

The Children's Health Market recognizes that the topics of child sexual abuse prevention and personal safety are subsets of the larger theme called Violence and Injury Prevention. Core prevention knowledge, values, and skills have been integrated into THE GREAT BODY SHOP and are evident in various locations throughout the Lessons, Substance Abuse/Violence Prevention Portfolios, and Reinforcement Activities. The following document indicates several locations within a specific grade span where the topics of child sexual abuse/personal safety, in the context of comprehensive health, are explored. The skills acquired are learned, practiced, and applied across various content strands to better prepare students to think and act responsibly in new, and potentially risky situations.

Kindergarten

Unit Number & Title	Lesson or Activity Title	#	Key Concepts and Skills
	Critical Thinking Lessons		
	Compare and Contrast		Describe and practice the steps in comparing and contrasting; analyze how different variables are similar and different; prerequisite skill for decision making
Implementation Guide	Predicting Consequences		Describe and practice the steps in predicting consequences; prerequisite skill for decision making
	Decision Making		Describe and practice the steps in decision making; analyze different choices, predict the consequences of choices, and make personal health and safety decisions
	Safety Rules—Safety Helpers	L01	Explain safety rules and safety helpers
Unit 1: How to Stay Safe	Safety in the Community	L04	Use the decision-making steps to stay safe in different community situations
	See Me Be Safe	A20	Accept personal responsibility by choosing to follow safety rule
	All Bodies Are Different	L01	Respect for your body; respecting differences
	I Am Special	L02	Respect for your body; you are unique and special
	Taking Care of My Body	L03	Taking care of your body to keep it healthy and safe
	Safe Touch, Unsafe Touch	L04	Understanding safe, unsafe, and confusing touches; identifying trusted adults; practice refusal skills
Unit 5: My Body is Special!	Safe Place Game	H04	Identify situations where it is okay to use refusal skills (Saying "No!")
	Asking Permission and Taking a Partner	P04	Identify personal safety rules for various situations
	Buddy System	A04	Practice safe habits for preventing abuse
	Anatomically Correct Doll	A20	Identify anatomically correct private body parts



Unit 6: Going to the Doctor and Dentist	People Who You Can Trust	P01	Identify trusted adults



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	Neighborhood Safety Rules	H02	Identify neighbor safety rules with a family member
Unit 1: Look Out!	Who Knows the Rules?	L04	Identify community safety helpers and practice asking for help
	Playing It Safe	A22	Accept personal responsibility for following safety rules
	Uncomfortable Situation	P03	Practice saying "NO!" in uncomfortable, potential dangerous situations
Unit 5: Talk and Listen	Tell How You Feel	L04	Define trustworthy and practice getting help from trusted adults in different situations
	The School Guidance Counselor	A23	Introduction of the school counselor as a resource for getting support and help when needed
	We Have Many Feelings	L01	Identify a variety of feelings
Unit 6: Happy, Sad, and In Between	Talking Helps Me Feel Better	L02	Talk with trusted adults to manage different feelings
	My Body Is Private	L04	Understand safe, unsafe, and confusing touches; identify trusted adults; practice refusal skills; secrets
	Happy, Sad, and In Between Review	H04	Review key concepts; different emotions and privacy



Unit 6: Happy, Sad, and In Between	Saying "NO!" Steps Anatomically Correct Doll My Trusted Adults	P04 A16 A21	Use refusal skills to protect privacy (Saying "No!") Identify anatomically correct private body parts Recognize community resources for support when help is needed; unsafe adults



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	Keep From Getting Hurt on the Street	L01	Identify safe and unsafe situations; practice safe habits, use a decision-making model to stay safe; practice refusal skills
Unit 1: Let's Stay Safe	Safe Decisions	P01	Use the decision-making process for dealing with an unsafe situation; unsafe adults
	Internet Safety Rule	A10	Identify safety rules when using the internet; unsafe adults and requests for personal information
	Understanding and Coping with Common Fears	L01	Identify common causes of fear; coping strategies
	How Being Afraid Affects Your Body	L02	Describe how fear physically affects the body; includes how fear can keep one safe
Unit 5: When I Feel Afraid	Recognizing Real Dangers—When It's Smart to be Afraid	L03	Recognize real dangers; role-play safe responses to dangerous situations; unsafe adults
	What Should I do? Whom Should I Call?	H03	Identify what to do and whom to call in emergency situations; trusted adults
	Your Body Is Private!	L04	Understand safe, unsafe, and confusing touches; privacy, identifying trusted adults; practice refusal skills; secrets



	Permission Slip	H04	Work with a family member to identify people who
			have permission to help in emergency situations
	Child's Bill of Rights	P04	Respect for one's body and right to privacy
Unit 5: When I Feel Afraid	Your Body Belongs to You	A10	Review privacy and personal safety key concepts
om of when it out and	Anatomically Correct Doll	A20	Identify anatomically correct private body parts
	Making "The People I Trust" Mobile	A23	Identify trusted adults
	My Trusted Adults	A25	Recognize community safety helpers to seek out for resources and support



