



March 2017

Cougar News

"Our Mission is to provide a safe and stimulating learning community for all students."
"Our Vision is to empower individuals to reach their greatest potential as productive citizens and lifelong learn-

Dates To Remember:

3/7 - "Kids Smile" @ IVHS
3/8 - Science Fair @ District Office
3/15 - "Kids Smile" @ IVHS
3/17 - St. Patrick's Day
3/18 - Battle of the Books/NMHS
3/22 - Booster Club Meeting
3/23 - Spring Music Concert

3/27 - 3/31
SPRING BREAK



~ ~ CLARIFICATION ~ ~

The enrollment form does not serve as a check-out list.

We will only use any emergency contacts listed in an actual emergency situation AND the parent or guardian cannot be reached.

Thank you for your understanding.

Cougar Nation,

In like a Cougar, out like a Cougar.

I am so excited as I write this monthly letter because our staff and students are working so hard to improve each day. The students at IVHS are amazing and I feel blessed to have this opportunity to work with them and be in a community that is so supportive.

Testing!!! With spring comes testing. I encourage you to have a talk with your student about testing and how things are going in our school. Testing is a chance to show our skills and apply the knowledge gained over the past year.

Spring sports season is upon us and as always we appreciate any and all the support we can get. It is always fun to watch our students excel in the building as well as outside during athletic events.

I encourage you to come see us at the high school. we have undergone a bit of a facelift in the front lobby and have continued to improve our building in other areas such as the new deck in our courtyard, celebration of students in trophy cases, and improving the look of our grounds.

The clock is ticking.....while it is only March, the end of the year is going to hit us before we know it. Help your student out by staying on top of things and accessing all of the resources that the school provides. We offer Homework Help House and a variety of after school classes. As always if you have any questions or concerns do not hesitate to call the school.

IVHS Principal
Tanner Smith
"Go Cougs!"



CELEBRATING Student Success

Principal's Student of the Month

February

Raina Fuson



Community

'Shout-Out'

IVHS Cougar Nation

would like to thank

~ Illinois Valley Building Supply ~

for their continued

support of

Illinois Valley High School

Owned by the Stutzman Family

of Grants Pass



~ ~ CELEBRATING Student Success ~ ~

*IV has two students participating
in the District Science Fair this year.*

Margarita Hernandez-Guzman

and

Adriana Flores

*Their projects will be judged at the District Office
on March 8th. If they place here, the girls will
move on to the Regional Science Fair on March
11th and the State Science Fair in April.*

IVHS

2016 - 2017

SITE COUNCIL

Tanner Smith, Principal

Robin Jackson, Office Manager

Aaron Celmer, Teacher

Nicole Kieffer, Counselor

Lisa Richardson, Parent

Rene Jolley-Spalletta - Parent

Suzie Garman - Parent

Seth Kitchens - Student

Abbigayle Jolley - Student

**Meetings are the 2nd Wednesday
of every month.**



"The way you do anything is the way you do everything."

Illinois Valley High School
Bruce Reece, Athletic Director
Heather Merrill, Athletic Secretary

March Sports Calendar

| Activity | Type | Date | Time | Versus | Location |
|-------------------------|--------------------|------------|---------|--------------|-----------------------------|
| Track: Varsity | MEET | 03/14/2017 | 3:00pm | St. Mary's | St. Mary's High School |
| Baseball: Boys Varsity | Game | 03/14/2017 | 4:00pm | Gold Beach | Illinois Valley High School |
| Softball: Girls Varsity | Game | 03/15/2017 | 4:30pm | Ashland | Ashland High School |
| Equestrian: Varsity | MEET | 03/17/2017 | TBD | TBA | Jackson County Fairgrounds |
| Equestrian: Varsity | MEET | 03/18/2017 | TBD | TBA | Jackson County Fairgrounds |
| Softball: Girls Varsity | Game | 03/18/2017 | 12:00pm | Phoenix | Illinois Valley High School |
| Baseball: Boys Varsity | Game | 03/18/2017 | 4:00pm | Gold Beach | Gold Beach High School |
| Equestrian: Varsity | MEET | 03/19/2017 | TBD | TBA | Jackson County Fairgrounds |
| Boys Golf: Boys Varsity | Tournament | 03/20/2017 | 8:30am | North Valley | Grants Pass Golf Course |
| Softball: Girls Varsity | Game | 03/20/2017 | 4:30pm | Del Norte | Illinois Valley High School |
| Speech/Debate: Varsity | District Regionals | 03/21/2017 | TBD | North Valley | North Valley High School |
| Softball: Girls Varsity | Game | 03/21/2017 | 4:30pm | Glendale | Glendale High School |
| Baseball: Boys Varsity | Game | 03/21/2017 | 4:30pm | Glendale | Glendale High School |
| Speech/Debate: Varsity | District Regionals | 03/22/2017 | TBD | North Valley | North Valley High School |
| Boys Golf: Boys Varsity | Tournament | 03/22/2017 | 10:00am | TBA | Centennial Golf Course |
| Softball: Girls Varsity | Game | 03/24/2017 | 4:00pm | Gold Beach | Illinois Valley High School |
| Baseball: Boys Varsity | Game | 03/28/2017 | 1:00pm | Bonanza | Illinois Valley High School |
| Baseball: Boys Varsity | Game | 03/28/2017 | 3:00pm | Bonanza | Illinois Valley High School |
| Softball: Girls Varsity | Game | 03/28/2017 | 4:30pm | Glendale | Illinois Valley High School |

