



Cheer Constitution

Snyder High School

I. Purpose

It is the purpose of cheerleading at Snyder High School (SHS) to promote and uphold school spirit, to cultivate good sportsmanship, and to build positive relationships between schools. Cheerleaders should be aware they have a unique and important purpose within the school and during athletic competitions. As often one of the most noticeable groups of students associated with SHS, cheerleaders have a significant responsibility to the students, faculty, and administration of Snyder Independent School District. The primary duty of cheerleaders at events and pep rallies will be to promote school spirit, encourage event participants to perform their best, and to represent Snyder ISD in a positive and accomplished manner. The squad members will execute various routines and stunts as components of these activities. In addition, they will be responsible for creating signs, posters, and other visual representations of school spirit. The cheerleaders also practice and perform dances and skits that promote school spirit. Their responsibilities will be distinguishable as representatives of Snyder ISD at all times.

II. Things to Consider

- A. Cheerleaders will always support and follow the faculty, administration, school policy, and the Student Code of Conduct. Positive sportsmanship will always be evident.
- B. All SHS Cheerleaders must have a positive and enthusiastic attitude toward his/her responsibility as a representative of Snyder High School. It is important for each individual to understand that "attitude" is reflected in their conversation, their behavior (in and outside the school setting), their appearance, and their overall presentation. This is true whether in or out of uniform, and in all settings. Often, members of other communities and within Snyder ISD form impressions of Snyder High School based on cheerleader behavior.
- C. Each Cheerleader must have a sincere desire to improve himself/herself and to improve Snyder High School.
- D. **Members must commit to, and understand the tremendous amount of time, energy, and money required to participate in cheerleading for SHS.**
Cheerleading is more than standing on the sidelines at ball games. It involves fundraising, making spirit and run-through signs, strenuous exercise, attending cheer camp, attending summer practices, decorating for pep rallies with cleaning up afterwards, maintaining attendance and

grades, plus numerous late nights and, for varsity cheerleaders, travel.

- E. As members of a team, Cheerleaders shall understand that they must be team players in the manner they deal with other members of the squad. This means they will put the good of the group ahead of their own interest and strive to be good citizens. They will work individually and together as directed to build unity within the squad as they lead the school.
- F. Cheerleaders shall demonstrate a positive and respectful attitude to the coaches, administration, and others in positions of authority and understand that the expectations of those individuals are in the best interest of the squad, school, and community at large and their directives shall be followed implicitly.
- G. Cheerleaders shall follow uniform guidelines as outlined by coaches and administrators any time they make an appearance in their official role as a SHS cheerleader. Captains will choose and inform the squad of the outfit to be worn at performance unless their selection fails to conform with the cheer dress code. Upon the captains' failure to do so, coaches will choose outfits for each performance.
- H. When performing, SHS Cheerleaders shall follow the directives of the coach(es) and be effective school representatives. This includes being positive in their facial expressions and body attitudes, being on time as directed, taking care of personal business outside of cheerleading time, and cheering from beginning to the end of games (even if other factors are present.) All Cheerleaders will attend all games unless instructed otherwise by the coach and will demonstrate squad unity by participating together in supporting SHS teams.
- I. Final decisions as to the activities of Cheerleaders and their roles rests with the cheer coaches and SHS Administration. In addition, performance guidelines will rest with them; this includes a selection of cheers and chants, dance routines, music, and skits. If a parent concern arises, 24 hours and/or one full school day shall pass before a parent meeting shall occur. (24 Hour Rule). Cheerleaders (and their parents) must follow the proper chain of command regarding any incident within the squad.
 - a. Everyone will adhere to the "24 Hour Rule." Coaches will not discuss with parents behavior/discipline, or a situation in or at a game concerning behavior or discipline, until after 24 hours have passed.

