



TIGER TIMES



HOMWORK HELP HOUSE

Monday – Thursday
7:45 am - 8:45 am
After School 3:45 pm- 5:45 pm
Friday 8:45 am – 9:45 am

Show your Tiger
Pride by wearing
school colors every
Friday!

UPCOMING EVENTS

4/7— Dance
4/14—No School
4/20—Evening Conferences
4/21—No School/Conferences



Earn Cash for Our School!

**Earn money for
our school by
sending in your
Box Tops!**

21st CENTURY ENRICHMENT ACTIVITIES

BAKING
ARDUINO ROBOTICS/PRO
DESKTOP
CHOIR
SMILE (EVERY OTHER TUESDAY)
ARCHERY
YEARBOOK
MEDIA CLUB
DRAMA
COLORING CLUB



Yearbooks on sale now for \$25! After May1st
they will be \$30.

Tigers Got Talent

It's time to get your act together.

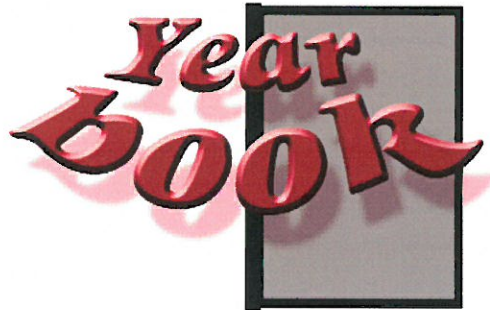
Practices will take place after school several times a week throughout April/May with dress rehearsals in late May.

First practice is April 3rd.

Dress rehearsals: May 22nd, 23rd & 24th

Show Dates: Evening of May 25th &

Morning of May 26th



We would love for your to submit your photos of any Lincoln Savage activity to the yearbook. The process is simple:

1. Log on to community.lifetouch.com and create an account
2. Submit your photos using the password: CROJIY

Science Fair Results

NAME	Gr	Sch	Title	Award
Jada Hurley	8	LS	Air Pressure vs. Rebound Height	Gold
Jacob Monteith	5	FRT	Chew-sing Your Brand	Gold
Chris Hartley	5	AP	Battery Life vs. Temperature	Gold
Jordan Pixley	3	MD	Pepper Jack vs. Cheddar	Gold
Araya Hogan	5	FTV	Mold and Mildew Mess	Gold
Cody Locke	5	AP	Comparing Hackamores	Gold
Kaiah Fisher	8	LS	Height vs. Distance	Gold
Janae Nugent	3	FTV	Cupcake Madness	Gold
Abbeigh Cornelison	3	MD	Sugar Rainbow	Gold
Naden Gibson	5	FTV	Magnets	Gold
Catie Bailey	5	FRT	Gum Flavor Duration	Silver
Emily Bergeron	8	LS	Temperature vs. Time	Silver
Bailee Cecilio	3	MZ	Taste Perception	Silver
Sasha Hollister	3	FTV	Kombucha	Silver
William Hope	7	LS	Back to Boyle's!	Silver
Andean Paredes	4	FTV	Oxiclean vs. Coca Cola	Silver
Silas Johnson	3	MZ	Myco Who?	Silver
Makayla Meives, Isabella Smith	4	EV	Don't Rock the Boat	Silver
Aiden Rubey	5	FTV	Will the Reaction be Exothermic or Endothermic?	Silver
Georgia Beck	4	EV	Density of Household Liquids	Silver
Brynna DeLonge	5	FTV	Germ Alert	Silver
David Nichols	5	FTV	How Does Shot Weight Affect Spread Pattern?	Silver
Jacqueline Loeliger	8	LS	A Candle in the Wind	Silver
Max Vidlak	4	AP	How Many Seeds	Silver
Jonwyn Ayres	8	LS	Temperature vs. Time	Silver
Clay Brazier	3	FTV	Food Preference by a Pet Rabbit	Silver
Hayden Buckmaster	3	FTV	All About Fruit Energy	Silver
Jace Elzy	5	FTV	The Bacteria We Drink	Silver
Cooper Marchand	7	LS	Kinetic Katastrophe	Silver
Mackenzie Taylor	4	EV	Tooth Decay	Silver
Teagan Bagley	3	MD	Cookie Lab	Silver
Mauricio Mendez	3	FTV	Mentos Soda Reaction	Silver
Megan Pool	8	LS	Batteries vs. Temperature	Silver
Leah Beachy	7	LS	Soaking Seeds	Silver
Jackson Gilbert	7	LS	Dog vs. Humans	Silver
Emma Huffaker, Emily Kolkow	5	FRT	Roses in Bloom	Silver

NEWS FROM OUR STAFF



Band Concert

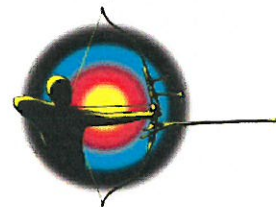
STATE ARCHERY RESULTS



Kyle Serino

Kyle Serino won 1st overall for Middle School Boys and Ryan Hubbard placed 3rd for boys.

