

### **Good Medicine Program update for March 2019:**

- In the month of February, we had to cancel both Youth Mental Health First Aid trainings scheduled. The first training we had one participant, which is not enough to facilitate the training. The training for Indian Health Services on February 26, 2019, was cancelled due to their top administration staff setting a training and meeting that day, we will reschedule.

#### Completed Trainings & Number of participants:

- \*\* October 8, 2018: 13 coaches/teachers
- \*\* October 19, 2018: 16 individuals students/college/students/staff/community members
- \*\* December 18-19, 2018: 20 CPS & Nurturing Center staff members
- \*\* January 15, 2019: 9 Senior Students and 1 teacher
- \*\* February 19, 2019: Cancelled
- \*\* February 26, 2019: Cancelled by IHS

We now have a total of 59 individuals who completed the YMHFA training. Our grant requirement is 55, so we have already surpassed the targeted number and will continue to provide the trainings on the following dates.

#### Scheduled Future dates:

- \*\* March 26, 2019
- \*\* April 16, 2019
- \*\* May 8, 2019
- \*\* June 5, 2019
- \*\* August 21, 2019

- The Youth Mental Health Specialists have been working in their designated buildings providing various groups, individual services, suicide interventions, and family connections.
- On February 25-27, 2019, the Good Medicine Program staff members provided grief support for the Browning High School students and staff. We assisted with the afterschool debriefing session for the teachers and staff. We also helped the school counselors as much as we could with checking in with high risk students and/or the overflow of students needing a place to feel supported.
- On March 7-8, 2019, our grant evaluator Mariam Azin completed our last site visit. We want to give a **"BIG THANK YOU"** to everyone who showed up to speak with Mariam about the importance of retaining our program. Mariam will compile the information and send it to SAMHSA and I will present the information to the School Board when I receive it.
- On March 15, 2019, the Garrett Lee Smith/Tribal Youth Suicide Prevention and Early Intervention Grant was successfully submitted through the Rocky Mountain Tribal Leaders. We are hoping to hear back in late April or early May 2019. If we are awarded the grant, we will need to start implementing the objectives and goals starting on June 30, 2019. Please see the following attachments for details.
- On March 14, 2019, the Good Medicine Program staff assisted with the BHS Day of Wellness for the students. We provided counseling services for anyone that needed them and helped monitor the students in each session.