

# BOARD POLICY

JGCA

STUDENTS

DATE

**PHYSICAL EXAMINATIONS FOR ATHLETIC PARTICIPATION**  
**HEALTH EXAMINATIONS**

## **PROPOSED NEW VERBIAGE:**

No student shall be allowed to participate in athletic tryouts, practices, scrimmages, or contests until a current year physical examination with all required signatures has been completed and is on file with the school administration.

A medical examiner's (M.D., D.O., Physician's Assistant, or Nurse Practitioner) signature on the LPS-approved physical form attests that the student-athlete is physically able to begin participation.

A parent and student's signature on the physical form certifies:

- Consent for disclosure to the MHSAA of information otherwise protected by FERPA and HIPAA for the purpose of determining eligibility for interscholastic athletics
- Acknowledgement and assumption of risk of serious injury by the student and the parent or guardian, or the 18-year-old student
- Acknowledgement of concussion awareness and concussion protocols

In cases of serious injury or extended illness, including concussion or symptoms of concussion and symptoms of sudden cardiac arrest, there must be a statement signed by the examining M.D., D.O., Physician's Assistant, or Nurse Practitioner that the student has been examined and is physically able to return to athletic participation. In all cases of student injury through athletic participation, health care costs shall be the responsibility of the student's parent or guardian.

CROSS REF.: IDFA—Interscholastic Activities  
Michigan High School Athletic Association Guidelines