Porsha Gilliland placed 7th and Hannah Grow placed 9th for Middle School Girls.



NEWS FROM THE 6TH GRADE TEAM

January

Tiger Hustle—Katelyn Biggs, Ryan Hubbard

Tiger Pride—Madison Zechelo, Ethan Reyes

February

Tiger Hustle—Kristel Serino, Franky Hatley

Tiger Pride—Morgan Wilson, Maxon Eschedor

Most Improved for 1st Semester—Jose Ruiz-Kirk, Kaylina Febus

PERFECT ATTENDANCE AWARDS

Students with perfect attendance won a BBQ lunch cooked by assistant principal Mr. Bauman. Mrs. Dumesnil passed out special awards to the 16 students with perfect attendance.



SPELLING BEE WINNERS

Congratulations to Jacqueline Loeliger and Troy Johnson. These two will be representing Lincoln Savage at the District Spelling Bee! The TRSD spelling bee will be held at the District Office in Murphy on April 6th, at 6:00 pm in the Board Room.

OREGON BATTLE OF THE BOOKS

We began our 1st time Oregon Battle of the Books on Saturday the 18th around 9:30am. The book battles are run on a "bracket" play grid. We had two preliminary battles, which we came out ahead on our points, so we qualified for the first round. We lost the first round by 8 points, so did not continue. Fleming was able to contend far enough to earn 3rd place in middle schools for Region 5 (ours)! North Valley won and will be going to state representing the H.S. team for Region 5!

Everyone did a wonderful job - good sportsmanship too!

Our team consisted of Madison Williams (6th), Teegan Anderson (6th), Dakota Breyman (7th), Ethan Alcantar 7th), with Ulalume Mancuso (6th) as alternate. Unfortunately, Leah Beachy (7th) was unable to attend.

I am so proud of our LSMS Tiger team! We encourage more students to join us next fall and enjoy the brainy sport of Book Bat-

Mrs. Haberman, coach

Julie Anderson, asst. coach



studies!

SPRING
21st CENTURY ENRICHMENTS

TIGERS GOT TALENT

MONDAY

CHOIR
ARDUINO/PRO D

TUESDAY

ARCHERY
COLORING CLUB
SMILE CLUB (EVERY OTHER TUESDAY)

WEDNESDAY

MEDIA CLUB
YEARBOOK
BAKING

THURSDAY

ARCHERY
DRAMA



2017 Track and Field

DAY	DATE	OPPONENT	LOCATION	BUS		GAME		RETURN BUS
				TIME	TIME	TIME	TIME	
Thursday	4/6/17	South GP	Hidden Valley HS	2:50pm	3:45 pm	3:45 pm	No	
Wednesday	4/12/17	McLoughlin & North GP	Spiegelberg Stadium	2:15pm	3:45 pm	3:45 pm	Yes	
Wednesday	4/19/17	BYE						
Thursday	4/27/17	Fleming	North Valley HS	2:30 pm	3:45 pm	3:45 pm	No	
Tuesday	5/2/17	7 th & 8 th Grade Girls Prelims	Grants Pass HS	2:45 pm	3:30 pm	3:30 pm	No	
Wednesday	5/3/17	7 th & 8 th Grade Boys Prelims	North Medford HS	2:00 pm	3:30 pm	3:30 pm	Yes	
Thursday	5/4/17	6 th Grade Districts	Ashland Middle School	1:00 pm	3:00 pm	3:00 pm	Yes	
Saturday	5/6/17	7 th & 8 th Grade District Meet	Eagle Point HS	7:30 am	9:00 am	9:00 am	Yes	

HEAD COACH: Kyle Gaines

ASSISTANT COACH: Nancy Hurley, Keven Bogart, Dan Trader & Kaelyn Trader

TIGER PRIDE!