- b. Parents/guardians and/or cheerleaders will visit with the coaches at a scheduled time that is not in conflict with a practice or event.
 - c. Any contact or meeting must be held with the cheer coach before contacting or meeting with a school administrator to discuss cheer matters.
 - d. If a conflict cannot be resolved with the cheer coach first, then a meeting will be scheduled with the cheer coach and a school administrator.
- J. Every cheerleader will accept responsibility for learning all performance material and shall demonstrate a level of expertise before being allowed to perform. Cheerleaders must follow the established guidelines during scheduled performances. Failure to do so will result in the cheerleader being removed from future performances, also known as being benched. Depending on the behavior, more extreme consequences may also be assessed.
- K. Sign painting, fundraising, attending and cleaning up after all meetings and practices, keeping storage areas organized, maintaining equipment, and any other associated duties are the responsibility of every SHS cheerleader.

L. Elections

- a. The Varsity Squad consists of 10 members determined by the highest 10 scores.
- b. The Junior Varsity Squad consists of 6 members determined by the second highest 6 scores.
- c. The Freshman Squad consists of 6 members chosen from the upcoming freshman class with the 6 highest scores.
- d. The Varsity Squad shall also include a mascot. The mascot is selected from the upcoming Sophomore, Junior, and Senior Classes. No Mascot will be selected for the JV squad.

* Please note, fewer individuals may be selected for each squad if the qualification criteria are not met, like discipline, grades, etc...

- M. Selection procedures shall include the following:
 - a. There will be **no active campaigning** (signs, posters, distribution of gum, campaign buttons, etc.) for cheerleader elections.

- b. Candidates will be required to wear a white shirt, black athletic shorts (to fingertips), tennis shoes, white socks, and have their hair up for tryouts (no belly buttons or belly button piercings). No jewelry may be worn. Failure to follow the tryout dress code will result in the cheerleader forfeiting their application.
- c. The cheerleaders will be announced through the school website so that anyone can access the announcement.
- d. 70% of an individual's score is made by an evaluation team of impartial judges; emphasis will be on correct cheerleading technique and voice. Candidates will perform the cheer and chant learned during the tryout clinic individually and will present the cheer, dance and fight song in small groups to the judges. Mascot candidates will individually develop and perform only their skit to the judges. This session is closed to observers.
- e. 20 % of the score will be based on student attendance, GPA and discipline referrals.
- f. 10% of an individual's score is based on participation in the community involvement event. This will be one hour of community service provided to someone other than a family member, or a donation to the Food Cupboard list/Gateway services.
- g. A tie will be decided using the impartial judges' score. If a tie remains it will be decided utilizing the student score. If a tie still remains, both candidates will be named SHS Cheerleaders.
- h. Any student who has previously been removed from a cheerleading squad or who has voluntarily quit for disciplinary or personal reasons may not become a candidate for SHS Cheerleader again, excluding medical or failure of a drug test. Students who fail the previous six weeks will not be allowed to try out.

III. Squad Member Duties

- A. All cheerleaders will be required to attend all activities including UIL Spirit State Championship (UIL tryouts will take place to take top 22 but more cheerleaders can be added at the discretion of cheer coaches), practices, pep-rallies, games (volleyball, football and basketball), meetings (both regularly scheduled and called), cheer camp, fundraisers, sign painting sessions, assigned athletic events, special functions, clinics and other events. Some activities will take place on weekends and /or holidays. Cheerleaders may be granted permission to be excused from participating in school athletic events or other school activities. **The individual cheerleader will contact the cheerleading coach at least 24 hours BEFORE a missed function or part of a cheerleading function.** Absences from any cheerleading activities other than illness, family emergency, or a conflict with another school-sponsored activity will not be acceptable. **(Work, "no ride," guests, homework, team dinners etc. are not acceptable for missing cheer functions.)**

