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BOERNE ISD

SCHOOL HEALTH ADVISORY COUNCIL

ANNUAL PROGRESS REPORT TO THE BOARD

OF TRUSTEES

June 2025

As Required by [Texas Education Code, Section 28.004](#)

## Purpose

As a result of the 81st Legislature, Regular Session, 2009, several school health advisory council requirements became law in [Texas Education Code, Section 28.004](#). One of these requirements is that:

“...The [SHAC] shall submit to the [Board], at least annually, a written report...”

## Background

SHAC is a volunteer advisory council to the school district Board of Trustees. A SHAC is comprised of majority parents, community leaders, school personnel, and other representatives, as needed. Under TEC Section 28.004, the SHAC’s duties include recommending policies, procedures, curriculum, and strategies for health education appropriate for specific grade levels. SHACs can provide invaluable advice to the district on methods to advance student academic performance by promoting, practicing, and coordinating school health education and services. If utilized, SHAC contributions to coordinated school health programming can lead to a greater positive impact on student health and learning.

In addition to providing recommendations to the Board, Section 28.004 requires SHACs to submit a written report to the Board at least once annually. The report must include:

- Any SHAC recommendations not previously submitted to the Board regarding health education curriculum and instruction or related recommendations.
- Any suggested changes to previous SHAC recommendations.
- A detailed explanation of the SHAC’s activities since the last annual report.
- Any recommendations made by the physical activity and fitness planning subcommittee.

## Boerne ISD SHAC Membership

A School Health Advisory Council (SHAC) is a group appointed by the school district to serve at the district level. Members of the SHAC come from different areas of the community and from within the school district. The majority of members must be parents who are not employed by the district.

### Employed by Boerne ISD

Krista Pomeroy	Chief of Student Support
Kim Seelman	Lead Nurse
Itzel Estrella	Child Nutrition Services
Jennifer Howell	School Counselor
Stan Leech	Athletic Director

### Appointed

Courtney Darter-Bruce	Parent/Board Member
Kristen Burford	Parent/Clergy
Bryce Boddie	Parent/Social Worker
Becca Jones	Parent
Tiffany Fleming	Parent
Elky Van Es	Parent
Dr. Michelle Holcomb	Parent/Psychologist
Roger Gonzales	Community Partner
Aubrie Walker	Community Partner
Andrea Salazar	Community Partner
Minka Misangyi	Community Partner
Jasmine Glaser	Community Partner
Kathy Bandujo	Grandparent/Community

## Annual Meeting Dates

The SHAC is required to meet at least four times per year. This year, the committee met from 4:30 - 5:30 on the following dates:

- October 1, 2024
- December 9, 2024
- February 11, 2025
- April 8, 2025

## SHAC Activities 2024 - 2025

### **Boerne Independent School District (BISD)**

During the 2024–2025 academic year, the SHAC committee focused on initiatives supporting student health, safety, and well-being through both digital wellness and physical health programming. Key activities included:

1. **Review of TEA Health & Safety Guidelines for Digital Integration**  
The committee reviewed the Texas Education Agency’s (TEA) standards for integrating digital devices in schools. Emphasis was placed on aligning district policies with state recommendations to safeguard student physical and mental health.
2. **Planning BISD Guidelines for Digital Device Use**  
SHAC collaborated with district leadership to develop clear guidelines for the use of digital devices during extended learning and at home. This included best practices for promoting responsible usage and limiting distractions.
3. **Parent Guidance for Technology Use at Home**  
The committee developed recommendations for parents to manage student technology use at home. Topics included screen time limits, device-free zones, and balancing digital engagement with other activities.
4. **Recommendations on Digital Device Use for Homework & Screen Time Limits**  
SHAC proposed home usage guidelines for digital devices, including suggested screen time limits and structured usage for homework. The goal was to promote healthy digital habits and reduce overexposure.
5. **HCCADA Presentation on Drug & Substance Abuse Prevention Curriculum**  
In partnership with the Hill Country Council on Alcohol & Drug Abuse (HCCADA), SHAC hosted a presentation reviewing and enhancing the district’s drug and substance abuse education curriculum.
6. **Interrupt Hunger Initiative – Gardening, Nutrition, and Family Fitness**  
As part of the Interrupt Hunger initiative, SHAC supported programs emphasizing nutrition education, school gardening, and family fitness to combat food insecurity and promote healthier lifestyles.

## Conclusion

The Boerne ISD School Health Advisory Council (SHAC) has complied with the requirements outlined in Texas Education Code (TEC) Section 28.004 by actively engaging in the development and review of health education curriculum, providing recommendations on the integration of digital devices with consideration for student health and safety, addressing substance abuse prevention through collaboration with community partners, and promoting overall student wellness through initiatives focused on nutrition, physical activity, and family involvement. The council maintained a majority of parent members, held regular public meetings, and submitted recommendations to the school board, fulfilling its statutory responsibilities to support a coordinated school health program.