ATHLETIC DIRECTOR

Kirk Baumann

541-862-2171

Lincoln Savage Middle School 8551 New Hope Road, Grants Pass OR 97527

3/20/2017

Are We Homeless?

For 2,500,000 (2.5 million) children in the United States, the answer is “Yes” and that number is an 8% increase bring the number to an all time high. A little over half of these children are under the age of six (6). **Each year schools are asked to identify those children who are homeless so they may receive services under the McKinney-Vento Act.**

According to the National Center for Homeless Education, the term “homeless children and youth” -

- A. means individuals who lack a fixed, regular, and adequate nighttime residence; and
- B. Includes -
 1. Sharing a house due to
 - A. a loss of housing,
 - B. economic hardship, or
 - C. similar reason;
 2. Living in hotels, motels, trailer parks, or camping grounds due to a lack of alternative, adequate house;
 3. Abandoned in hospitals;
 4. Awaiting foster care placement;
 5. Living in a public or private place not designated for, or normally used as, a regular sleeping accommodation for human beings;
 6. Living in cars, parks, public spaces, abandoned buildings, substandard housing, bus or train stations, or similar places;
 7. migratory children who qualify as homeless for the purposes of the subtitle because the children are living in circumstances described above.

In order to remove educational barriers for homeless children and youth, the McKinney-Vento Act mandates:

- **immediate school enrollment and full participation in all school activities** for eligible children, even when records normally required for enrollment are not available;
- **the right of children and youth experi-**

encing homelessness to remain in their school of origin (the school the student attended when permanently housed or the school in which the student was last enrolled), when feasible and in the child’s or youth’s best interest to do so;

- **transportation to and from the school of origin;**
- **access to programs and services, including special education services, preschool services, free school meals, Title I services, services for English language learners, vocational/ technical education, gifted and talented services, and before- and after-school care;**

• **rights and protections specifically for unaccompanied youth** (youth who are not in the physical custody of a parent or guardian) who are experiencing, including allowing them to be immediately enrolled without proof of guardi-

You never know how strong you are until being strong is the only choice you have.

HopeSpeaking.com

anship;

• **the right to dispute an enrollment decision and for a child or youth to be admitted to the school in which enrollment is sought, pending the resolution of the dispute; and**

• **the appointment of a local homeless education liaison** in every school district or local education agency (LEA) to ensure that homeless children and youth are identified and given full and equal access to all educational services for which they are eligible in order to succeed in school.

The liaison at Lincoln Savage is **Ms. Terry Procknow**. Some of the services offered through McKinney-Vento are school supplies; payment of athletic fees; clothing; waive fees and fines; offer food if they attend a 21st Century Activity; and transportation. For more information, call 514-862-2171 and ask for Terry.

Webster defines stress as “a state resulting from a stress; especially one of bodily or mental tension resulting from factors that tend to alter an existent equilibrium.” Hmm, “factors that tend to alter an existent equilibrium” like a new trail boss, new job, new school, new students, new marriage, new baby, new house, or new state testing to name a few. Sometimes, new seems to be an acronym for “Never Ending Whirlwind” or “No Earthly Way”. Change, and thus stress, is a normal part of contemporary living. The question is: How can we turn our stress into success?

First, realize some stress is helpful because it provides motivation. If it weren't for the stress of having to pay our bills, we may not want to go to work.

Next, be aware that stress becomes troublesome when it continues for too long or there is too much of it. Richard Innes in “Daily Encounter 2003” writes:

I read about a ten-ton bridge that had been serving the community very well for over fifty years. During the course of those years, it had carried millions of tons of weight. But one day, the driver of a logging truck ignored the ten-ton load limit sign. The bridge collapsed. Life's like that. All of us can carry our “load limit” day after day, year after year, but only one load at a time. Overload us and we collapse too.

Third, recognize the symptoms of stress as early as possible. Some symptoms of stress are tense muscles; sore neck, shoulders and back; insomnia; fatigue; boredom; depression; drinking too much; eating too much or too little; and gastrointestinal distress.

Fourth, identify causes. Change is one of the chief causes of stress but there can also

be an accumulation of life's everyday annoyances that build up a significant stress level.