****Please note that game dates, times, and locations are subject to change, check the school website calendar for updated athletic schedules****

"Eligibility for Practice or Games"

*Athletes MUST be in class for 1/2 of the academic day in order to practice or play.
Half a day equals 3.5 periods. This does not include lunch time or breaks.*

Important message to all

ATHLETES and PARENTS!!!

Due to weather issues beyond our control, game dates and times are constantly changing. It is nearly impossible to state for certain that we can keep to the posted schedule. Of course, we will make every effort to do so, while keeping in mind the safety of all involved.

Please check with the school if you have any questions. 541.592.2116

"Sports Fee Family Cap"

Families that have siblings playing multiple sports in a school year will not be required to pay more than \$400.00 in one school year for sports participation fees. This applies to students that parents have legal guardianship over and all siblings are attending the same school. This cap is only available during the same school year and does not include the team or athletic department or towel fees.



"The way you do anything is the way you do everything."

Illinois Valley High School
Bruce Reece, Athletic Director
Heather Merrill, Athletic Secretary

Athletic News:

ON TO STATE!

The wrestling team qualified all of their wrestlers for state. Dillon St Onge at 113 LBS., Ayden Lindsey at 170 LBS., and Chase Nelson at 182 LBS. State wrestling is February 24th and 25th at The Memorial Coliseum in Portland, Oregon.

The Girls Basketball team is 2nd in Southern Cascade League this year. They are playing at Salem Academy on Saturday February 25th at 4:00 PM. When they win that game they will advance to Coos Bay, Marshfield High School for the final 8 bracket.

We are very proud of both our teams with their accomplishments.

Spring Sports will be starting on February 27th. Please make sure your students is cleared thru the main office to participate.



DISTRICT MEET RESULTS

Chase Nelson
3rd Place
Dillon St. Onge
2nd Place
Ayden Lindsey
3rd Place

GO COUGS!!



**COUGAR WRESTLERS
STATE TOURNEY BOUND!!!
Friday & Saturday, 2/24 & 2/25
Portland, OR**

LADY COUGARS BASKETBALL



**STATE TOURNEY—ROUND 1
OPPONENT—SALEM ACADEMY
DATE—Saturday, 2/25
TIME—4:00 PM**





21st Century Grant Enrichment Programs

The following classes have been provided by a grant through the 21st Century Learning Center.

Classes are open to IVHS, LBMS, Home School, and registered GED students grade level 9 - 12. Parents and relatives of any eligible students are welcome.

~ ~ **Classes run from 3:30 pm to 5:30 pm** ~ ~

~ ~ **Monday thru Thursday** ~ ~

A meal is provided for all after school class attendees.

MONDAYS

- ◇ *3D ART*
- ◇ *Yoga for Athletes*
- ◇ *Board Games*
- ◇ *HHH (Hipps)*

TUESDAYS

- ◇ *College Dreams*
- ◇ *HHH (Celmer, Wright)*

WEDNESDAYS

- ◇ *Healthy Cooking*
- ◇ *Art*
- ◇ *3D Printing*
- ◇ *HHH (Gray)*

THURSDAYS

- ◇ *SMILE Club*
- ◇ *Vocational Welding*
- ◇ *HHH (Wright, Lathen)*

All classes are held at Illinois Valley High School
625 E. River St., Cave Junction, OR 97523

For more information, call 541.592.2116 or email
sara.creek@threerivers.k12.or.us

or

sara.parker@threerivers.k12.or.us

Where Are They Now ??

