

# 2015-16 SHAC Report

Student Health Advisory Council

ECISD UNSOLVED HEALTH ISSUES



2015-16

# SHAC MEMBERSHIP

## Parent Members

- Arlo Chavira
- Diana Edmiston
- Tonya Eckert
- Rhonda Spykes
- Gracie Flores
- Kathy Siepak
- Carrie Bronaugh
- Christin Abbott-Timmons

## Community Members

- Jeff Russell
- Lisa Cline
- Suzanne Rathbun
- Mellessa Brenem
- Beth Meyerson
- Diana Ruiz

2015-16

# SHAC POSITIONS

## Officers

### ▪ **Co-Chairs:**

Tonya Eckert

Christin Timmons

### ▪ **Co-Secretaries:**

Carrie Bronaugh

Mellessa Brenem

## Committee Leaders

### ▪ **Evidence Based HGD Curriculum:**

Beth Meyerson - Co-Chair

Kathy Siepack

Lisa Cline - Secretary

Renee Morris

Nancy Surber

Tonya Eckert

Dawn Weaks - Co-Chair

### **District Provider Representatives:**

Gracie Flores - TTUHSC

Misty Stewart - TLC

2015-16

# MEETING SCHEDULE

## TOPICS

- October 18th Organizational Meeting
- November 12th Midland Area Aids Support
- December 10th Parent Power
- January 14th OrganWise
- February 11th 2016-17 HGD Curriculum
- March 24<sup>th</sup> Conscious Discipline
- April 14th National RAD Kids
- May 5th Board Presentation Finalization
- May 10th Recommendations to Board

## PRESENTERS

- Tonya Eckert Casa De Amigos
- Judy Warren MAAS
- Lisa Platner TTUHSC
- Lisa Cline West Texas Food Bank
- Misty Stewart The Life Center
- Sherry Palmer & Martha Mitchell
- Catie Wiedenhofer Safe Kids Coordinator
- Tonya Eckert & Christin Abbott

# SHAC October Meeting

Thursday, Oct 8<sup>th</sup>

AD Bldg Conference Rm A/B 12:30-2:00

ORGANIZATIONAL MEETING



2015-16

# OCTOBER REPORT

- **New SHAC Members**

Carrie Bronaugh – Director of PBRCADA

Lisa Cline – West Texas Food Bank / Nutrition Education Specialist

Mellessa Brenem – PBRCADA Community Liaison

- **New SHAC Administration Member**

Nancy Surber – Athletic Director

Scott McKown – District Police Officer

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# OCTOBER REPORT

- **2014-15 Board Recommendations Review**

- 1) Traffic Safety:**

- Campus Traffic Flow Diagrams

- Safety Messages

- Media Involvement

- 2) Social Emotional Health:**

- Darkness to Light Training

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# OCTOBER REPORT

- **2014-15 Board Recommendations Review**

- 3) School Nutrition:**

- Recess Before Lunch

- Unfinished High School Cafeterias

- 4) Health Curriculum:**

- Health Lessons in Daily Curriculum

- Campus Human Growth and Development Contact



2015-16

# OCTOBER REPORT

- **Basin Breast Cancer Coalition**

**District T-shirt Design Contest:**

Support

Promote

Judge

# SHAC November Meeting

Thursday, Nov 12<sup>th</sup>

MIDLAND/ODESSA AREA

AIDS SUPPORT



2015-16

# NOVEMBER REPORT

- **Midland/Odessa Area Aids Support (MAAS)**

Founder - Judy Warren 25 years

Passionate – Personal - Caring

Two Day Curriculum:

Day 1 – Choices, Consequences and Self-Esteem

Day 2 – STD's, Contraception & Abstinence Plus

Myths and Facts about HIV/AIDS

Confidential Counseling Provided

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# NOVEMBER REPORT

- **Human Growth and Development Sub-Committee**
  - “Evidenced Based” Definition Discussion
    - 1) Significant Change
    - 2) Positive Difference
  
