

**BOARD OF EDUCATION  
BEEVILLE INDEPENDENT SCHOOL DISTRICT**

Date: June 15, 2010

Subject: School Health Advisory Council

Submitted by: Cindy Clendennen

**Action**

**BACKGROUND INFORMATION:**

The School Health Advisory Council met 4 times during the 2009-10 school year. During two of the meetings, they learned of *Worth the Wait*, a sex education curriculum for grades 6 through high school. The SHAC reviewed y grades 7 and 8 this year but will review grades 6 and high school next year. After review and testimony from the BISD school nurses and Dr. Karole Beasley, the committee felt this would be an excellent program to introduce next year at Moreno Middle School.

*Worth the Wait* was developed by Scott & White and written by health care professionals, attorneys, and certified teachers. It contains a variety of topics that helps students realize the social, psychological, and physical health gains they will achieve by abstaining from sexual activity. It also provides students with the skills that will lead them to self-sufficiency and a strong resolve to remain abstinent. The curriculum provides factual, age-appropriate information that helps students understand that abstinence is the expected standard for teens. As students advance from grade to grade, they receive more detailed information and learn lessons that build upon knowledge acquired in previous years. Even so, each year's curriculum can be used very effectively as a stand-alone product. Curriculum ranges from grade 6 through high school.

Grade 7 curriculum provides information on puberty, teen pregnancy and STDs. Students learn refusal skills through role playing.

Grade 8 curriculum provides more detailed information on STDs, teen pregnancy, and the laws concerning teens and sex. Role playing is used to help students learn about peer pressure, goal setting and setting limits.

Curricula includes detailed lesson plans for each grade level, scripted narrative for teachers, and activities for all types of learners (visual, auditory, and kinesthetic).

The SHAC was unanimous in making the recommendation for implementation during the 2010-2011 school year to the Board of Trustees.

**ITEMS ADDRESSED:**

*Worth the Wait* Sex Education Program

**RECOMMENDED ACTION:**

Accept the recommendation from the SHAC to implement *Worth the Wait* at grades 7 and 8 during the 2010-2011 school year

**BUDGETARY INFORMATION:**

Approximately \$250.00