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	Take Action	L03	Identify possible risky situations; unsafe adults
	Say "NO!" to Danger	L04	Role-play refusal skills in various unsafe and risky situations
Unit 1: Safe at Home, Safe Away	Saying "NO"	H04	Practice refusal skills with a family member
, may	Goals for Using Refusal Skills	P04	Creating personal goals to use refusal skills
	Internet Safety Rule	A12	Identify safety rules when using technology; includes unsafe adults who request personal information
Unit 5: I Like Your Attitude	How Attitudes Affect Your Actions	L02	Role-play refusal skills in risky situations; trusted adults
	The People We Trust	A30	Identify trusted adults
	A Very Special Person—Me	L03	Identify special, unique qualities; respect for one's self
Unit 6: My Family, Your Family	Personal Safety	L04	Understand safe, unsafe, and confusing touches; privacy, anatomically correct private body parts; identifying trusted adults; refusal skills (practice); secrets
	Different Ways to Say "NO!"	P04	Practice saying "NO!" effectively to stay safe; passive, aggressive, assertive communication styles



Unit 6: My Family, Your Family	Talking to the Guidance Counselor Helping in Numbers	A21 A25	Introduce the school guidance counselor as a resource for support and help when needed Recognizing community safety helpers to seek out when help is needed; unsafe adults and personal safety



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Unit 1: Community Safety	Who Keeps Us Safe and How They Do It	L01	Identify community safety helpers and their role in providing a safe physical, emotional, and social environment
	Taking Care of Your Body	L01	Identify potentially harmful situation; getting help from trusted adults
	Critical Thinking to the Rescue	L02	Identify critical thinking skills that keep one safe; refusal skills, decision making
	In Tune with Your Emotions	L03	Use communication skills to express emotions; unsafe adults and strangers
Unit 5: It's My Body	Preventing Abuse	L04	Describe different types of abuse including sexual harassment; privacy; anatomically correct private body parts; trusted adults; practice refusal skills
	These Are My Superstars	H04	Identify people in a support system
	Advising a Friend	P04	Advise a friend about sexual harassment
	Internet Safety Rule	A07	Identify safety rules when using technology; providing personal information to strangers; unsafe adults
	Getting Help	A23	Recognize community resources and support; trusted adults
	Neighborhood No-Nos	A26	Identify safety risks in a neighborhood



Unit 6: Be Cool, Keep Clean	Talking About Sensitive Issues with a Trusted Adult	A20	Identify parents or other trusted adults students can go to with a sensitive issue or concern



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Unit 1: First Aid Facts	Taking Precautions	L04	Identifying situations that pose a potential danger; child enticement; internet safety; refusal skills
	Your Emotions and Your Body	L01	Describe human emotions and their effects on the body
	Your Emotions and Your Life	L02	Practice skills for coping with stress and conflict; decision making; unsafe behaviors
	Troubled Times	L03	Analyze situations that trigger emotions; trusted adults and support systems
	My Support System	H03	Identify personal support systems
Unit 5: Those Crazy Mixed- Up Emotions	Send the Message: My Body Is Private	L04	Describe different types of abuse including sexual harassment; privacy; anatomically correct private body parts; trusted adults; assertive communication, unsafe adults, social media; practice refusal skills
	Avoiding Risky Situations	P04	Recognize and avoid risky situations involving personal safety
	Practice Means Being Prepared	A09	Practice assertiveness, refusal skills, and locating resources for support when needed; grooming techniques



Unit 5: Those Crazy Mixed-	Abuse and Neglect	A22	Explain the types and consequences of child abuse; introduces the school nurse or counselor as resources for support
Up Emotions	Safe Touch Speaker	A27	Identify community helpers if personal safety has been violated
Unit 6: Growing Up	Talking About Sensitive Issues with a Trusted Adult	A30	Identify parents or other trusted adults students can go to with a sensitive issue or concern



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Unit 4: Keep This Body Safe!	Keep This Body Safe	L01	Practice safety procedures for injury prevention
	Bullying	L02	Explain the roles students play to encourage and discourage bullying behavior; predict the impact of bullying behaviors; and demonstrate respect and empathy for all people.
	Getting Help	L03	Identify different emotions and the importance of communication skills; accessing trusted adults
	Sexual Harassment, Assault, and Abuse	L04	Define sexual harassment, sexual assault, and sexual abuse; assertive communication and refusal skills; analyze risky situations; trusted adults, grooming techniques
	Community Resources	P04	Locate resources for self and others
	Safety on the Web	A09	Identify personal safety skills for technology; safety precautions with unsafe adults
	Dare to Say No	A17	Apply refusal skills to various situations
	Safe Touch Speaker	A18	Distinguish between appropriate and inappropriate touching