- **Texas Tech University HSC – Fifth Grade HGD**

# SHAC December Meeting

Thursday, Dec 10<sup>th</sup>

PARENT POWER

TEXAS TECH UNIVERSITY HSC



2015-16

# DECEMBER REPORT

- **Super Parents (Texas Tech University HSC)**

How to Talk to Your Teen

Tweens – Not Quite Teens

Dealing With peer Pressure

STD's – How Common are They

RAD Kids

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# DECEMBER REPORT

- **Five Pillars of Success**

3) Education

2) Contraception

4) Parental Support

1) Access to Care

5) Social Support

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# DECEMBER REPORT

- **District and Community Promotion**

ECISD Nurses and Counselors

Parent Link

Medical Center and Texas Tech



# SHAC January Meeting

Thursday, Jan 14<sup>th</sup>

ORGANWISE

WEST TEXAS FOOD BANK



2015-16

# JANUARY REPORT

- **West Texas Food Bank – OrganWise:**
  
- **OrganWise Mission:**

**Empower Kids to be Healthy and Smart  
from the Inside out.**

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# JANUARY REPORT

- **OrganWise Curriculum:**

**Childhood Obesity Prevention Program**

**Evidence Based**

**TEKS Aligned**

**Interactive**

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# JANUARY REPORT

- **OrganWise Key Elements:**

Low Fat

High Fiber

Water

Exercise

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# JANUARY REPORT

- **OrganWise Characters:**

Annie

Internal Organs

# SHAC February Meeting

Thursday, Feb 11<sup>th</sup>

THE LIFE CENTER

“IMPACT - YWUDI - NO GREY”



2015-16

# FEBRUARY REPORT

- **The Life Center – NO GREY:**

- A. All Individuals are Valued**

- 1) Physical

- 2) Intellectual

- 3) Emotional

- 4) Social

- 5) Spiritual

- 6) Sexual

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# FEBRUARY REPORT

- **The Life Center – NO GREY:**

- B. Three Day curriculum

- Day 1 – Definition of Sex and Abstinence

- Setting Boundaries

- Social Media

- Role Models



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# FEBRUARY REPORT

- **The Life Center – NO GREY:**

- B. Three Day curriculum

- Day 2 – Sex in Media

- Consequences of Sex

- Sexting Laws

- Rape and Sexual Assault

- The Brain and Sex

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# FEBRUARY REPORT

- **The Life Center – NO GREY:**

- B. Three Day curriculum

- Day 3 – Continue Consequences

- STD's

- And Parenthood

- C. Heritage Keepers Training

# SHAC March Meeting

Thursday, Mar 24<sup>th</sup>

CONSCIOUS DISCIPLINE

SAFETY. CONNECTION. PROBLEM-SOLVING



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# MARCH REPORT

- **Conscious Discipline**

- A. Multidisciplinary Approach:**

1. Executive State
2. Emotional State
3. Survival State

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# MARCH REPORT

- **Conscious Discipline**

- B. Discipline Skills:**

- 1. Composure

- 2. Encouragement

- 3. Assertiveness

- 4. Choices

- 5. Empathy

- 6. Positive Intent

- 7. Consequences

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# MARCH REPORT

- **Conscious Discipline**

- C. The Research:**

- \* Improves Social and Emotional Skills (students and teachers)
    - \* Improves Students Academic Readiness and Achievement
    - \* Improves Teacher – Student Interaction
    - \* Improves School Climate
    - \* Decreases Aggression
    - \* Decreases Impulsivity and Hyperactivity

# SHAC April Meeting

Thursday, Apr 14<sup>th</sup>

RAD KIDS

PERSONAL EMPOWERMENT SAFETY EDUCATION



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# APRIL REPORT

- **radKIDS Empowerment Safety**

- A. Safety Topics:**

1. Home
2. School and Vehicle
3. Out and About
4. Bully Prevention
5. Realistic Defense Against Abduction
6. Personal Space/Personal Touch



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# APRIL REPORT

- **radKIDS Empowerment Safety**

- B. What's Your Plan: (Safe Zone)**

- #1 [adult approaches] “Keep A Safe Distance”

- #2 [adult asks for help] “NO in a Loud Voice – Run”

- #3 [adult in a car] “Three Giant Steps Back – Run”

- #4 [adult touches you] “NO in a Loud Voice – Run”

- #5 [anyone grabs you] “Hit Hard – Run Away”

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# APRIL REPORT

- **radKIDS Empowerment Safety**

- C. Making a Difference:**

- \* Over 250,000 Children Trained
    - \* 5000 Community Based Instructors
    - \* Over 98 Threatened Children Returned Safely
    - \* 1000's of Sexually Abused/Assaulted Children have Spoken Up
    - \* 1000's More Have Escaped Bullying and Peer Violence

# 2015-16 SHAC YEARLY REPORT

BOARD RECOMMENDATIONS



2015-16

# ITEMS of SUPPORT

- **“OrganWise” – Childhood Obesity Prevention Program is currently offered as a resource in K-5 Physical Education Curriculum. This is a free resource provided by West Texas Food Bank to include the curriculum and Instructor.**

(previously approved for use by Mr. Vesely and Mr. Neiman)