- a. Consequences for unapproved/unacceptable absences are expressed in part IX.
- B. All Cheerleaders will actively support ALL sports activities, both boys and girls; these include: football, volleyball, basketball, pep rallies, tournaments and meets (track, tennis, golf, softball, soccer, baseball), and /or Booster activities. Cheerleaders' roles at these events will be determined by the Administration and coach.
- C. One fundraiser, determined by the cheer coach and provided to cheerleaders to help with the cost of cheerleading. All other fundraisers will be the responsibility of the individual cheerleader and cannot take place in the school uniform/school clothes representing the district or money from cheer fundraisers will become part of the general operating fund and will be dispersed at the discretion of the Coach and Administration.
- D. All fundraiser items are the responsibility of the individual SHS Cheerleader. Items will be checked out by the individual on time and counted. Money will be returned to the coach in a timely manner and in proper order to insure proper accounting. Missing money and /or unaccounted items are the responsibility of the individual who signed for those items.
- E. Time commitment is a large part of cheerleading. No one has the right to ask other members of the squad to take his/her responsibilities. All SHS cheerleader candidates should carefully weigh the sacrifices he/she will be called upon to make if they are elected. Managing all extra-curricular activities should be considered a priority of a cheerleader.
- F. All SHS Cheerleaders will attend all meetings during the school year. A regular time will be arranged at the beginning of the school year for these. Cheerleaders will dress appropriately to practice cheerleading and related activities (cheers, chants, stunts, dance routines, body conditioning, sign painting, team building activities, meetings, etc.) During practices, sports bras must be covered by an appropriate shirt. During performances/games/travel, cheerleaders shall be in complete uniform at all times unless excused by the coach and then shall comply with SHS dress code.

IV. Practices

- A. Cheerleaders must realize that the physical demands placed on their bodies are rigorous. They must be willing to train as athletes to perform the skills necessary, safely and effectively at pep rallies, games, and on other occasions. Persons who are physically weak and/or frequently ill will find the training is difficult. Unless excused in writing by the school athletic trainer or a doctor, all cheerleaders will be required to participate in practice/activity/game. All cheerleaders must go see the trainer to be excused from practice. Practice is the time to learn routines, cheers, chants as well as jumps, stunts, and tumbling skills as a team. It is not time for horseplay, being silly, goofing off or being distracted by other means such as phones or loud chitchat.
- a. Practice times will be communicated via text message between the cheer coach and the squad on SportsYou. Any changes to personal contact information shall be communicated immediately to the coach and it is the responsibility of the cheerleader/mascot to keep the coach informed. If unexcused from a practice/game, the cheerleader will make up the practice per conditioning guidelines.
 - b. Cheerleaders will warm up and stretch before all practices and performances. Cheerleader warm-ups should not take place in front of an audience.
 - c. The Cheer Coach (and Administration) will have the final approval of all cheers, chants, music, dances, skits, etc.
 - d. Snyder ISD recognizes only practices called by cheerleading coaches. However, all cheerleaders should spend some time improving their skills outside of practice time. If a cheerleader spends time/money at an outside gym/entity, the cheer coaches are not responsible for time/money spent there and do not have to honor directives given there.
 - e. All practices are closed to everyone except cheerleaders, the mascot and cheer coaches.
 - f. Any cheerleader who misses practice before an activity without gaining approval to be absent prior to the practice will meet conditioning guidelines.
- B. ALL SHS Cheerleaders will attend cheer camp(s). Practices before camp will start in May and be noted on the accompanying summer practice calendar. All-American tryouts will be based on camp nominations and / or camp regulations.
- C. The Mascot will participate in all practice sessions with other members of the Varsity Squad.

- D. Cheerleaders will be expected to arrive on time and remain for the entire practice.
- E. Cell phones and other personal property are the responsibility of the individual Cheerleader. **Cheerleaders will NOT answer or talk on the phone during practice.** Failure to follow this will result in conditioning per conditioning guidelines.
- F. An effort is made to follow a regular practice schedule; however, at some items (such as Homecoming or other special functions) it may become necessary to call additional practices. All cheerleaders are expected to attend all practices.
- G. Items brought to practice or cheer events will be the responsibility of the cheerleader. The cheer sponsor or school will not be liable for items that are missing or stolen.
- H. The majority of work learning cheers and chants and developing expertise in executing various cheers and chants will take place during the summer so that cheerleaders are prepared to be effective for the first football game. A schedule will be provided to all cheerleaders.
- I. All Cheerleaders will take personal responsibility for learning all parts of the program and each person on the squad will be required to demonstrate his/her expertise. Failure to demonstrate expertise will result in the cheerleader being removed from the performance group until the material is learned. If a cheer, chant, or dance has been taught then the cheerleader is expected to know it. Cheerleaders must practice on their own time if they are struggling, Failure to know material once it has been taught will result in benching or conditioning per conditioning guidelines.
- J. Each cheerleader will work through a progression of simple to more skilled stunts. Before the squad will be allowed to either perform a stunt or progress to a more difficult stunt, the Squad must demonstrate that they can safely execute the given and be approved to perform per the coaches. This is for safety reasons. All cheerleaders will be part of a stunt group as a base, flyer, back spot, or spot. Groups and positions may change based on the difficulty of the stunt. Failure to follow safety guidelines will result in the entire squad being grounded temporarily or permanently. If a flyer hits the floor, the squad will owe conditioning per conditioning guidelines.