Richard Carlson in “What About the Big Stuff?” identifies another cause of stress—our thought process. He says,

As hard as it sometimes can be to accept, stress is not something that is happening to us, but rather it's something that is manufactured from within our own thinking. Our own thoughts tell us what is ‘stressful’ and what isn't. (p. 200)

He continues with several examples that for some people are stressful and yet others enjoy—snowboarding; having a large

“What happens in the mind of man is always reflected in the disease of his body.”
Rene' Dubos

family; moving; rain. I know we each can think of others who, although they are encountering the same new experiences, do not appear to be experiencing the same stress level. The difference is in their thinking. Carlson continues,

If you've read some of my other work, you might know that I often use the term ‘thought attack’ to describe the way our thinking feeds on itself. One thought leads to another, and then another. As our attention is riveted on something, the object of that attention will grow and seem more significant. As a result, our stressful feelings will tend to seem even more justified. Again it's super important to make the distinction between ‘having the right’ to be upset (which you certainly do) versus compounding existing feelings of being upset by the way we are using our thinking (such as engaging in a thought attack)! (p. 204)

The fifth step is seek a practical cure.

- The starting point is lessening your load by writing down all of your

cares and responsibilities in order of priority and then eliminating the least important.

- Stop fighting situations that can't be changed. Learning to live with and get on top of struggles is what helps us grow and mature.
- Remember that Superman and Superwoman exist only in comics and films. Recognize your breaking point and call a halt before you reach your limit.
- With stress comes pent-up feelings. Share these with a trusted friend or counselor to get relief and help you think and plan more objectively.
- Make time for rest and relaxation.
- If you hold resentment toward another person, resolve your difference right away.
- Watch your diet and eating habits. When under stress, we tend to overeat—especially junk food which increases stress. A balanced diet of proteins, vitamins and fiber is essential for lowering stress.
- Get plenty of physical exercise which keeps you healthier and helps burn excess adrenaline caused by stress.
- Change your thought process—not always an easy task, but doable. A good place to begin is by accepting (or at least making peace with) the things you cannot change; acting courageously to change the things you can ; and, exercising wisdom to know the difference.

Stress is a fact of life—too little, we don't grow; too much, we can become ill. The good news is although we cannot always control the external sources of our stress, we do have a choice about how we react to it.

- adapted from Daily Encounter© Richard (Dick) Innes 2003.

Dates & Deadlines

April 2017

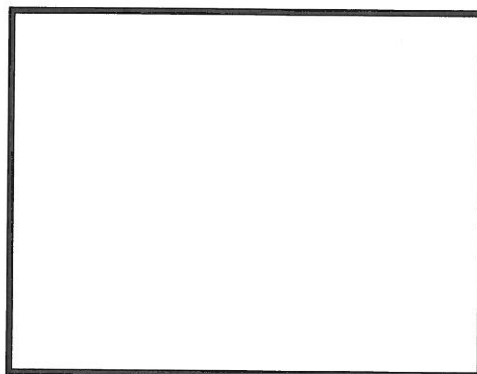
03—13 6th Grade—Smart Moves

14—Clerical Day, No Classes

20—Evening Parent Teacher Conferences

21—Parent Teacher Conferences—No Classes

24-28— 6—8th Grade Smarter Balanced Reading Testing





Lincoln Savage Middle School
Immunization and Exemption Rates Report K-12

Year 2016-2017
 Report HLT628

School Name	School Type	Address	
Lincoln Savage Middle School	Public / Charter School	8551 New Hope Rd	
Contact Person	Phone:	City, State, Zipcode	
Michelle Pitts	541-862-3111	Grants Pass, OR 97527	
District Name	Date of Report	Assessment Date	
Three Rivers School District	02/27/2017	02/27/2017	
School Grades			
06,07,08			

Number of Students Enrolled **: 350
Percent of Students with no immunization or exemption record: 0.00 %
Percent of Students with a medical exemption for one or more vaccines: 0.00 %

	Percent Vaccinated *	Percent missing one or more doses because of a non-medical exemption *
DTap/Tdap	92.86 %	6.57 %
Polio	94.57 %	5.43 %
Varicella	95.43 %	4.57 %
Measles	94.29 %	5.71 %
Mumps	95.43 %	4.57 %
Rubella	95.43 %	4.57 %
Hepatitis B	94.86 %	5.14 %
Hepatitis A	93.14 %	6.00 %
All Vaccines	92.29 %	4.57 %

* Not all immunizations are required for all grades. These numbers may not total to 100% if some student have medical exemptions, or are incomplete or in the process with immunizations but not need an exemption because they are on schedule.

** There is/are also 0 student(s) enrolled for who immunizations are not required to be reported because their records are tracked by another site or they attend fewer than 5 days per year.