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# ITEMS of SUPPORT

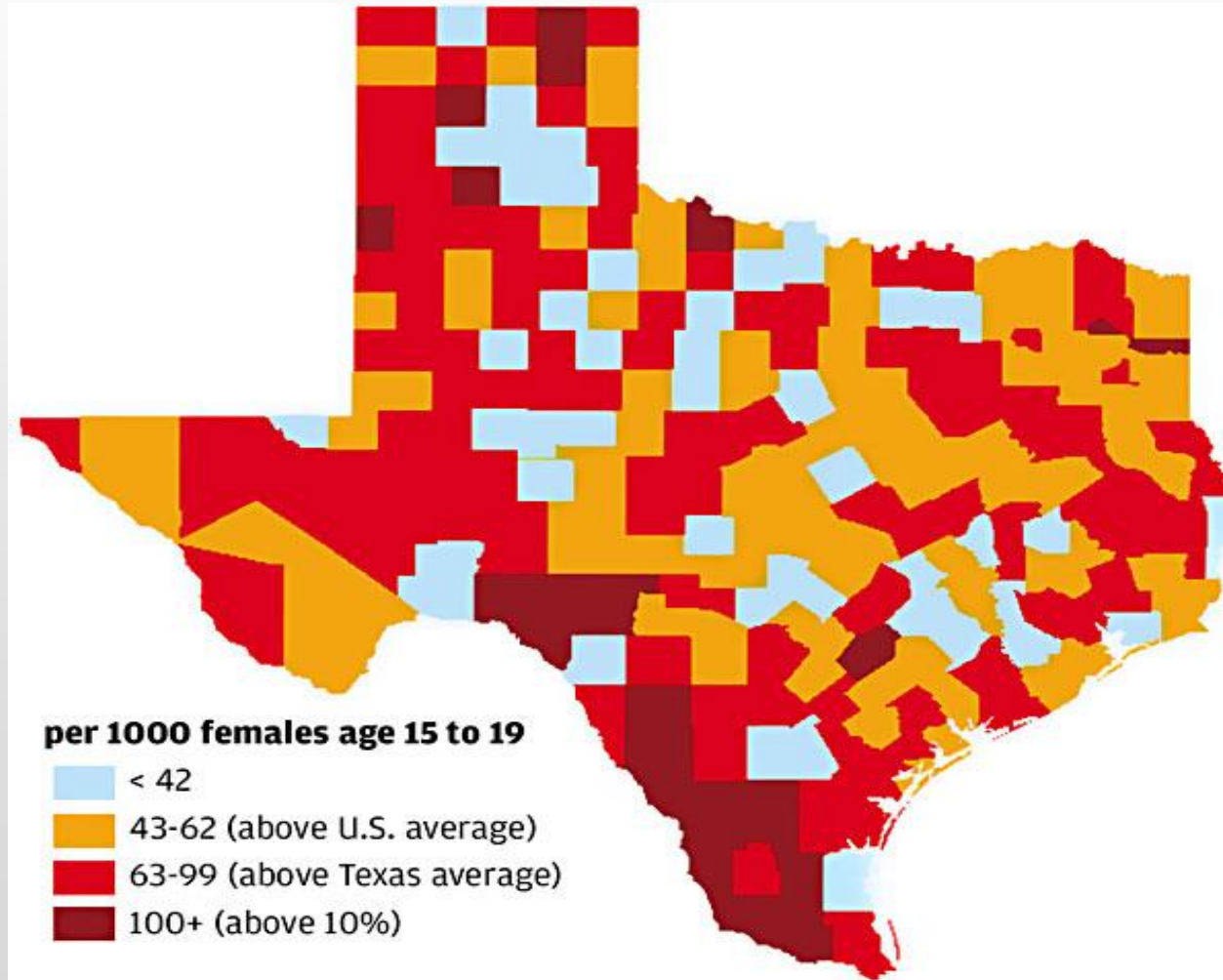


# ITEMS of SUPPORT

- **SHAC continued commitment of researching an evidence based/informed “Abstinence Plus” Human Growth & Development (HG&D) curriculum that can be used by Texas Tech University Health Science Center, Life Center, local organizations, parents, and the faith community.**

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# ITEMS of SUPPORT



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# ITEMS of SUPPORT

- **Texas Tech University Health Science Center to continue utilizing the HG&D adaptation of “Big Decisions”.**