V. Uniforms

- A. Two uniforms will be purchased by the cheerleader and be the property of the cheerleader. Uniforms will be fitted to the cheerleader and no alterations may be made without the approval of the cheer coach. If unauthorized alterations are made the cheerleader will not be allowed to wear the altered uniform and may be required to purchase a new uniform.
- B. Each individual cheerleader and his/her parent/guardian will purchase the following items; cheer uniforms, cheer shoes, socks, wind suit, game day shirt, spanx, tights, long-sleeved shell, hair bows, and camp uniforms, lipstick and a travel uniform for Varsity.
- C. Freshman and JV will wear their game-day shirts with jeans on game day. Varsity will be allowed to wear one of their uniforms on their game day as selected by the captain or coach.
- D. **No part of the cheerleader / mascot uniform may be worn except for at official cheer activities as designated by the cheer coach.** This includes: Cheerleading shoes, sweats and jackets. Freshman & JV squads will be required to change after games into regular clothing and will not be permitted to wear their uniforms if they should stay to watch a Varsity game.
- E. Cheerleaders and mascots represent Snyder High School. Any time they appear in an official capacity **they must be in uniform and remain so for the duration of the activity.** This rule will apply whether at home or when they travel. Each away activity will include a designated travel uniform.
- F. All cheerleaders will dress as a squad: same bow, uniform, and briefs. This includes jackets. If one cheerleader wears their jacket, all cheerleaders must wear their jackets. No jackets may be worn while cheering in a climate-controlled gym.
- G. Hair must be out of the cheerleader's face at all activities.
- H. Cheerleading is an athletic activity. For this reason, jewelry may not be worn and is against UIL rules. Jewelry includes earrings, navel piercings, necklaces, and rings. All jewelry is hazardous to Cheerleaders and, expensive and previous items, can be destroyed. Failure to follow procedures will result in conditioning per conditioning guidelines.
- I. Cheerleaders must keep their nails cut short and of neutral color. Artificial nails are allowed but must be sports cut. Wearing longer than sports cut or colorful nails, will result in conditioning per conditioning guidelines.

- J. **SHS cheerleaders and mascot may not lend any article of cheer clothing / costume to another person for any reason** (which includes dress up days) to prevent items from being lost or destroyed. **This rule also applies to the most expensive part of the uniform: the cheer jacket.**
- K. Cheerleaders will have matching outfits for cheer camp. These items will adhere to the following guidelines:
 - a. The coach will make final decisions based on suitability and price about what will be purchased and worn.
 - b. The coach will conduct periodic uniform checks and violators will be given conditioning per conditioning guidelines.

VI. Officers

- A. There will be one Captain. Members of Varsity, JV, and freshmen squads, through an interview process and anonymous vote, will select the captain.
- B. There will be a Varsity Co-Captain. Only the Varsity members, through an interview process and anonymous vote, will select the Varsity Co-Captain.
- C. There will be a Junior Varsity Co-Captain. Only the JV members, through an interview process and anonymous vote, will select the Junior Varsity Co-Captain.
- D. There will be a Freshmen Co-Captain. Only the Freshman members, through an interview process anonymous vote, will select the Freshmen Co-Captain.
- E. All Cheerleader Officers will be responsible for carrying out the stated duties. Failure to do so will, at the discretion of the Cheer Coach and Administration, result in a replacement.
- F. The captain and co-captain candidates must complete the following in order to be considered for the positions. Each step will be evaluated based on a structured rubric by two coaches and one administrator.
- G. Notebook/Application – 40%- The notebook will address areas of leadership. This process will provide insight into the candidate's leadership style and priorities. (Specific requirements attached.)
- H. Interview – 40%- The interview will allow the coach to see how the candidate interacts with others.
- I. Squad Vote/Instruction – 20%- Each candidate will be required to teach a cheer or chant to the team. This will allow the candidate to show their ability to take control of the room. Each squad member will get two votes to select two

candidates.

