

January 2026

COUGAR NATION NEWS

News from the Principal

Dear Cougar Families:

Illinois Valley High School is excited to kick off the new year with our core values front and center. Our students continue to Live RED—Respectful, Excellent, and Determined—in the classroom, on the court and mat, and throughout our halls.

Winter sports are now in full swing, and we're proud of the hard work and sportsmanship our athletes are showing across all teams. As we enter the final stretch of the semester, encourage your students to stay focused, give their best effort, and finish strong. Excellence is a daily choice, and January is the perfect time to reset, recommit, and rise to the challenge.

Here's to a great start to 2025 and a strong finish to the semester!

Mr. Lathen
IVHS Principal



Dates to Remember

January 5.....Return to School
January 8.....Choir to U of O
January 19.....MLK Day (No School)
January 22.....End of 2nd quarter
January 28.....Parent Night