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# ITEMS of SUPPORT



TEXAS TECH

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U N I V E R S I T Y.®

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# BOARD RECOMMENDATIONS

- Request ECISD School Board publicly and institutionally support the **5 partners** of a successful “Teen Pregnancy Prevention Program”.
  - 1) School-based Sex Education
  - 2) Parent Involvement
  - 3) Medical Community
  - 4) Peer Leadership
  - 5) Community Involvement

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# BOARD RECOMMENDATIONS



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# BOARD RECOMMENDATIONS

- The Life Center moves to the following HGD Programs:

“Impact” – Fifth Grade

“YWUDI” – Sixth, Seventh and Eighth Grade

“NO Gray” (NEW) – Ninth (NEW) and Tenth Grade

*\*please see attachment for further “No Gray” details*

2015-16 **BOARD RECOMMENDATIONS**

# **The Life Center**

**No Gray Handout**

**Three Day Outline**

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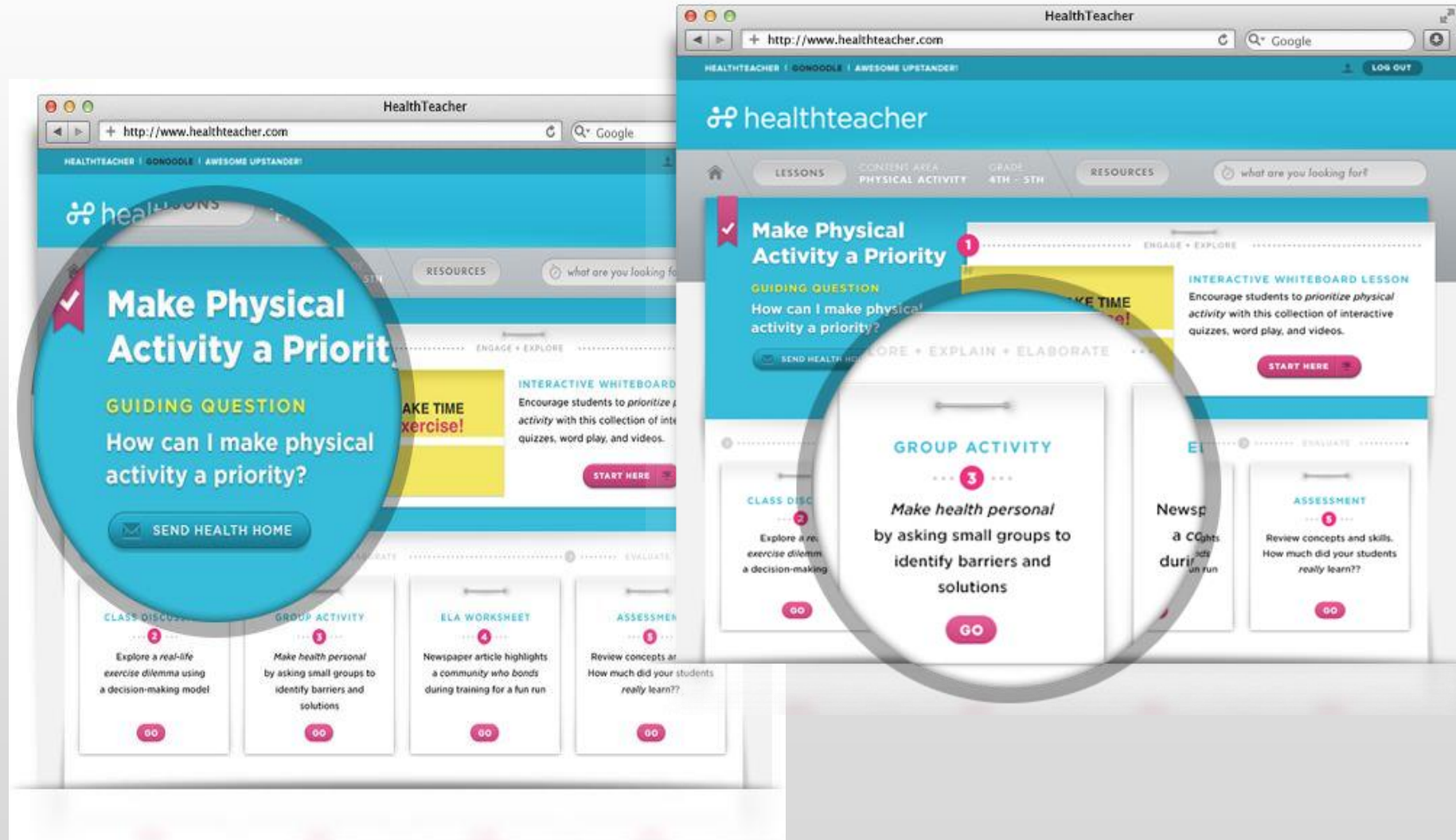
# BOARD RECOMMENDATIONS

- **Identify one HealthTeacher Pilot Program that incorporates Health Lessons in 10 % of the core subject curriculum that supports healthy life styles and choices. All lessons are in support of state mandated TEKS and required STAAR testing components.**

Could be one school or one grade within one school chosen by Curriculum and Instruction.