J. Interview Rubric:

Student Name:

Coach:

	100	75	50	25
Job Knowledge and Skills	<p>Demonstrates a strong understanding of the job requirements and necessary skills.</p> <p>Clearly articulates how their skills and experience align with the position. 20/ ____</p>	<p>Almost always demonstrates strong understanding of the job requirements and necessary skills.</p> <p>Almost always articulates how their skills and experience align with the position. 15/ ____</p>	<p>Sometimes demonstrates strong understanding of the job requirements and necessary skills.</p> <p>Sometimes articulates how their skills and experience align with the position. 10/ ____</p>	<p>Does not demonstrate strong understanding of the job requirements and necessary skills.</p> <p>Does not articulate how their skills and experience align with the position. 5/ ____</p>
Communication Skills	<p>Communicates clearly, professionally and effectively.</p> <p>Listens actively</p> <p>Demonstrates strong interpersonal skills and ability to build relationships. 20/ ____</p>	<p>Almost always communicates clearly, professionally and effectively.</p> <p>Almost always listens actively</p> <p>Almost always demonstrates strong interpersonal skills and ability to build relationships. 15/ ____</p>	<p>Sometimes I communicate clearly, professionally and effectively.</p> <p>Sometimes listens actively</p> <p>Sometimes demonstrates strong interpersonal skills and ability to build relationships. 10/ ____</p>	<p>Does not communicate clearly, professionally and effectively.</p> <p>Does not listen actively</p> <p>Does not demonstrate strong interpersonal skills and ability to build relationships. 5/ ____</p>
Adaptability and Problem Solving	<p>Demonstrates flexibility and the ability to adapt to new situations and problems.</p> <p>Thinks critically and creatively to solve problems and overcome obstacles.</p>	<p>Almost always demonstrates flexibility and the ability to adapt to new situations and problems.</p> <p>Almost always thinks critically and creatively to solve problems and overcome obstacles.</p>	<p>Sometimes demonstrates flexibility and the ability to adapt to new situations and problems.</p> <p>Sometimes thinks critically and creatively to solve problems and overcome obstacles.</p>	<p>Does not demonstrate flexibility and the ability to adapt to new situations and problems.</p> <p>Does not think critically and creatively to solve problems and overcome obstacles.</p>

	Demonstrates a willingness to learn and grow. 20/____	Almost always demonstrates a willingness to learn and grow. 15/____	Sometimes demonstrates a willingness to learn and grow. 10/____	Does not demonstrate a willingness to learn and grow. 5/____
Professionalism and Ethics	<p>Demonstrates integrity and ethical behavior in all interactions.</p> <p>Maintains a professional demeanor and attitude.</p> <p>Represents the organization positively in all settings. 20/____</p>	<p>Almost always demonstrates integrity and ethical behavior in all interactions.</p> <p>Almost always maintains a professional demeanor and attitude.</p> <p>Almost always represents the organization positively in all settings. 15/____</p>	<p>Sometimes demonstrates integrity and ethical behavior in all interactions.</p> <p>Sometimes maintains a professional demeanor and attitude.</p> <p>Sometimes represents the organization positively in all settings. 10/____</p>	<p>Does not demonstrate integrity and ethical behavior in all interactions.</p> <p>Does not maintain a professional demeanor and attitude.</p> <p>Does not represent the organization positively in all settings. 5/____</p>
Preparedness and ability to lead	Demonstrates ability to lead cheers, comes to practice prepared and always at practice. 20/____	Almost always demonstrates ability to lead cheers, comes to practice prepared and always at practice. 15/____	Sometimes demonstrates ability to lead cheers, comes to practice prepared and always at practice. 10/____	Does not demonstrate ability to lead cheers, comes to practice prepared and always at practice. 5/____

Score: _____

Total Score: _____

Grade: _____

VII. Captain Duties

A. General captain duties;

- a. Each will keep the cheer coach informed of any conflicts arising within the squad at the time of occurrence.
- b. Captains must be responsible for keeping their squad members informed of plans and events in a timely manner.