Hailee M. Parker

2011 IVHS Graduate

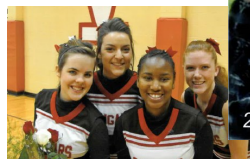
After graduating high school Hailee attended Western Oregon University to pursue a career in Sign Language Interpreting. WOU is well known for their success in ASL Studies degrees and Sign Language. Hailee changed her focus part way through her studies to Humanities and Linguistics. During this time of change, Hailee sought out organizations that could foster her interests in human cultures and languages.

In December 2013 Hailee experienced her first global endeavor, traveling to the opposite end of the world to Chennai, India. These experiences continued and the next year she found herself in Antigua, Guatemala volunteering in local eco-villages and having meaningful conversations with local residents. After four consecutive years, Hailee completed her degree and graduated in the spring of 2015 with a BA in Humanities and a certificate in TEFL.

She moved back to Cave Junction post graduation and has been working for IV Head Start as a TA since 2016.

Hailee was born in Medford, Oregon and raised in Cave Junction. She is one of seven children, but related to half of Southern Oregon.

In the fall, Hailee plans to move out of state to Colorado to pursue a master's degree in Speech Pathology.





- ⇒ **IVHS is a CLOSED CAMPUS ...** Students are not free to leave at breaks or lunch. If you want your student released for lunch, you will need to physically come in to the office and sign your student out.
- ⇒ **REMINDER ...** Our emergency contact list on the enrollment form **IS NOT** a check-out list. We will not release your student to someone on that list without checking with you first. In the event of a true emergency we will still attempt to call you first before we release to someone on that list.
- ⇒ **ANY FOOD AND DRINK ...** brought to the office for a student will be delivered at break, lunch, or afternoon break.
We will not interrupt classes for these deliveries.
- ⇒ **CELL PHONES...** can be used before and after school, during lunch, and at breaks. Exceptions are if it is allowed by a teacher. Please call the office if you need to speak with your student. Please do not call or text them during their classes.
- ⇒ **ATTENDANCE ...** If your student missed all or part of a school day, please call the school by the next morning to clear your student's absences. Dial 541-592-2116 and ask for the attendance office. You can also email Ms. Scroggins to excuse or verify an absence or tardy at: jamie.scroggins@threerivers.k12.or.us It is very important for you and your student to have these cleared. Students receive disciplinary referrals for un-cleared absences.

McKinney-Vento

Homeless Education Assistance Act

If your family lives in inadequate housing accommodations, or is living with friends or relatives because you cannot afford housing, then your school-aged children have certain rights or protections.

If you have any questions, please call:
Heather Merrill or Sara Creek at IVHS
541-592-2116 for assistance.

SYNERVOICE

- ⇒ Synervoice is used to send out important messages about school closures and school events. When you get an automated call from IVHS using this program, it is important to say "Hello", as this triggers the message to start. If you have voicemail, it will leave a message. If you have an email registered with the school, we will often send emails as well. Synervoice is also used for attendance calls. These happen twice daily; at 10:00 am and again at 4:00 pm. If your child has been marked absent in any class, the system will call you to make you aware of this absence.

PARENTVUE AND STUDENTVUE

ParentVUE and StudentVUE are websites that offer secure, private access to school and student information, including assignments, grades, attendance, school calendar, and teacher contact details.

In ParentVUE, you can see the information for all of your students whether or not they attend IVHS, LBMS, or Evergreen.

To create an account, navigate to:
www.threerivers.k12.or.us/parentportal
Please call the school first for your activation key.

High School YEARS

Working Together for Lifelong Success



Short Clips

Notice what's noteworthy

Your high schooler might try this note-taking plan to help her capture key ideas during class. Suggest that she pay special attention when the teacher makes comments like "This is important," writes information on the board, pauses to ask a question, or repeats an idea or a point. These are cues that the information is particularly noteworthy.

Teen-designed family time

Need some new and inexpensive family-time activities? Let your teenager come up with ideas—and he'll be more likely to join in the fun. Maybe he'll suggest an outdoor game night with "glow-in-the-dark" bowling. To make pins, put glow sticks in water bottles. Then, use a tennis ball to knock them down.

"Read aloud" with audiobooks

Audiobooks provide a nice way to enjoy books together, while also showing your child how to read smoothly and with expression. Many libraries now offer audiobooks that you can borrow for free. Consider downloading a few to listen to in the car or at home.

Worth quoting

"Why fit in when you were born to stand out?" *Dr. Seuss*

Just for fun

Q: What is a snake's favorite subject?

A: Hiss-story!