SHAC commits to partnering to establish baseline and goals.

# 2015-16 BOARD RECOMMENDATIONS



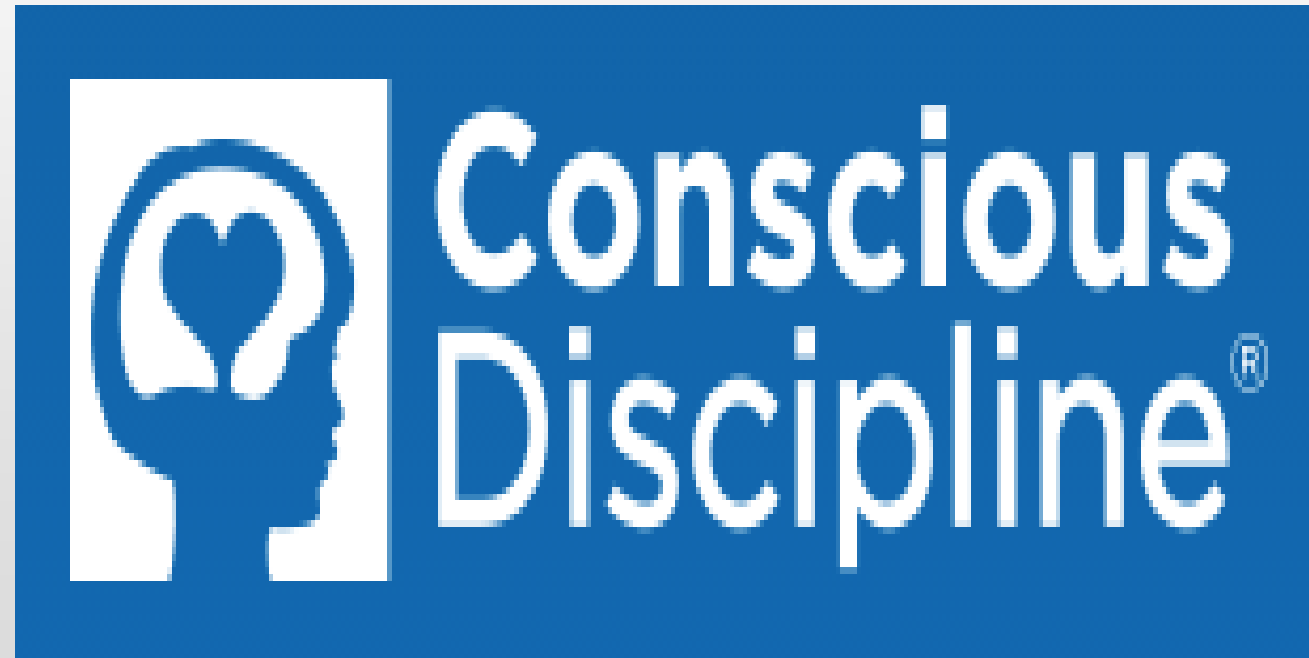
# 2015-16 BOARD RECOMMENDATIONS

- **Incorporate “Conscious Discipline” into the current “CHAMPS” district discipline plan.**

The emphasis of the program is developing social and emotional skills to compliment the management focus of CHAMPS.



2015-16 **BOARD RECOMMENDATIONS**



# THANK YOU SHAC PARTNERS

## Local Agencies

- \* Texas Tech University HSC
- \* The Life Center
- \* Medical Center Hospital
- \* Odessa Regional Medical Center
- \* BRACADA
- \* Midland/Odessa Area Aids Support
- \* Odessa Crisis Center
- \* West Texas Food Bank
- \* First 5 Permian Basin
- \* Casa De Amigos
- \* The Well Hand of Grace

# THANK YOU SHAC PARTNERS

## Ector County Independent School District

- \* Board of Trustees
- \* Superintendent Leadership Team
- \* Athletic Department
- \* Curriculum and Instruction
- \* Campus Administrators
- \* Culinary Arts - NTO
- \* Food Service
- \* Nursing and Counseling
- \* Teen Pregnancy SVC
- \* District Police
- \* Community Outreach Ctr
- \* Communication Office

# THANK YOU SHAC PARTNERS