B. Captain's Duties are;

- a. Lead all practices this includes structuring each to include a range of different activities at each practice.

- b. Make certain the entire squad has learned a wide range of cheers and chants with appropriate motions and know the correct times to use each in game situations.
 - c. Direct the squad in cheering at games. All squad members will be cheering at all times.
 - d. Show no partiality.
 - e. Engage the entire squad in planning and conducting cheerleading activities.
 - f. Serve as the liaison between the squad, the cheer coach, and Administration.
 - g. Be available to direct the activities of the entire squad whether the Coach is present or engaged in other cheer activities.
 - h. The Captain will have knowledge of all cheerleader activities. In addition, be the leader among all Snyder High School Cheerleaders.
- C. The Varsity Co-Captain will stay informed about all Cheerleading activities at Snyder High School and serve as the assistant to the Captain in carrying out duties. He/she will act in the capacity of the Captain as the need arises.
- D. Junior Varsity Co-Captain will;
 - a. Direct the activities of the Squad of which they are a member and in addition coordinate activities between the two squads.
 - b. Work with the Varsity Captains and Coach to coordinate full squad duties.
 - c. Know and use appropriate cheers and chants.
 - d. Lead their squad, in the same manner, as outlined in Sec A, 1-2
- E. All Co-Captains will;
 - a. Serve as uniform captain for their Squad.
 - b. Serve as phone captain for their Squad.
 - c. Actively participate in planning Cheer functions.
- F. All Officers will work together with the coaches to develop mutual respect among the entire group. Neglect in performing duties will result in replacement after the following steps;
 - a. A written warning will be issued to the cheerleader and must be signed by the coach, cheerleader, and their parent guardian.
 - b. A 2nd written warning will be issued to the cheerleader and a meeting will be held between the coach, cheerleader, and their parent/guardian.
 - c. A 3rd warning will not be issued. It will result in the officer being replaced.

VIII. Travel

- A. All travel to out-of-town activities will be mutually agreed upon by the cheer coach and High School Administration.

- B. Cheerleaders will travel as a team to and from functions in a bus or other vehicle provided by Snyder ISD Transportation.
- C. A Sponsor/Coach or other designated school official shall accompany the Traveling Squad on all away trips.
- D. Should the need arise for a cheerleader to travel by other means, the procedure will be followed:
 - a. Permission will be granted only when a Parent/Guardian makes a written request per email or SportsYou.
 - b. Such a request must be made not less than 24 hours prior to departure.
 - c. Only parents of said cheerleader will be allowed to their own child.
 - d. Any situation that requires other arrangements needs to directly be addressed with Administration.
- E. Cheerleaders shall travel in a designated uniform. Cheerleaders shall travel in their cheer uniform or, for longer trips, practice clothes or wind suits. **All will travel in the same uniform.**
- F. Cheerleaders will initiate bus clean-up on their own. Captains will confirm the bus is clean and make sure all materials are put up properly in the cheer room before being released to go home.
- G. Travel to out-of-town games is **required** of all Varsity cheerleaders. Efforts will be made to notify cheerleaders as quickly as possible if plans change. **On occasion, it may be necessary for cheerleaders to attend official cheer functions rather than following personal plans.** This is one of the responsibilities of the elected position.
- H. Junior Varsity and Freshmen will not travel to out-of-town events except to attend cheer camp and /or in special situations such as playoff games. However, during basketball season they may need to travel at the coach's request.

IX. Communication

- A. All communication will be through the SportsYou app.

- B. If parents would like to communicate with coaches about a decision that is made or an incident, the parent must wait 24 hours after the event and schedule a meeting with coaches during the school day.

X. Cheerleader Conditioning/Infractions

- A. Please review the conditioning guidelines/infraction system. This system is used to enforce policies and discipline a cheerleader/mascot for infractions of rules.

