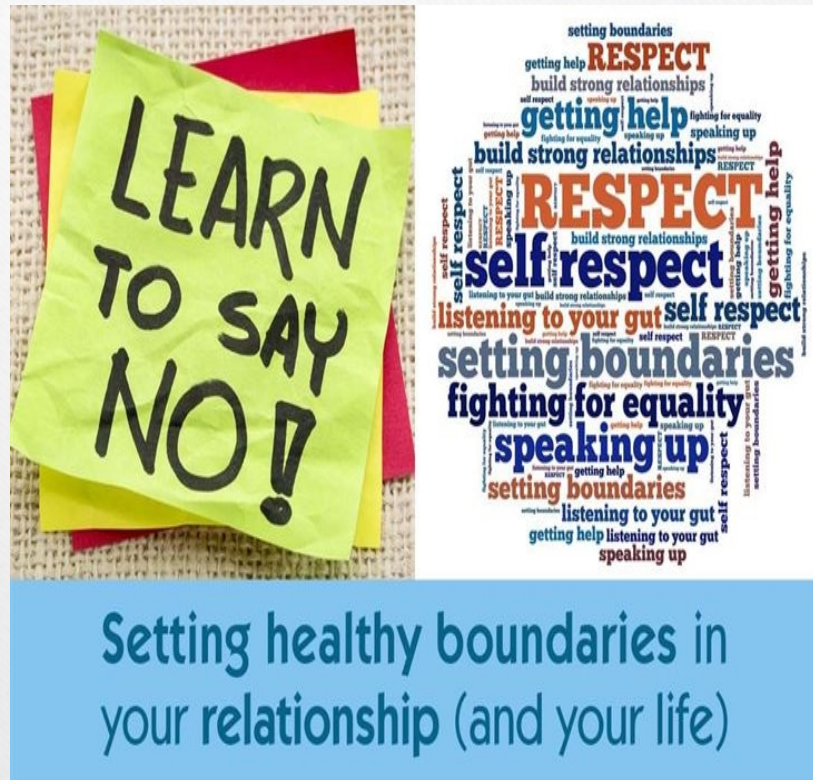
2017–18
April
SHAC

Heading In the Right Direction

The Life Center
Impact / Y.WUD.I

No Gray

Misty Stewart
The Life Center



2017-18 SHAC

APRIL

Heading In The Right Direction

TEXAS CAMPAIGN TO PREVENT TEEN PREGNANCY

2018 Community Partner Award

Texas Tech University HSC

The Life Center

ECISD

2017-18 SHAC

APRIL

Heading In The Right Direction

The Life Center - Programs

Impact: 5th Grade

Goals & Values

Puberty

Risks & Boundaries

Y-WUD-I: 6th – 8th Grade

Goals & Values

High Risk Behaviors

Sex/Healthy Relationships

No Gray: High School Students

2017-18 SHAC

APRIL

Heading In The Right Direction

The Life Center – Data

ECISD Ninth and Tenth Survey

Strongly Agree:

- Consider future goals when making decisions.
- Create strong boundaries and avoid high risk behaviors.
- Understand how STD's are spread and their effects.
- Sex before marriage can have long lasting effects in all areas of life.

2017–18 SHAC BOARD

Recommendations

Heading In the Right Direction

C-SHAC

Lunch Before Recess

Human Growth and
Development

Faculty Training

Community in Schools



2017-18 SHAC

Board Recommendations

Heading In The Right Direction

Areas of Support

Community Inclusion

- Campus - Student Health Advisory Council CSHAC
- Community in Schools

2017-18 SHAC

Board Recommendations

Heading In The Right Direction

Recommendations

1) Academic Excellence

- Recess Before Lunch

2) Safe and Supportive Learning Environment

- Faculty Training – Mental Health
 - Trauma Informed Schools
 - Safe Schools

2017-18 SHAC

Board Recommendations

Heading In The Right Direction

Recommendations

3) Purposeful Timely Two-Way Communication

- Parent Notification for HGD Health Curriculum Supplement
- HGD Parent Preview - Online Media Sources

4) College and Career Readiness

- HGD Review Course for Juniors and Seniors

2017-18 SHAC

Board Recommendations

Heading In The Right Direction

Recognition of Excellence

TEXAS CAMPAIGN TO PREVENT TEEN PREGNANCY

2018 Community Partner Award

Texas Tech University HSC – Dr. Lisa Platner

The Life Center – Mrs. Misty Stewart

ECISD – Student Health Advisory Council