Get confident about standardized tests

When your high schooler takes a standardized test, being thorough and knowing a few key strategies can help him do well. Share this advice.

Take it all in

Remind your teen to read each question and all of its possible answers completely before marking his answer. Otherwise, he might go with the first correct option without realizing there's a choice like "All of the above" or "Both A and C."

Know when to guess

Have your child find out before the test whether there's a penalty for wrong answers. If not, he could use this idea when he is stuck on a multiple-choice question: Start by ruling out answers he knows are wrong, and guess from the remaining options. For true-or-false questions, remind him that he'll always have a 50 percent chance of getting the answer right.



Double-check answers

Encourage your teenager to double-check his math by calculating his answer in another way (for example, using addition to check subtraction and multiplication to check division). On a reading test, suggest that he reread passages to be sure he understood them and selected the best answer. And for essays and short-answer items, he should proofread carefully. *Note:* Some states now give untimed tests—if yours is one of them, point out that there's no excuse for not checking over his work! 👍

A winning resume

For the best shot at landing an internship or job, your teen needs a top-notch resume. Here are tips for the two main sections.

1. Experience. A resume lists current or previous jobs, volunteer work, and extracurricular activities. Encourage your child to be specific ("Operated cash register during peak hours" instead of "Worked checkout"). Employers will know whether she might be a good match for their exact needs.

2. Education. Your teenager can include courses that are relevant to the position she's applying for. If she wants a retail job, her marketing elective may help. She can also mention classes she completed at a community center—for instance, a babysitting or CPR course if she hopes to work with children. 👍



Walk in my shoes

It's important to help teens develop empathy—to step outside of themselves and care about and feel for others. Consider these suggestions.

Read and discuss. When your child reads a novel, encourage her to put herself in the main character's shoes. Perhaps the character is embarrassed because she loses her place during a speech. Can your high schooler think of a time she felt embarrassed? Help her think about how people featured in news articles feel, too. Share



stories with her about positive situations (winning an award), as well as negative ones (a natural disaster).

Ask and listen. Talk with your teenager about ways to express empathy. For example, if a friend comes to her with a concern, your child could ask questions like "How did you feel when that happened?" and "What do you want to do about the situation?" Then, she should listen closely to her friend's answers without interrupting. 👍



Q & A Make wrong answers work

Q My son won't raise his hand in class unless he's sure he knows the right answer. How can I help him see that wrong answers aren't something to be afraid of?

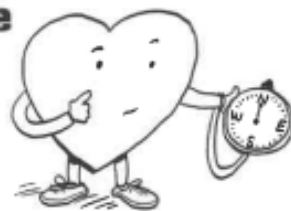
A Encourage your child to think of wrong answers as opportunities to learn. If he answers incorrectly, the teacher can help clear up his confusion so he learns more. Also point out that his classmates don't know every answer either, so he doesn't need to feel embarrassed when he's wrong.



Once your son has the correct information, he will do better on his assignments, quizzes, and tests. Urge him to take a chance even if he's uncertain. He'll discover that wrong answers may actually benefit him—by showing him what he still needs to learn. 👍

Navigating the dating scene

Positive dating experiences now may set the stage for healthy adult relationships later. Use these guidelines to talk regularly with your teenager about dating.



■ **Rules.** Set and discuss rules with your teen. For example, maybe he's only allowed to go on group dates for now. You might also require that he tells you where he is going and agree on a curfew for when he needs to be home.

■ **Respect.** Your child needs to show respect for his date—and expect respect in return. That includes being considerate when he sees his date at school and not spreading rumors, even if they decide they're not right for each other.

■ **Risks.** The pressure to experiment with sexual activity is real for both boys and girls, whether from peers or from dates. And teenagers may make decisions without considering the risks. Talk to your child about your values and expectations, as well as the consequences of having sex. 👍

Parent to Parent Speak each other's language

My daughter Charlotte really enjoys her French class. Yet even though she studies, she said speaking the language has been a struggle.

I mentioned this to my French-speaking coworker. She and her daughter Monique are learning English, and she suggested that our girls become conversation partners. So I invited them to our house for dinner. While my colleague and I chatted, our daughters got to know one another and started practicing each other's languages.

Now the girls talk regularly. In addition to having French-only and English-only conversations, they think it's fun to chat with Charlotte speaking French and Monique using English. They help each other by correcting their vocabulary and pronunciation. And sometimes they email, which lets them work on spelling.

Charlotte did better on her last French quiz, and she loves that she's helping Monique with her English. Best of all, they've become friends. 👍



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
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128 N. Royal Avenue • Front Royal, VA 22630
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