Cheer Conditioning	
Infractions	Conditioning
Missing uniform and/or wearing jewelry (wrong spansks, bow, socks, etc)	2 bleacher laps in gym
Tardiness to practice and/or game	2 bleacher laps + 50 squats
Talking back/disrespectfulness	1 bleacher lap + 50 sit ups + 50 squats
Dropped stunt (not catching flyer)	5 bleacher laps
Failure to know routine and/or cheers during games/pep-rallies (Sits to side because of failure to know cheer or misses part during routine)	10 toe-touches + 10 right hurdlers + 10 left hurdlers + 3 bleacher laps
Misbehavior/ not following directions during game (Goofing off, talking when supposed to cheering, not spirting, not doing job to the best of your ability)	10 toe-touches + 10 right hurdlers + 10 left hurdlers + 3 bleacher laps + 50 sit ups + 50 squats
Nails not following dress code (not neutral or past sports length)	2 bleacher laps in gym
Failure to execute 10 jumps a game	10 toe-touches + 10 right hurdlers + 10 left hurdlers
Failure to execute 3 stunts a game (if applicable to all stunt group being there)	Stunt group executes stunt 5 times
Missed practice (not giving 24 hours notice or unexcused reason)	10 toe-touches + 10 right front hurdlers + 10 left front hurdlers + 5 bleacher laps + 50 sit ups + 50 squats
Missed game (unexcused reason not pertaining to family emergency or playing in another sanctioned SISD event)	20 toe-touches + 20 right hurdlers + 20 left hurdlers + 10 bleacher laps + 100 sit ups + 100 squats

- A. The following infractions will result in sitting out of one quarter of a game. **These may be applied cumulatively.**
- More than three tardies
 - More than three instances of disrespectfulness

- B. The following infractions will result in sitting out two quarters of a game. **These may be applied cumulatively.**
- More than four tardies
 - More than four instances of disrespectfulness
- C. The following infractions will result in sitting out of an entire game. These may be applied cumulatively.
- Unexcused or unexplained absence from practice or game with conditioning
 - Initiating unnecessary conflict within the squad
 - Instigating conflict in school
 - Office referrals resulting in Saturday School
 - D-hall placement
 - Purposely dropping a flyer
- D. The following infractions are grounds for 3 weeks probation from the squad (cheerleader will still be expected to show up to all games/practices, suited out on the sideline):
- Two or more d-hall placements
 - Two or more days of Saturday school
- E. The following infractions will be grounds for failed drug test **shall result in the following consequences:**
- 1st offense – 14 day suspension from extracurricular activities from the date the offense occurred and parent contacted
 - 2nd offense – 90 day suspension from extracurricular activities from the date the offense occurred and parent contacted
 - 3rd offense – one calendar year suspension from extracurricular activities from the date the offense occurred and parent contacted
 - 4th offense – remove from the program for the remainder of the students enrollment at SJHS or SHS
 - The student will be allowed to participate in all practices throughout his / her suspension.
- F. The following infractions are grounds for immediate removal from the squad:
- Suspension from school or assignment to DAEP
 - Fighting
 - Proof of social media/pictures not representing SHS cheer in the best interest of the program
 - Conviction of adjudication of a felony crime
 - Walking out of a practice without permission
- G. If a cheerleader is removed from the squad or quits the squad they are / will be ineligible to try out for cheerleading the following years to come.

XI. Make-ups

Being a cheerleader is like any other team sport. It is very important we get to practice together, just as it is important to practice individually. To deter cheerleaders from ensuring not missing practice, games, etc. Make-ups are designed to deter the cheerleaders from missing practices, games, etc. behavior as well as promote strength and conditioning.