	Emotional Maturity	L03	Practice refusal skills and use the decision-making process to make healthy choices
Unit 6: The Reproductive System	Relationships	L04	Describe meaningful relationships; mutual respect, refusal skills; sexual harassment
	Talking About Sensitive Issues with a Trusted Adult	A24	Identify parents or other trusted adults students can go to with a sensitive issue or concern



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Middle School Level 1

Unit Number & Title	Lesson or Activity Title	#	Key Concepts and Skills
Implementation Guide	Critical Thinking Lessons		
	Compare and Contrast		Describe and practice the steps in comparing and contrasting; analyze how different variables are similar and different; prerequisite skill for decision making
	Predicting Consequences		Describe and practice the steps in predicting consequences; prerequisite skill for decision making
	Decision Making		Describe and practice the steps in decision making; analyze different choices, predict the consequences of choices, and make personal health and safety decisions
Unit 1: Becoming a Lifelong Learner	Lifelong Learning and Critical Thinking	L01	Practice problem solving techniques, goal setting, and critical thinking skills, including compare and contrast, predicting consequences, and decision making
Unit 4: The Cycle of Life	Refusal Skills	A19	Demonstrate the ability to set boundaries and select refusal skills for premature sexual involvement and other high-risk behavior
	Sexual Abuse	A20	Define sexual abuse; consent; touch continuum, resources for support; grooming techniques, and practice personal safety skills
	Stop Sexual Harassment	A22	Explore the definition of sexual harassment, legal consequences, influences, state laws, emotional and social consequences, and the importance of reporting



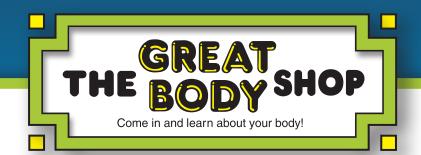
Unit 5: Social and Emotional Health	Peer Pressure and Other Influences	L03	Identify personal responsibilities, behaviors, and consequences in relationships, and practice managing pressures and other influences
	Power Differences in Relationships	A13	Describe the potential impacts of power differences such as age, status, and position within relationships
	Applying a Decision Making Model to a Sexual Health Decision	A15	Demonstrate the use of a decision-making model to a sexual health decision; giving and receiving consent
	Who Will Help?	A18	Research health resources in the community
	Support Systems	A19	Identify who makes up your personal support system; trusted adults
Unit 7: Safety, Injury, and Violence Prevention	Understanding Violence	L02	Discover different types of violence, including physical, sexual, and emotional abuse, and demonstrate effective skills for managing risky situations
	Family Internet Rules	A08	Establish internet safety rules; unsafe adults, abduction, and trafficking



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Middle School Level 2

Unit Number & Title	Lesson or Activity Title	#	Key Concepts and Skills
	Critical Thinking Lessons		
	Compare and Contrast		Describe and practice the steps in comparing and contrasting; analyze how different variables are similar and different; prerequisite skill for decision making
Implementation Guide	Predicting Consequences		Describe and practice the steps in predicting consequences; prerequisite skill for decision making
	Decision Making		Describe and practice the steps in decision making; analyze different choices, predict the consequences of choices, and make personal health and safety decisions
Unit 1: Becoming a Lifelong Learner	Talking to Adults About Sensitive Issues	A18	Demonstrate ways of talking with parents and other trusted adults about issues related to relationships, growth and development, harassment, abuse, and sexual healths
	Critical Thinking	A21	Practice problem solving techniques, goal setting and critical thinking skills, including compare and contrast, predicting consequences, and decision making
Unit 4: The Cycle of Life	No Means No!	A17	Demonstrate refusal skills in risky situations
Unit 5: Social and Emotional Health	Danger Signals	L03	Discover internal and external factors that lead to harmful behaviors socially and emotionally; identify resources for support and help when needed
	Star Mobile	A02	Identify members that make up one's personal support system
	What Kind of Relationship Is This?	A18	Identify strategies for managing unhealthy relationships
	Power Differences in Relationships	A19	Describe potential impacts of power differences such as age, status, and position within relationships



Unit 5: Social and Emotional Health	Applying a Decision Making Model to a Sexual Health Decision	A25	Demonstrate the use of a decision-making model to a sexual health decision; giving and receiving consent
	Sexual Abuse	A26	Define sexual abuse; consent; touch continuum, resources for support; grooming techniques, and practice personal safety skills
	Finding Credible, Medically- accurate Resources	A27	Identify medically-accurate and credible sources of information about health issues, including personal safety
Unit 7: Safety, Injury, and Violence Prevention	The Problem of Violence	L02	Identify types and causes, including sexual and dating violence, and strategies for responding to various situations
	Internet Safety	A10	Explain rules and procedures for being a good digital citizen; sexual predators
	Sexual Harassment and Assault	A16	Describe situations and behaviors that constitute sexual harassment, sexual abuse, sexual assult, incest, rape, and dating violence; impacts of violence on individuals, families, and communities; resources
	Sexual Assault	A18	Examine techniques used to pressure someone to engage in sexual behaviors and personal rights to refuse consent; sexual assault