XII. Try-Outs

- A. Any candidate wishing to try out must meet UIL academic eligibility standards. The candidate must be passing at the end of the 4th 6- weeks grading period to try out. (There will not be an opportunity to regain eligibility this year due to the academic calendar.
- B. Each Cheerleader Candidate will accept responsibility for learning cheers, chants, dances, fight songs, and jumps during the Tryout Clinic.”
- C. Each Candidate must be a student of Snyder ISD during the semester of tryouts. If the candidate transfers in they must have been in good standing to try out for cheer at their previous school to start. We will request and will be required to provide their grades, attendance, and discipline records from the previous district. Teacher reports will also be requested from the previous teachers.
- D. Candidates for SHS Cheerleader must attend the mandatory tryout.
- E. Before Cheerleader Elections, each Candidate must understand that other extracurricular activities may not be acceptable excuses for failure to give cheerleading a 110%. The Coach will attempt to work out conflicts with other school events; however, it is the Cheerleader's responsibility to notify the Cheer Coach of any conflicts throughout the term in office. Other conflicts will be dealt with on an individual basis.
- F. The Candidate's Parent/Guardian must attend the mandatory meeting before the Tryout Clinic practices begin. If the parent cannot attend, the athlete cannot try out.
- G. Due to the fact the numbers of teacher evaluations are low the following changes will take place for the annual cheer tryouts:
 - a. Judges will count 70%.
 - b. Community service is still 10%
 - c. Student scores will count 20%. This is score is comprised of the following from the first semester:
 - i. Grades (GPA):
 - 1. A-3 points
 - 2. B-2 points
 - 3. C-1 point

- ii. Attendance: (school and doctors notes do not count against candidates)
 - 1. 0 absences - 9 points
 - 2. 1 absences - 8 points
 - 3. 2 absences - 7 points
 - 4. 3 absences - 6 points
 - 5. 4 absences - 5 points
 - 6. 5 absences - 4 points
 - 7. 6 absences - 3 points
 - 8. 7 absences - 2 points
 - 9. 8 absences - 1 points
 - 10. 9 or more absences - 0 points
- iii. Discipline:
 - 1. 0 write ups: 3 points
 - 2. 1 write ups: 2 points
 - 3. 2 write ups: 1 point
 - 4. 3 or more write ups: 0 points

H. This allows the making of either squad to be solely on the student performance.
All aspects of the student score is what constitutes an active, model cheerleader.

- I. Judging Criterion:
- a. Jumps- Up to 30 points can be allotted
 - b. Cheer- Up to 50 points can be allotted
 - c. Dance- Up to 15 points can be allotted
 - d. Tumbling- Up to 5 points for each skill can be allotted

J. Accommodation Request Form:



We (Cheerleader/Mascot and Parent/Guardian) have read the Cheerleader Constitution and understand the responsibilities, obligations, and consequences that are expected of

SHS cheerleaders and that will be enforced while participating in the Snyder Independent School District Cheerleading Program.

Your cooperation with these policies will be greatly appreciated and expected. A signed copy of the policy will be kept on file.

I understand all policies as stated and intend to abide by these policies or accept the consequences as outlined.

XIII. LETTER JACKETS

- A. Letter jackets will be available to Varsity squad members in good standing at the conclusion of one full varsity year. These jackets are not included in the required fee for being a cheerleader.
- B. The Varsity coach reserves the right to not allow a cheerleader or mascot to order a Letter Jacket due to probation/suspension periods, unacceptable grades, demerits, etc.
- C. Once fitted for a letter jacket, the cheerleader is still expected to uphold high expectations. Cheerleaders must participate in events outlined by the campus such as but not limited to spring practices/games, summer practices, camp, volleyball season, football season, basketball season and competitions.

Confirmation of SHS Cheerleading Rules and Regulations

Being a cheerleader for Snyder High School is a privilege. Each athlete is held to a high standard and is to be a role model at all times.

Cheerleader/Mascot:

I _____ (print name) have read the Cheerleader Constitution and understand the responsibilities, obligations, and consequences that are to be enforced while participating in the Snyder Independent School District Cheerleading Program.

I understand all policies as stated and intend to abide by these policies or accept consequences as outlined.

Signed: _____ Date: _____

Parents/Guardians:

As the parents of _____ (print student's name) **we** have read and understand the rules and regulations as laid out in the SHS Cheerleader Constitution and will abide by the policies and accept the consequences as outlined.

Signed: _____ Date: _____

Signed: _____ Date: _____

Parents printed names: _____

This SHS Cheerleading signature page will be kept on file for the academic year. Please return to cheer coaches within 5 business days of receiving the contract.